

CLEANSHEET



GREATER PHILADELPHIA
REGION



VOL. 4 NO. 1

1991

JULY - AUG.

The CLEANSHEET is a subcommittee of the Greater Philadelphia Regional Service Committee. The primary purpose of the CLEANSHEET is to provide a written message of recovery to addicts seeking recovery, to promote unity, and to provide our members with news. THE OPINIONS EXPRESSED HEREIN ARE FROM THE INDIVIDUAL MEMBERS OF N.A.; AND DO NOT NECESSARILY REPRESENT THOSE OF N.A. AS A WHOLE.

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THE CLEANSHEET COMMITTEE

ANNOUNCEMENTS

MULTI-REGION

Multi-Region Weekend on September 14 & 15 in Hasbrock, New Jersey. For more information, call Ernie E. (302)427-0587.

REGION

Regional Unity Day is on September 21 in Hazelton, Pennsylvania. Free dinner and \$2.00 dance. Call Deb S. (215)532-7113.

BEEHIVE AREA

Serenity Sleep Out #2 at Rickett Glen State Park on August 23-25. For more information call: Vito L. (717)654-5140 or Pam B. 825-6959.

Second Beehive Area Birthday Convention is November 28 until December 1. For more information call: Pat L. (717)675-3283, Vito L. (717)654-5140 or (717)693-3681 and Pam B. (717)825-6959.

THOUGHT FOR THE MONTH

We come to know ourselves for the first time. We experience new sensations: to love, to be loved, to know that people care about us and to have concern and compassion for others. We find ourselves doing and enjoying things that we never thought we would be doing. We make mistakes and we accept and learn from them. We experience failure, and we learn how to succeed. Often we have to face some type of crisis during our recovery, such as the death of a loved one, financial difficulties or divorce. These are realities of life, and they don't go away just because we get clean. Some of us, even after years of recovery, found ourselves jobless, homeless, or penniless. We entertained the thought that staying clean was not paying off, and the old thinking stirred up self-pity, resentment and anger. No matter how painful life's tragedies can be for us, one thing is clear, we must not use, no matter what!

Fifth Ed. Basic Text, 'We Do Recover', Pg. 98.

WANTED: Homegroups to join Homegroup Exchange Program. For more information, call Deb S. at (215)532-7113.

CLEANSHEET COMMITTEE NEEDS SUPPORT!

Cleansheet meets with the GPR Unity Committee. Next meetings are at noon on Saturday of the GPRSC weekend. Dates are: Aug 3, Oct 5, Dec 7 at the Howard Johnson's on Roosevelt Blvd. in Philadelphia.

WANTED: NA members to write original articles, poems, poetry, etc... for The Cleansheet!

So be a part of!
It's your newsletter!

Topic of the month for October's issue:
'Practicing Spiritual Principles in All of Our Affairs.'

CLEANSHEET

c/o GPRSO
6212 RIDGE AVENUE
PHILADELPHIA, PA 19127
(ph# 215 423 5154)

H.A. O.P.P.Y.
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BIRTH DAY

Month	Date	Name	Age
JANUARY 1991	7th	Reggie J.	3 yrs.
	27th	Nik C.	2 yrs.
FEBRUARY	2nd	Henry D.	9 yrs.
	12th	Mark P.	4 yrs.
	17th	Mike R.	4 yrs.
	20th	SatntAlive	3 yrs.
MARCH	1st	Doug P.	4 yrs.
	3rd	Fred W.	5 yrs.
	7th	Dorothy R.	7 yrs.
	14th	Greg D.	2 yrs.
	16th	Rich H.	6 yrs.
JUNE	16th	Russell W.	5 yrs.
	17th	J.J.	5 yrs.
	24th	Steve R.	4 yrs.
APRIL	6th	Ernie E.	4 yrs.
	26th	Allen T.	4 yrs.
	28th	George V.	4 yrs.
MAY	1st	Deb S.	5 yrs.
	2nd	Brenda	5 yrs.
	12th	Diane E.	5 yrs.
JULY	9th	Neil	1 yr.
	10th	Shannon B	9 mo.
	12th	Dan L.	4 yrs.

Have your NA birth-day included in the next Cleansheet! Mail it to our address by August 31.