



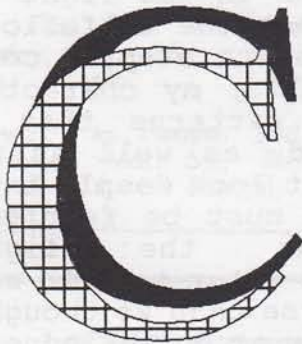
GREATER PHILADELPHIA REGION

CLEANSHEET



VOLUME 1 ISSUE 2

FEBRUARY/MARCH 1994



CONFERENCE AGENDA REPORT WORKSHOP

ANYONE AND EVERYONE IS ENCOURAGED TO ATTEND!

SEE INSIDE, PAGE 5, FOR LOCATIONS AND TIMES.



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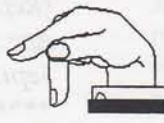
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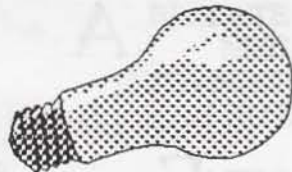
The Cleansheet is a function of the Greater Philadelphia Regional Service Committee. The primary purpose is to carry the written message of recovery to addicts seeking recovery, to promote unity and to provide our members with news. The opinions expressed herein are those of individual members of Narcotics Anonymous and Do Not Necessarily represent those of Narcotics Anonymous as a whole. All material becomes the property of the Cleansheet. All material must be original and be accompanied by the permission slip on the back.

TO WALK IN THE LIGHT

As an addict, I have spent much of my life in shadows so as not to be seen. In some ways I chose this path, in others I had no choice. My addict life, like many of us, began at an early age, before using any mood-altering chemicals, when I began hiding my behavior with lies so as not to be known. That was the beginning of a long chain of events and lies to hide those events or make them seem different. I became more and more secretive as my addiction blossomed and flourished and declined and resurfaced over the years: secretive, secluded, cut-off from all the world around me. I led a guarded life, filled with anxiety and fear of exposure. I became a closed person.

All this time that I walked in the shadows, I knew, but refused to acknowledge that there were other paths to follow. The one I chose led to a world of delusions and hallucinations and those became my real world and the world of reality became unreal.

Today, through the grace of my Higher Power, my God, I have been given the opportunity to walk another path, one that is in the light and leads to a greater light. One step in walking this path to light is to reveal myself to others in the Fellowship of N.A.



"TAKE A CLOSER LOOK"

This path in the light is not the easiest one to follow. As I do my fourth step, I come to know myself., my character defects and patterns that I have followed, as well as my assets, I must look deeply into myself and I must be fearless because, as the light increases, we often tend to see ourselves worse than we thought and are amazed at our blindness to what we have been. In truth, we are not worse than we were, but are far better, and we need to remember that we only begin to see the problems when recovery has begun.

For me, this process is not yet complete, but as my past slowly comes out of the shadows, today I can walk in the light, I can be seen and known and I am willing to be known and to know. I thank My God and the Fellowship of N.A. for this choice that I have today and for the courage and the encouragement to walk in the light.

Larry H.

(Reprinted from the Dallas Area Clean Sheet, Apr., 1991-Thank you N.A. Way Magazine, Sept. 1991)

EVENTS (cont'd)

Starting All Over Again Group 1st Anniversary

Sunday, Feb 20th, 2130 Fitzwater St. Doors open 2:30 pm, Meeting starts 3:00 pm.
All are welcome.

Progress in Recovery 5th Anniversary

Tuesday, February 22nd, Our Lady of Hope, 19th & Tioga Sts., enter on 19th Street
Doors open 7:30 pm; Meeting starts 8 pm.

Northwest Area Unity Committee

1st Roller Skating Party; Sat., Feb 26th; Carmen Roller Skating Ring, 3326
Germantown Avenue. 4pm - 7pm. Tickets \$5.00.
For info: 844-4360; 844-0381; 232-3356

Ties That Bind Us Together 4th Anniversary

Monday, Feb. 28th, 23rd & Reed Sts (wharton Square); Doors open 6:30 pm; Meeting
starts 7 pm.

Stairway to Heaven 2nd Anniversary

Saturday, Mar. 5th, Richard Allen Community Center, 1015 Parrish Drive (between
10th & 11th on Parrish); Doors open 7 pm; Meeting starts 8 pm sharp.

CLEANSHEET PERMISSION SLIP

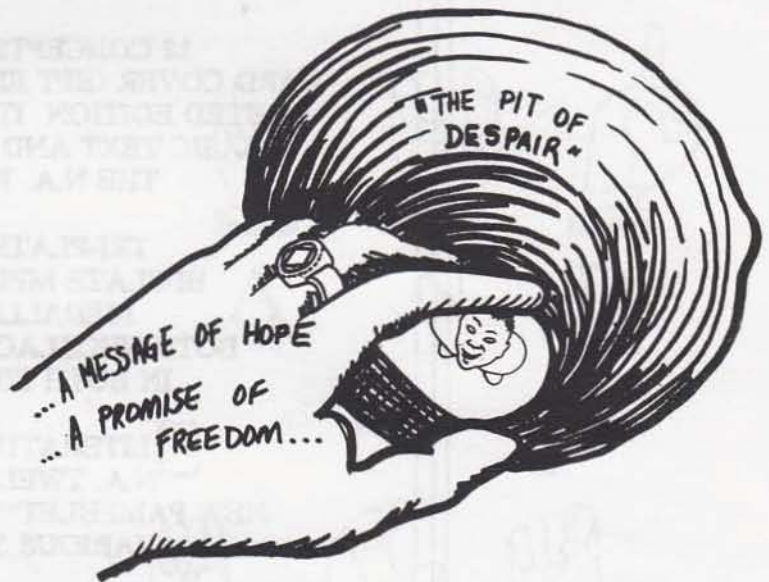


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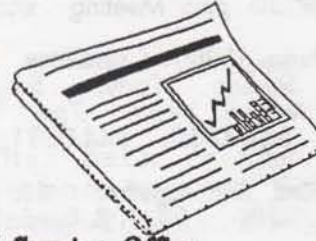
please enclose this form with all submissions



*The Cleansheet needs the participation of it's readers.
Share your experience, strength and hope on any topic related to
your recovery or the N.A. program. Send your articles, artwork,
comments or suggestions to:*



*Cleansheet
C/O*



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WHAT'S NEW AT THE REGIONAL SERVICE OFFICE

**12 CONCEPTS OF N.A. SERVICE
HARD COVER GIFT EDITION JUST FOR TODAY
LIMITED EDITION IT WORKS HOW AND WHY
BASIC TEXT AND PAMPHLETS ON TAPE
THE N.A. WAY MAGAZINE**

**TRI-PLATE MEDALLIONS
BI-PLATE MEDALLIONS YRS 1-21
MEDALLION HOLDERS
BOTH NECKLACES AND KEYCHAINS
IN BOTH SILVER AND GOLD**

**LITERATURE IN SPANISH
N.A. TWELTH STEP CARDS
NEW PAMPHLET** IN TIMES OF ILLNESS
VARIOUS SPEAKER TAPES**