

The Early Bird Gets The \$10.00 Basic Registration

GPRCNA XXIV April 10, 11, 12, 2009

to be held at the

The Radisson Hotel/Valley Forge Convention Center

1160 First Avenue, Valley Forge, PA 19406 (610-337-2000 or 888-201-1718)

Nightly room rate: \$112.00 plus tax (single, double, triple, or quad)

Deadline for Early Registration is December 31, 2008 Cost of a Basic Registration includes Friday and Saturday dance.

Make Check or Money Order (no cash) payable to "GPRCNA XXIV" GPRCNA XXIV

> P.O. Box 58634 Philadelphia, PA 19102

All EARLY-BIRD REGISTRATIONS must be postmarked by December 31st 2008 More Information - Chairperson, Arlene C. - 215-848-0859 Co-Chairperson, Aquanetta B. - 215-621-9225



Please include this portion with your Mail-In Registration (PLEASE PRINT ALL INFORMATION)

Name:			Receipt#
Address:		City/State:	Zip Code:
Phone #:		Number of Registrations (\$1	0)
Banquet (\$25)	Brunch (\$17)	Full package (\$52)	Newcomer Donation
Total Amt, Paid	Method of Pa	vment (cash) (check #)	(money order)

"Freedom With No Limits"



The Greater Philadelphia Regional Convention April 10, 11 & 12, 2009

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PRE-REGISTRATION \$20.00

(On-site Registration - \$25.00)

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GPRCNA XXIV P.O. Box 58634

Philadelphia, PA 19102

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More Information - Chairperson, Arlene C. @ 215-848-0859

Co-Chairperson, Aquanetta B. @ 215-621-9225



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Name:		Receipt#		
Address:		City/State:	Zip Code:	
Phone #: ()		Number of Registrations (\$20)		
Banquet (\$25)	Brunch (\$17)	Full package (\$57)	Newcomer Donation S	
Total Amt. Paid	Method of Payment (No Cash	(Check #)	(Money Order)	

"Freedom With No Limits"



The Greater Philadelphia Regional Convention

Twelve Steps of Narcotics Anonymous

- We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- We came to believe that a Power greater than ourselves could restore us to sanity.
- We made a decision to turn our will and our lives over to the care of God as we understood Him.
- We made a searching and fearless moral inventory of ourselves.
- We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- We were entirely ready to have God remove all these defects of character.
- We humbly asked Him to remove our shortcomings.
- We made a list of all persons we had harmed, and became willing to make amends to them all.
- We made direct amends to such people wherever possible, except when to do so would injure them or others.
- We continued to take personal inventory and when we were wrong promptly admitted it.
- We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Welcome to GPRCNA XXIV

The Greater Philadelphia Region of Narcotics Anonymous welcomes you to our 24th Regional Convention. It is a humbling honor to host this convention that brings together members of NA to celebrate the precious gift of recovery. We come together this weekend for a celebration of recovery! Our program consists of speaker meetings, workshops, and marathon meetings — all messages of hope designed simply to carry the message of recovery. Please join us as we fellowship by attending special events and entertainment. Remember, a simple hug can make all the difference in the world. Hug as many people as you can this weekend — those you know and especially those you don't know! We are glad you came and hope that you will take the message back home with you in your heart and spirit. Enjoy the convention! Welcome, and please keep coming back!

Our Theme Freedom With No Limits

Narcotics Anonymous offers only one promise, and that is freedom from active addiction, the solution that eluded us for so long. We will be freed from our self-made prisons.

Why Should I Register?

"Being self-supporting is an important part of our new way of life." (page 70, Basic Text, 6th Edition) Registration fees are how we pay for all of the facilities we use. It also helps to pay for all of the necessary equipment, the coffee and the items contained in the registration packages. You must be registered to attend all convention workshops. All children 10 years and older must be registered by their parents to attend the convention.

We are not responsible for lost badges or lost tickets.

There will be no refunds.

Marathon meetings are free and are held in Room GS 8/9.

Press Statement

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films." (page 75, Basic Text, 6th Edition)

This tradition protects the membership and reputation of Narcotics Anonymous. We do not disclose last names, nor appear in the media as members of Narcotics Anonymous. If members of the press approach you, please direct them to Convention Information.

REGISTRATION

South Ballroom - Radisson

Friday 12:00 pm - 11:00 pm

Saturday 9:00 am - 7:30 pm; 9:00 - 11:00 pm

MERCHANDISE

North Ballroom - Radisson

Friday 3:00 – 5:00 pm; 9:00 – 12:00 pm Saturday 1:00 – 5:00 pm; 8:00 – 12:00 pm

Sunday 10:00 am - 1:00 pm

TAPES

Bar Foyer - Radisson

CONVENTION INFORMATION

Grand Ballroom Foyer - Radisson

Friday 2:00 pm - 11:00 pm Saturday 9:00 am - 6:00 pm

Please be sure to stop by to register your clean time for the clean time countdown.

HOSPITALITY

76 Tavern - Radisson (lower level) Valley Forge - Scanticon

3:00 pm Friday - 12:00 pm Sunday

NAR-ANON

76 Tavern - Radisson (lower level) Mt. Laurel - Radisson (lower level)

FRIDAY

10:00 pm – 11:20 pm	Ross Welcome to NA Our Symbol
	Adams Open Book, Open Mind Can You Stand to be Blessed?
10:30 pm – 11:50 pm	Conestoga (En Español) The Ties that Bind Us Together Courage to Change
11:30 pm – 1:00 am	Ross One Ultimate Authority One Promise, Many Gifts
	Adams Learning How to Talk About Things That Hurt Turning Turmoil into Peace
12:00 mid – 1:30 am	Conestoga Relationships in Recovery Get Off the People and Into the Program

SATURDAY

10:00 am - 11:20 am	Ross
	Who Is An Addict?
	What Is the NA Program?
10:30 am - 11:50 am	Conestoga
	Don't Leave the Basics
	H.O.W.
11:30 am – 12:50 pm	Ross
	Why Are We Here?
	How It Works
12:00 noon – 1:20 pm	Conestoga
	For the Newcomer
	The Power of the Group
1:00 pm – 2:20 pm	Ross
	Steps 1 and 2
	Traditions 1 and 2
	Adams
	Staying Clean Must Come Fire
	Keep Coming Back
1:30 pm – 2:50 pm	Conestoga (En Español)
	Fear vs. Faith
	On the Outside Looking In

SATURDAY

2:30 pm - 3:50 pm

Ross

Steps 3 and 4 Traditions 3 and 4

Adams Gratitude

Seeking God's Help

4:00 pm - 5:20 pm

Ross

Steps 5 and 6 Traditions 5 and 6

Adams Sponsorship

Courage to Change

4:30 pm - 6:00 pm

Conestoga

Living with Multiple Illnesses

in Recovery

Youth and Aging in Recovery

5:30 pm - 6:50 pm

Ross

Steps 7 and 8 Traditions 7 and 8

Adams

Relapse Is a Process Living the Program

SATURDAY

6:00 pm - 7:00 pm

Conestoga

W.A.I.T. Meeting

10:00 pm - 11:20 pm

Ross (En Español)

Steps 9 and 10 Traditions 9 and 10

Adams

Victim or Volunteer

The Solution is Spiritual

10:30 pm – 11:50 pm

Conestoga

Storms Are Part of Life

Why I Find it Hard to Surrender

11:30 pm - 12:50 am

Ross

Steps 11 and 12 Traditions 11 and 12

Adams

Letting Go of Resentments

Forgiveness

12:00 mid - 1:30 am

Conestoga

When at the End of the Road More Will Be Revealed

MARATHON MEETINGS

Room GS 8/9 (Hallway to Scanticon)

FRIDAY

4:00 pm	Commitment to Recovery
5:00 pm	Never Alone, Never Again
6:00 pm	Unmanageability Then and Now
7:00 pm	Triangle of Self-Obsession
8:00 pm	I Keep Coming Back
9:00 pm	Trusting the Process
10:00 pm	In Time Our Dreams Come True
11:00 pm	Living in the Solution

SATURDAY

12:00 midnight	The Disease is Knocking, Now What?
1:00 am	I Was Unique
2:00 am	Diversity Is Our Strength
3:00 am	Courage to Change
4:00 am	Gratitude
5:00 am	Sticking With the Winners
6:00 am	Practicing Humility
7:00 am	Closed-Minded in a Relationship
8:00 am	Change You Must, Or Die You Will
9:00 am	Reservations
10:00 am	Dressing Up the Outside

SATURDAY

11:00 am	Recovery
12:00 noon	Our Best Thinking
1:00 pm	An Awakening of the Spirit
2:00 pm	Stop and Surrender
3:00 pm	Living Clean
4:00 pm	Open Book, Open Mind
5:00 pm	I Am a Miracle
6:00 pm	Just For Today
7:00 pm	Letting Go of Loved Ones
8:00 pm	Applying Spiritual Principles
9:00 pm	Recovery More Than Abstinence
10:00 pm	One Ultimate Authority
11:00 pm	Greater the Base

SUNDAY

12:00 midnight	Accepting Our Defects
1:00 am	Open-Minded
2:00 am	Confronted with the Evidence
3:00 am	One Promise, Many Gifts
4:00 am	We Do Recover
5:00 am	Sponsorship
6:00 am	Let Go and Let God
7:00 am	Don't Use No Matter What
8:00 am	Finding a Sense of Humor in Adversity
9:00 am	This Is Not a Test

SPECIAL EVENTS

FRIDAY

OPENING MEETING

7:00 pm – 9:00 pm

Bucks/Chester/Lehigh - Scanticon

FASHION SHOW

9:30 pm

Bucks/Chester/Lehigh - Scanticon

DANCE

10:00 pm

Montgomery/Lancaster - Scanticon

SATURDAY AFTERNOON

REGIONAL ASSEMBLY

12:00 pm - 4:00 pm

Hancock - Radisson (lower level)

KARAOKE

12:00 pm - 4:00 pm

Monroe - Scanticon

SATURDAY EVENING

BANQUET*

5:00 pm - 7:00 pm

Bucks/Chester/Lehigh - Scanticon

MAIN MEETING

7:00 pm - 9:00 pm

Bucks/Chester/Lehigh - Scanticon

COMEDY SHOW / BAND*

10:00 pm - 12:00 midnight

Bucks/Chester/Lehigh - Scanticon

DANCE

10:30 pm

Montgomery/Lancaster - Scanticon

SUNDAY

BRUNCH*

8:00 am - 10:00 am

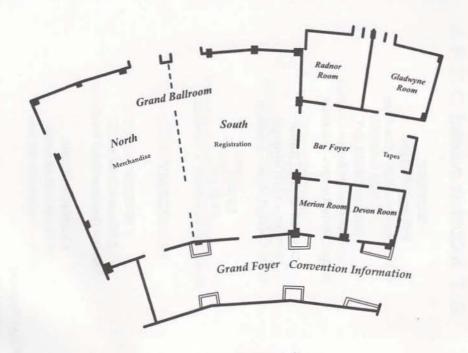
Adams - Radisson (lower level)

CLOSING MEETING

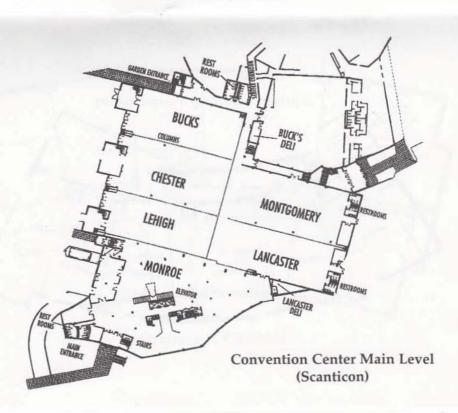
10:00 am - 12:00 noon

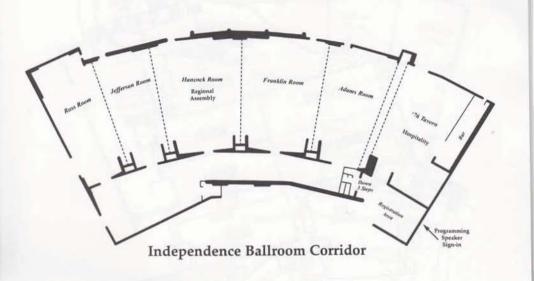
Adams - Radisson (lower level)

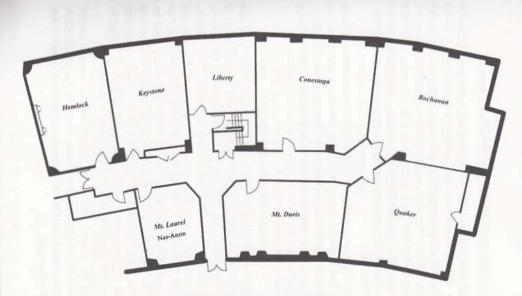
*Ticket Required



Grand Ballroom







Pennsylvania Corridor

IDENTITY STATEMENT

In Narcotics Anonymous, we are presented with a dilemma. When NA members identify themselves as "addicts and alcoholics," "cross addicted," or talk about living "clean and sober," the clarity of the NA message is blurred. To speak in this manner suggests that there are two diseases; that one drug is separate from the rest. Narcotics Anonymous makes no distinction between drugs. Our identification as addicts is all-inclusive, allowing us to concentrate on our similarities, not our differences.

The above statement is offered in the spirit of NA unity. Please remember this request is not made in order to rule, censor, or dictate behavior. We make this request to provide an atmosphere of recovery, where we can hear the simple life-saving message of Narcotics Anonymous.

RESPONSIBILITY STATEMENT

Another facet of recovery is responsibility. There have been NA conventions where members acted carelessly and the reputation of Narcotics Anonymous has suffered. Some damage can be repaired financially, but not the public's view of our fellowship. We need to remember that our personal conduct is a direct reflection of our program, and our behavior may be the first and last impressions that the public has of Narcotics Anonymous. Shirts and shoes must be worn in all hallways and public areas at all times. Please keep in mind not everyone stays up late or all night. We need to have peace and quiet in the hallways of the hotels between 10:00 pm and 8:00 am. Please keep the noise level in the hotel rooms to a minimum.

Parking will be allowed only in designated areas. Illegally parked vehicles will be towed at owner's expense. There is <u>NO SMOKING</u> in the convention center and the hotel. Smoking is allowed outside in the designated areas <u>only</u>.

Twelve Traditions of Narcotics Anonymous

- Our common welfare should come first; personal recovery depends on NA unity.
- For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience.
 Our leaders are but trusted servants; they do not govern.
- 3. The only requirement for membership is a desire to stop using.
- Each group should be autonomous except in matters affecting other groups or NA as a whole.
- Each group has but one primary purpose—to carry the message to the addict who still suffers.
- An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
- Every NA group ought to be fully self-supporting, declining outside contributions.
- Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
- Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
- Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
- Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Twelve Concepts of Narcotics Anonymous

- To fulfil our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole.
- The final responsibility and authority for NA services rests with the NA groups.
- The NA groups delegate to the service structure the authority necessary to fulfil the responsibilities assigned to it.
- Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.
- For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.
- Group conscience is the spiritual means by which we invite a loving God to influence our decisions.
- All members of a service body bear substantial responsibility for that body's decisions and should be allowed to fully participate in its decision-making processes.
- Our service structure depends on the integrity and effectiveness of our communications.
- All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.
- Any member of a service body can petition that body for the redress of a personal grievance, without fear of reprisal.
- NA funds are to be used to further our primary purpose, and must be managed responsibly.
- In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government.



Tell Yourself:

Just for today my thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just for today I will have faith in someone who believes in me and wants to help me in my recovery.

Just for today I will have a program. I will try to follow it to the best of my ability.

Just for today through N.A. I will try to get a better perspective on my life.

Just for today I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

PHONE NUMBERS PHONE NUMBERS



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Early Bird Registration - \$10.00 (until Dec. 31) (\$20.00 from January 1 - March 13, 2009) Includes Friday and Saturday dances

WHERE TO PRE-REGISTER IN PERSON

RSO OFFICE 1243-C S. 22nd Street, Philadelphia 215-755-8200

Tuesday, 5:00 - 10:00 pm; Thursday, 5:00 - 10:00 pm; Saturday, 9:00 am - 3:00 pm

CONVENTION COMMITTEE FUNDRAISING DANCES (Starting September 6, 2008) 22nd & Chestnut Streets, First Unitarian Church, Philadelphia Abdullah - 215-313-2488

INNER CITY AREA STICK AND STAY 15th & York Streets, Winchester Recreation Center, Philadelphia Sunday, 10:00 am - 12:00 pm Richard C. - 215-848-0859

NORTHWEST AREA RECOVERY IN THE MORNING Wayne Avenue & Logan Street, Happy Hollow Recreation Center, Philadelphia Monday – Saturday, 9:00 – 11:00 am Gamel – 267-408-0617

WOMEN AND MEN ABOUT CHANGE
11th & Rockland Streets, Holy Trinity Presbyterian Church, Philadelphia
Sunday, 5:00 - 7:00 pm; Wednesday, 7:00 - 8:30 pm
Earl W. - 215-264-8879

SOUTH PHILADELPHIA AREA SOUTH PHILLY DO RECOVER

PYRAMID OF FREEDOM AREA

17th & Catharine Streets, Marian Anderson Recreation Center, Philadelphia Tuesday, 6:30 - 8:00 pm Ameenah - 215-888-4270

WEST SOUTHWEST AREA ON THE RIGHT TRACK 3001 Walnut Street, AFSCME Building, 7th Floor, Philadelphia Tuesday and Friday, 5:30 – 7:00 pm Arlene – 215-848-0859; Aquanetta – 215-621-9225

A GIFT OF SURRENDER
6310 Market Street, Life Center of Eastern Delaware County, Upper Darby
Saturday, 12:00 – 1:30 pm; Sunday 10:30 am – 12:30 pm
Abdullah – 215-313-2488

Also available at many special events in the Region.