



NA & NARANON
SPEAKERS

8 P.M. CHURCH OF THE REDEEMER, NEW GULPH & PENNSWOOD RDS.
BRYN MAWR, PA.

WELCOME.



WELCOME TO THE 2nd ANNIVERSARY OF THE BRYN MAWR GROUP
NARCOTICS ANONYMOUS

OPENING PRAYER:

BARBARA (NAR-ANON)

CHAIRPERSON:

LORI (N.A.)

Reader's;

NAR-ANON FAMILY GROUP

ELEANOR (NAR-ANON)

ABOUT ADDICTION

BILL (NAR-ANON)

Speaker:

URSULA O. (NAR-ANON)

ANNOUCEMENTS:

Reader's;

WHO IS AN ADDICT

PAM O. (N.A.)

WHAT IS N.A.

JAY (N.A.)

HOW IT WORKS

DICK F. (N.A.)

12 TRADITIONS

JOE H. (N.A.)

Speaker:

JOE C. (N.A.)

LETTER FROM A USER NAR-ANON LITERITURE

Read By; JOE B. (N.A.)

CLOSING PRAYER

GREETER'S

LINDA R. (N.A.)

JACKIE (NAR-ANON)

KEVIN M. (N.A.)

BERNICE (NAR-ANON)

DEBBIE O. (N.A.)

ALLAN (NAR-ANON)

ANDY (N.A.)

ANN (NAR-ANON)



*God grant me the serenity to accept
the things I cannot change,
courage to change the things I can,
and the wisdom to know the difference.*



BRYN MAWR MEETINGS:

SUNDAY: TOPIC DISCUSSION, 7:30

N.A. 1235 W. LANCASTER AVE. BRYN MAWR
ST. THOMAS OF VILLANOVA (SCHOOL)

MONDAY: SPEAKER/DISCUSSION, 8:30

N.A. PENNSWOOD RD. & NEW GULF BRYN MAWR
CHURCH OF REEDEMER

MONDAY: NAR-ANON (SAME AS ABOVE) DOWNSTAIRS
CHURCH OF REEDEMER

JUST FOR TODAY

Tell yourself -

JUST FOR TODAY my thoughts will be on my recovery,
living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in N.A.
who believes in me and wants to help me in my re-
covery.

JUST FOR TODAY I will have a program. I will try to
follow it to the best of my ability.

JUST FOR TODAY through N.A. I will try to get a better
perspective on my life.

JUST FOR TODAY I will be unafraid, my thoughts will be
on my new associations, people who are not using and
who have found a new way of life. So long as I follow
that way, I have nothing to fear.

WHO IS AN ADDICT?

Most of us do not have to think twice about this ques-
tion. WE KNOW. Our whole life and thinking is centered in
drugs in one form or another, the getting and using and
finding ways and means to get more. We use to live and live
to use. Very simply an addict is a man or woman whose life
is controlled by drugs. We are people in the grip of a con-
tinuing and progressive illness whose ends are always the
same: jails, institutions and death.

Thank You for your Continuing Support.
In Loving Service,

BRYN MAWR N. A. & NAR-ANON

ARE YOU READY FOR NARANON?

Lord knows I tried hard, you tearfully groan.
Why does it happen to me, you cry and
you moan.

I gave him an allowance, lend him my
car, give him his keep,
And when he was too tired to get up in the
morning, I just let him sleep.

He didn't like school - wouldn't work -
And all other duties he'd skillfully shirk.
Then you found he used drugs, and the
police came to call.
You thought you had all the answers -
now you had none at all.

The shame of it all. Where did you go
wrong?
Who can you talk to? Where do you
belong?
There must be someone to talk to, some-
where to go.
Here at NARANON we know how you feel,
Lord, how we know.

You will learn as we did our problems to
share.
Learn how to live, to let live, to show that
we care.
To know what we can do and what we
cannot.
To let others live their own lives, and that's
learning a lot.

So, if you have this problem and are willing
to learn,
Want peace and serenity, do yourself a good
turn.
We offer our hand, in good faith, understanding -
to give you sanity.
Don't turn it down in bitterness or because of
your vanity.

You'll learn to live with your problems, and
this is true,
THEN you can help your family and those
all around you.

i can't
we can