Volume 1, No.1 August 1974

TESTIMONIAL

I am a recovering addict. Today,
Narcotics Anonymous, the source of
my recovery, is helping keep me alive and sober.

Last night I sat in room and saw
our unity; one addict helping another!
I saw lips move that
share the experience of a sober

sober day.

I saw hands shake that share the strength of a sober day.

I saw eyes open that share the hope of a sober day.

If our unity can be farther than in the room I sat in last night, let's begin and try to have it.



This newsletter is a beginning for us to share with you. We are a group of recovering addicts who are willing to sit down together and put out a paper once a month in hope of keeping correspondence going on between us.

This NEWSLETTER is a beginning for communication. We are attempting to share how we feel as recovering addicts and to share with you our experiences. We are willing to pull together to put out a paper once a month in hope of receiving some correspondence from you.

Dear N.A.

Communication is important to tie us together. If you care to share anything with us with us, please write to:

Literature & Public Relations Committee c/o Narcotics Anonymous 6261 North Broad Street Philadelphia, Pa. 19141

WE WANT TO HEAR FROM YOU !!!!!



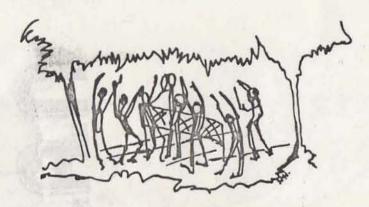
Special Events

N.A. and A.A. had their yearly round-up on July 21, 1974. The cause of the round-up was to have sober people to join together and have a day of fun and happiness with other sober people.

Starting from a "world series" baseball game to swimming, and an exciting volleyball tournament, the day climaxed with dinner.

Sitting along picnic tables strung together, well over 50 sober people sat in enthusiastic talk, eating a catered meal. The drawing took place after dinner which brought sheer delight from the winners and a low roar from the less lucky.

The most outstanding feelings from the entire picnic were people laughing, talking and enjoying themselves in sobriety. Being sober and being able to do all the fun things they've always wanted to do, together.



There appeared to be a lot of enthusiasm at the round-up, along with a lot of activities, sharing, caring and most importantly a helluva lot of good sobriety.

What I got from the round-up was the feeling of belonging.
Belonging to a fellowship, where I am always welcome.

PART OF A FAMILY

Announcements

Want to have your ideas on paper? Come to our next Literature & Public Relations Committee meeting.

A group are asking for volunteers to help get together a Labor Day week- end N.A. campout. We also are interested in getting together more outings.

The next Literature Committee meeting will be announced at individual group meetings.

Intergroup is held the first Sunday of every month. September meeting will be in Philadelphia, only the September meeting will be held on the 2nd Sunday.

SHARING

Serenity
Harmony
Abstinence
Recovery
Integrity
Needs
Giving

Sharing is, feeling the happiness of another person's sobriety.

Sharing to me is trusting myself to others, my sponsor to give faith and ideas to fill my head when there's nothing in there but fog. Sharing is using other people's ways of staying sober, borrowing sobriety till I have enough of my own.

Sharing is, understanding, supporting, identifying and walking away not alone anymore. Ready to start another day.



Sharing is:

" your strength in my weakness

your belief in my doubt

w your courage in my fear

" " YOU



Narcotics Anonymous 6261 North Broad Street Philadelphia, Pa. 19141