

DRAFT

NARCOTICS ANONYMOUS

N.A. is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

*We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.**

*Excerpt from *Narcotics Anonymous*, Newly Revised White Book

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1988 PHONELINE DIRECTORY

INTRODUCTION

In our effort to fulfill our commitment to ourselves and other addicts by providing the opportunity to attend N.A. meetings, we have published this directory of telephone numbers for use in locating meetings. This directory is intended to be used by addicts, friends and family members of addicts, and by professionals who come in contact with addicts. This information is provided as a resource so that anyone interested in attending an N.A. meeting can find one.

In recent years, we have experimented with several different approaches to providing information on meetings. We discovered our growth was so explosive that printing an index of current meetings was impractical. We've discovered that meeting information is most accurate at the area service committee level. This level of service is the closest to the actual meetings. Therefore, to capitalize on the accuracy of that information, it has been found desirable to utilize the area service committee as the source.

This publication lists telephone numbers where assistance can be obtained to locate meetings. In some places, a state-wide 800 number is offered by a service committee. Where 800 numbers are not present, local numbers will have to be used. In some states, there is the choice between 800 numbers and local numbers. Where this occurs, both numbers are shown. An area code map is included to assist you in locating phone numbers.

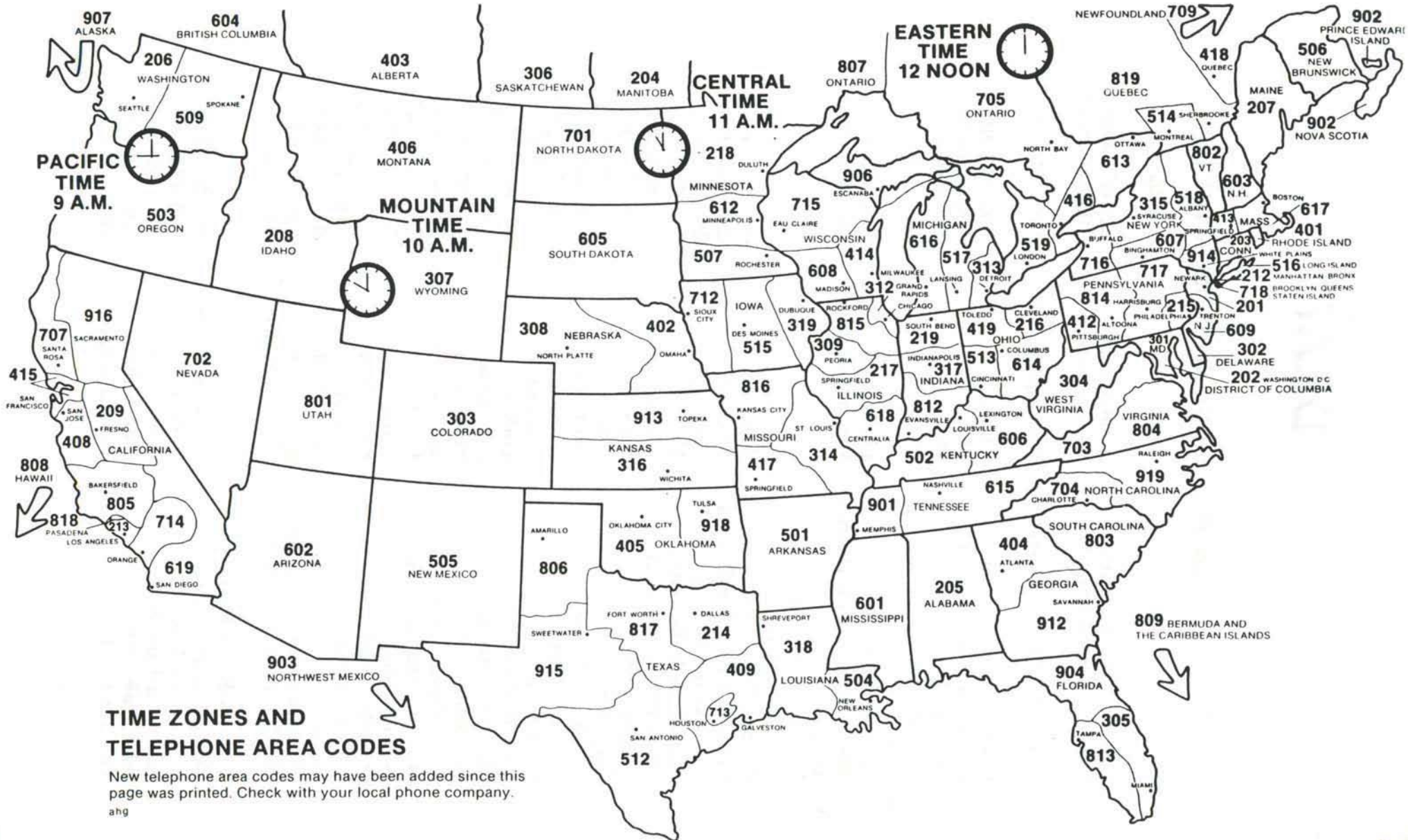
In some states, there are service offices operated by area or regional committees to serve the Fellowship and to be a point of contact for the general public. Addresses and telephone numbers for these offices are also shown.

N.A. helplines are activities of service committees composed of N.A. members. Because most N.A. helplines are staffed by volunteers who lead active lives in their own recovery and provide service to other addicts in this manner, they are not always manned by recovering addicts on a twenty-four hour basis. Each helpline is operated independently and according to the policies of the area or regional committee it serves. Accordingly, some patience will be required in obtaining direct contact with a member of the helpline service committee once the number is called. Some telephone helplines have the telephone number connected through telephone switching equipment, or answering services and information is relayed to members rather than having a member of the Fellowship directly on the line at all times. Please accept this inconvenience as a demonstration of N.A. growth and activity in recovery.

Addresses for service offices are included to assist in obtaining literature locally. Some service offices have a business number and a helpline number, while other offices have only a business number. To avoid confusion a separate column is used for business office purposes.

This directory is intended for use by N.A. members and the general public. To accommodate internal use, many of the names of area service committees have been included. However, many of these names are not fully descriptive of the geographical area served by a particular committee. To help clarify this situation we have in the second column shown the city or county in which the telephone number is physically located. In most cases the members working the helpline can provide information about neighboring communities if necessary.

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TIME ZONES AND TELEPHONE AREA CODES

New telephone area codes may have been added since this page was printed. Check with your local phone company.
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N.A. TELEPHONE NUMBERS IN THE U.S.

	CITY:	HELPLINE:	OFFICE:
ALABAMA			
Central Alabama Area	Montgomery	(205)293-0902	
Greater Birmingham Area	Birmingham	(205)326-9842	
ALASKA			
Anchorage/Mat-Su Area	Achorage/Wasilla	(907)277-5483	
ARIZONA			
Central Arizona Area	Yuma	(602)344-9025	
Northern Arizona Area	Flagstaff	(602)526-8706	
Phoenix Area	Phoenix	(602)484-4268	
Tucson Area	Tucson	(602)881-8381	
ARKANSAS			
Little Rock Area	Little Rock	(501)373-8683	
North West Arkansas Area	Benton/Madison	(501)441-6278	
CALIFORNIA			
NORTHERN CALIFORNIA			
209 South Area	Fresno	(209)255-5881	
Central Sierra Area	Sonora	(209)532-5396	
Central Valley North Area	Stockton	(209)464-9262	
San Joaquin County	San Joaquin	(209)941-4714	
Stanislaus Valley Area	Modesto	(209)526-1817	
Monterey Peninsula Area	Carmel	(408)624-2055	
Salinas Area	Salinas	(408)754-8617	
San Jose Area	San Jose	(408)998-4200	
Santa Cruz Area	Santa Cruz	(408)662-4664	
Alameda County	Alameda	(415)895-3400	
Contra Costa Area	Concord	(415)685-HELP	
East Bay Area	Berkeley	(415)843-3701	
Marin County Area	San Rafael	(415)456-1292	
Peninsula Area	San Mateo	(415)572-3257	
San Francisco Area	San Francisco	(415)621-8600	
Humbolt/Del Norte Area	Eureka	(707)444-8645	
Napa/Solano Area	Napa	(707)253-0243	
Sonoma County Area	Santa Rosa	(707)575-7837	
916 North Area	Magalia	(916)877-6361	
Grass Valley	Grass Valley	(916)272-7839	
No. California Valley Area	Sacramento	(916)486-0465	
North Tahoe Basin Area	N. Lake Tahoe	(916)546-1116	
VENTURA/SANTA BARBARA			
Central Coast Area	San Luis Obispo	(805)549-7730	
Gold Coast Area	Ventura	(805)483-4161	
Santa Barbara Area	Santa Barbara	(805)569-1288	
Simi Valley Area	Simi Valley	(805)584-0225	
Thousand Oaks	Thousand Oaks	(805)496-0500	

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	CITY:	HELPLINE:	OFFICE:
METROPOLITAN LOS ANGELES AREA			
S. California Regional Office 109 North Ivy, Suite A Monrovia, CA 91016			
			(818)359-0084
S. California Region	Monrovia	(818)303-4156	
Bay Cities Area	Redondo Beach	(213)372-9666	
Eastern County Area	Norwalk	(213)698-4604	
Greater Hollywood	Hollywood	(213)850-1624	
LA/San Gabriel Valley Area	Pasadena	(213)283-1745	
Desert Empire Area	Barstow	(619)253-2045	
Greater Mojave Area	Victor Valley	(619)243-9248	
Lower Desert Area	La Quinta	(619)346-5800	
Inland Empire East Area	Fontana	(714)883-2519	
Inland Empire West Area	Montclair	(714)622-4274	
Orange County Area	Westminister	(714)776-8581	
South Coast Area	SanJuan Capistrano	(714)661-6183	
High Desert Area	Palmdale	(805)948-6777	
Northern Counties	N.E. San Gabriel Vly.	(818)339-9999	
San Fernando Valley Area	Reseda	(818)997-3822	
SAN DIEGO			
San Diego Regional Office P.O. Box 16505 San Diego, CA 92116			
			(619)584-1007
COLORADO			
Colorado Regional Office 1290 Williams Denver, CO 80218			
			(303)320-8323
Denver Metro Area	Denver	(303)832-DRUG	
Colorado Springs Area	Colorado Springs	(303)750-3951	
Pueblo Area	Pueblo	(800)322-DRUG	
CONNECTICUT			
Connecticut Region	Woodbury	(203)777-2088	
Greater Hartford Area	Forestville	(203)233-7181	
Greater New Haven Area	New Haven	(203)234-8373	
Greater Waterbury Area	Middlebury	(203)266-0563	
Mid-State Unity Area	Middletown	(203)638-2017	
S. Fairfield County Area	Bridgepoint	(203)454-1122	
United Shore Area	Groton	(203)447-4848	
DELAWARE			
Delaware State Wide			
New Castle Area	New Castle Co.	(800)822-2115 (302)429-8175	
FLORIDA			
Florida Regional Office 2727 E. Okland Park Blvd., #203 Ft. Lauderdale, FL 33306			
			(305)563-4262
Gold Coast Area	Ft. Lauderdale	(305)476-9297	
Keys Area	North Keys	(305)852-7008	
Keys Area	Middle Keys	(305)296-0129	
Monroe County	Key West	(305)296-7999	

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	CITY:	HELPLINE:	OFFICE:
North Dade Area	Biscayne Park	(305)949-8809	
South Dade Area	Miami	(305)662-0280	
Space Coast Area	Brevard County	(305)631-HELP	
Indian River Area	Stuart	(407)464-4160	
Orlando Area	Orlando	(407)849-7770	
Mid-Coast Area	Lighthouse Point	(407)338-8880	
Palm Coast Area	West Palm Beach	(407)533-3778	
Bay Area	Largo	(813)323-6262	
Gulf Coast Area	Ft. Myers	(813)275-7778	
Sun Coast Area	Sarasota	(813)957-7910	
Tampa Fun Coast Area	Tampa	(813)877-0097	
Daytona Area	Daytona Beach	(904)252-4673	
First Coast Area	Jacksonville	(904)723-LOVE	
Ocala Area	Ocala	(904)368-0918	
Un-Coast Area	Gainesville	(904)374-1967	
GEORGIA			
Georgia State 800 State Wide		(800)551-7365	
Marietta Area	Marietta	(404)433-8169	
Midtown Atlanta Area	Atlanta	(404)237-6262	
Northwest Georgia Area	Calhoun	(404)235-6999	
North Atlanta Area	Doraville	(404)266-1389	
Piedmont Area	Macon	(912)741-8613	
HAWAII			
Hawaii Regional Office 1100 Alakea St., #325 Honolulu, HI 96813			(808)533-4900
Big Island Area	Island of Hawaii	(808)969-6644	
Maui Area	Island of Maui	(808)871-9051	
IDAHO			
Snake River Valley Area	Pocatello	(208)234-6519	
Idaho Falls/Rexberg Area	Idaho Falls/Rexberg	(208)525-1919	
ILLINOIS			
Chicago Service Office 212 South Marion, Suite 27 Oak Park, IL 60302			(312)848-2211
Chicagoland Region	Chicago Metro	(312)848-4884	
New Beginnings Area	Mahomet	(217)373-2063	
West Suburban Area	Lombard	(312)848-4000	
Little Egypt Area	Salem	(618)548-3547	
Rock River Area	Rockford	(815)964-5959	
INDIANA			
Northwest Indiana Area	State wide	(800)289-7879	
Central Indiana Area	Indianapolis	(317)634-5463	
IOWA			
Iowa Region	Des Moines	(515)244-2277	
KANSAS			
Wichita Area	Haysville	(316)684-9481	
Freedom for Fellowship Area	Topeka	(913)232-LOVE	
Kansas City Area	Kansas City	(913)561-HART	
Unity Area	Salina	(913)823-1988	

	CITY:	HELPLINE:	OFFICE:
KENTUCKY			
West Kentucky Area	Bowling Green	(502)782-4029	
Kentucky Survivors Area	Lexington	(606)252-3484	
LOUISIANA			
Lafayette Area	Lafayette	(318)237-9077	
Baton Rouge Area	Baton Rouge	(504)381-9609	
Morgan City Area	Morgan City	(504)385-5040	
New Orleans Area	New Orleans	(504)899-6262	
MAINE			
Southern Maine Area	Portland	(207)761-6695	
MARYLAND			
Baltimore Office			
1401 West Lombard St.			
Baltimore, MD 21223			(301)566-4022
Baltimore Area	Baltimore	(301)947-8028	
Delmarva Area	Salisbury	(800)822-2115	
Bay Area	Millersville	(301)267-8952	
Central Maryland Area	Greenbelt	(301)731-7221	
Fredrick County	Fredrick County	(301)695-3141	
MASSACHUSETTS			
New England Regional Office			
264 Meridian St.			
East Boston, MA 02128			(617)569-0021
Rhode Island and			
SE Massachusetts Area	Somerset	(401)461-1110	
Central Massachusetts and			
Cape and Islands Area	Hyannis/Marlboro	(413)538-7479	
Martha's Vineyard Area	West Tisbury	(617)693-7155	
South Shore and			
Boston Area	Abington/Boston	(617)569-0021	
MICHIGAN			
Detroit Service Office			
23906 Woodward Ave., 2-N			
Pleasant Ridge, MI 48069			(313)544-2010
Ann Arbor Area	Ann Arbor	(313)482-6868	
Flint Area	Flint	(313)238-3636	
West Wayne and			
Monroe County Area	Detroit Metro	(313)543-7200	
Lansing Area	Lansing	(517)483-9101	
Saginaw Bay Area	Bay City	(517)892-9059	
Western Michigan Area	Kalamazoo County	(616)746-5115	
Western Michigan Area	Kent/Holland	(616)394-3715	
MINNESOTA			
Twin Cities Area	Minneapolis	(612)822-7965	
MISSOURI			
Show Me Regional Office			
610 Pearl, #C			
Joplin, MO 64801			(417)781-6770
Greater St. Charles Area	St. Charles	(314)947-3338	
Greater St. Louis Area	Mariland Heights	(314)644-3333	

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	CITY:	HELPLINE:	OFFICE:
Mid-Missouri Area	Jefferson City	(314)635-0271	
Joplin Area	Joplin	(417)781-2210	
Ozark Area	Seneca	(417)781-2210	
Springfield Area	Strafford	(417)866-7392	
Kansas City Area	Kansas City	(816)531-2250	
NEBRASKA			
Lincoln Area	Lincoln	(402)474-0405	
Omaha Area	Omaha	(402)449-1822	
NEVADA			
Sierra Sage Region	Reno	(702)322-4811	
Carson/Minden Area	Carson City	(702)883-5110	
Southern Nevada Region	Las Vegas	(702)369-3362	
South Shore Area	Stateline	(916)541-4100	
NEW HAMPSHIRE			
Four Seasons Area	Plaistow	(603)432-0168	
NEW JERSEY			
New Jersey State Wide		(800)992-0401	
Cape/Atlantic Area	North Cape May	(609)886-9022	
Central Jersey Area	Out of State calls	(201)462-9199	
NEW MEXICO			
Albuquerque Area	Albuquerque	(505)848-9195	
High Hopes Area	Los Alamos	(505)662-5280	
Santa Fe Area	Santa Fe	(505)984-2098	
NEW YORK			
GREATER NEW YORK CITY			
Greater NY Regional Office			
119-20 94th Ave.			
Richmond Hill, NY 11419	Mid & So. N.Y.	(718)805-9835	(718)805-9835
NORTHERN NEW YORK			
Rochester Central Office			
410 Ward St.			
Rochester, NY 14605			(716)232-2690
Syracuse Area	Syracuse	(315)472-5555	
Buffalo Area	Buffalo	(716)878-2316	
NORTH CAROLINA			
Asheville Area	Asheville	(704)258-4537	
Greater Charlotte Area	Charlotte	(704)379-0440	
Capitol Area	Raleigh	(919)755-5391	
Greensboro/Piedmont Area	Greensboro/Haw River	(919)271-3455	
NORTH DAKOTA			
Fargo/Moorhead Area	Fargo	(701)234-9330	
On the Beam Area	Grandforks	(701)775-7153	
OHIO			
Ohio Regional Office			
66 East 15th Ave.			
Columbus, OH 43201	State wide	(800)451-3000	(614)299-0364
Central Ohio Office			
1706 East Broad St., 2nd Floor #1			
Columbus, OH 43203	Columbus Area	(614)252-1700	(614)252-1700

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	CITY:	HELPLINE:	OFFICE:
Toledo Area	Toledo	(419)729-6007	
Greater Cincinnati Area	Cincinnati	(513)820-2947	
OKLAHOMA			
Central Service Office 4611 S. Peoria Tulsa, OK 74105			(918)747-0017
Eastern Area	Tulsa	(918)747-0017	
Western Area	Oklahoma City	(405)524-7068	
OREGON			
Portland Central Office 1730 SE 12th St. Portland, OR 97214			(503)233-2318
Central Oregon Area	Bend	(503)388-9752	
Eugene Area	Eugene	(503)341-6070	
Mary's Peak Area	Newport	(503)967-6262	
Mid-Willamette Valley Area	Salem	(503)370-2914	
Portland Area	Portland	(503)233-2235	
Roseberg Area	Roseberg	(503)673-2381	
Southern Oregon Area	Coos County	(503)269-5910	
PENNSYLVANIA			
Tri-State Regional Office 133 S. 20th St. Pittsburgh, PA 15203			(412)381-8110
Butler Area and South Hills Area Beaver Valley	Butler/Pittsburgh South Heights	(412)391-5247 (412)775-7077	
GREATER PHILADELPHIA			
Philadelphia	Philly/Bucks	(215)934-3944	
Tri-County Area	Chester/Delaware	(215)534-9510	
Montgomery Area	Montgomery	(215)688-4730	
MID ATLANTIC REGION			
Reading Area	Berks County	(215)374-5944	
Capitol Area	Harrisburg	(717)233-FREE	
Lancaster Area	Lancaster	(717)393-4546	
Lebanon	Lebanon	(717)273-4022	
Little Apple Area	Allentown	(717)439-8440	
N. Central Pennsylvania	Williamsport	(717)327-2678	
York Area	York/Adams Co.'s	(717)848-9988	
RHODE ISLAND			
Rhode Island	Providence	(401)461-1110	
SOUTH CAROLINA			
Central Carolina Area	Columbia	(803)253-9833	
Upper South Carolina Area	Greenville	(803)282-0109	
TENNESSEE			
Knoxville Area	Knoxville	(615)521-1989	
Nashville Area	Nashville	(615)297-9762	
Memphis Area	Memphis	(901)276-LIVE	

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CITY:

HELPLINE:

OFFICE:

TEXAS

Dallas Area	Dallas	(214)699-9306
Coastal Bend Area	Corpus Christi	(512)992-2113
Crossroads Area	Yoakum	(512)572-5500
Central Texas Area	Austin	(512)465-8124
San Antonio Area	San Antonio	(512)434-0665
Houston Area	Houston	(713)661-4200
Ft. Worth	Ft. Worth	(817)624-9525
Basin Area	Midland/Odessa	(915)563-6698

UTAH

Central Utah Area	Provo	(801)379-3139
Ogden Area	Ogden	(801)626-2652
Wasatch Front Area	Salt Lake City	(801)488-2141

VERMONT

Green Mountains Area	Rutland	(802)773-5575
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VIRGINIA

Northern Virginia Area	Vienna	(703)281-8638
Roanoke Area	Roanoke	(703)343-4628
Peninsula Area	Hampton	(804)875-9306
Piedmont Area	Charlottesville	(804)979-8298
Richmond Area	Richmond	(804)254-4918
Southside Area	Hopewell	(804)732-8757
Tidewater Area	Norfolk	(804)399-6393

WASHINGTON

Bellingham	Bellingham	(206)647-3234
Bremerton	S. Kitsap County	(206)478-5835
Everett Area	Everett	(206)258-1631
Great Northwest Area	Whatcom County	(206)384-8604
Lower Columbia Area	Longview	(206)636-1622
No. Olympic Peninsula Area	Port Angeles	(206)452-1560
Olympia Area	Olympia	(206)754-4433
Pierce County Area	Tacoma	(206)531-8792
Poulsbo	N. Kipsap County	(206)697-9145
South Puget Sound Area	S. King County	(206)872-3494
Southwest Washington Area	Vancouver	(206)695-7560
Seattle Area	Seattle	(206)329-1618
Spokane/No. Idaho Area	Spokane	(509)458-7767
Tri-Cities Area	Kennewick	(509)545-2799

WASHINGTON D.C.

District of Columbia Area	D.C.	(202)338-7989
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WEST VIRGINIA

Almost Heaven Area	Martinsburg	(800)777-1515
Mountaineer Region	State-wide	(304)344-4442
Wheeling Area	Ohio/Marshall Co.	(304)234-7630

WISCONSIN

Wisconsin Regional Office
4622 W. Center St.
Milwaukee, WI 53210

Milwaukee Area	Milwaukee	(414)449-9800
Badgerland Area	Madison	(608)258-1747

(414)449-1999

N.A. TELEPHONE NUMBERS IN CANADA

	CITY:	HELPLINE:	OFFICE:
ALBERTA			
Calgary Area	Calgary	(403)235-9901	
BRITISH COLUMBIA			
British Columbia Region	Vancouver	(604)873-1018	
So. Vancouver Island Area	Victoria	(604)383-3553	
MANITOBA			
Winnipeg	Winnipeg	(204)338-2370	
ONTARIO			
Ontario Region	Windsor	(519)977-7183	
Niagra Area	St. Catherines	(416)685-0075	
Toronto Area	Toronto	(416)691-9519	
Essex-Kent Area	Windsor	(519)977-8063	
Golden Triangle Area	Guelph	(519)658-6750	
London Area	London	(519)661-0119	
Sarnia/Lambton Area	Sarnia	(519)542-3153	
Ottawa Area	Gloucester	(613)745-3261	
Algoma Area	Algoma	(705)254-6888	
North Bay Area	North Bay	(705)474-7711	
Sudbury Area	Radar Base Hahmer	(705)674-9221	
Thunder Bay Area	Thunder Bay	(807)344-4357	
QUEBEC			
Montreal Office			
No Address			(514)845-1035
Quebec Area	Quebec City	(418)649-0715	
SASKATCHEWAN			
Regina Area	Regina	(306)757-6600	

N.A. TELEPHONE NUMBERS NON-U.S.

	CITY:	HELPLINE:	OFFICE:
ARGENTINA			
General Service Office			
Marcos Sastre 6115			
(C.P. 1408)			
Buenos Aires, Argentina			54-1-6410045
AUSTRALIA			
N.A. Central Office			
Hibernian Bldg., Room 208			
Liverpool & Kippax 2010			
Surry Hills, NSW			
Australia			61-2-2112445

West Australia Office			
451 New Castle St.			
Box L 668			
Perth 6000, Australia		61-9-2278361	61-9-3281619
New Zealand Area	Auckland	61-9-31449	
NSW Central Coast Area	Gosford	61-4-3250524	
NSW South Coast Area	Wollongong	61-4-2719757	
South Australia Area	Norwood	61-8-2314233	
Victoria Area	Melbourne	61-3-4176472	
BAHAMAS			
Bahamas Area	Nassau	(809)328-2294	
IRELAND			
Ireland Region			
P.O. Box 1368			
Sheriff St.			
Dublin 1	Dublin/Cork	353-1-300944	
JAPAN			
Tokyo Central Office			
6-15 Negishi 1-chome			
Taito-ku			
Tokyo 110, Japan		81-03-8745349	
SPAIN			
Barcelona Area	Barcelona	34-3-4315128	
UNITED KINGDOM			
UK Service Office			
P.O. Box 704			
London SW10 ORP			
England			44-1-3528356
London Regional Office			
P.O. Box 417			
London SW10 ORS			
England		44-1-3516794	44-1-3516066
Bristol Office			
P.O. Box 285			
Bristol BS99 7AS			
England		44-272-425835	44-272-40084
North West Area	London	44-1-3516794	

**OTHER PUBLICATIONS AVAILABLE
FROM N.A. WORLD SERVICE OFFICE**

Narcotics Anonymous, Basic Text
N.A. White Booklet, Newly Revised
N.A. Group Starter Kit (I.P. #18)
The Group (I.P. #2)
Another Look (I.P. #5)
Recovery and Relapse (I.P. #6)
Am I an Addict? (I.P. #7)
Just for Today (I.P. #8)
Living the Program (I.P. #9)
Sponsorship (I.P. #11)
The Triangle of Self-Obsession (I.P. #12)
Youth and Recovery (I.P. #13)
*One Addict's Experience with Acceptance,
Faith and Commitment (I.P. #14)*
For the Newcomer (I.P. #16)
Hospitals, Institutions and the N.A. Member (I.P. #20)
The Loner-Staying Clean in Isolation (I.P. #21)
Welcome to Narcotics Anonymous (I.P. #22)

