



**LIVE FROM
LONDON**
16TH WORLD CONVENTION
AT THE WEMBLEY CONFERENCE CENTRE - EMPIRE WAY - WEMBLEY
28 · 29 · 30 · 31 AUGUST 1986

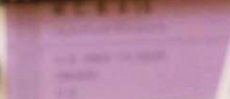
W C N A 16
AUG. 28, 29, 30 & 31st
LIVE FROM LONDON

AUGUST 16 1986
THE EMPIRE WAY WEMBLEY
LONDON

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DON

C.N.A

WORLD
CONVENTION



LIVE FROM W C W A . 1 6
28 · 29 · 30 · 31 AUGUST 1986

NOON 7
LONDON





W. C. N. A 16

Spiritual Brunch

9 A.M. SUNDAY 31ST AUGUST

CONCOURSE

£5.00

ADMIT ONE

**WORLD SERVICE CONFERENCE
OF NARCOTICS ANONYMOUS**

16155 Wyandotte Street
Van Nuys, CA 91406
(818) 780-3951



May 2, 1986

TO: ALL MEMBERS

FROM: WCNA-16

If you are going to attend the Convention in London please submit a Tape with name, address and phone number before June 30, 1986. This would greatly aide the London Committee in developing their program. Please indicate type of participation.

SPEAKER:

LEADER:

WORKSHOP:

LEADER:

SEND TO: PROGRAMMING COMMITTEE W.C.N.A. 16

FLAT 11 / 236 BAKER ST,

CHALFONT HOUSE

LONDON N.W.1

ENGLAND.

In loving service

W.C.N.A.16

VICE CHAIRPERSON.

Gwionne B.

REACH OUT-TOUCH SOMEONE !!!

Hospitals & Institutions Conference

Sponsored By E.C.W.A.S.C. Hosp. & Inst. Sub Committee

Saturday, December 7th

St. Mary's Catholic Church

Intersection of Hwys. 57 & 60, Grafton, WI

\$5.00 Donation \$3.50 Dance only

Workshops Start at 9:00 A.M.

5:00 P.M Real Chili Dinner

7:30 P.M.Speakers from Ohio and Chicago

Dance to follow until ??

Raffle for 2 Registrations & 2 Banquet Tickets

To WCNA 16 in 1986

Tickets \$2.00 each or 3 for \$5.00



Horse 414-233-1182
Fred S. 414-284-3798
Sandy G. 414-233-8505

EXPOTEL

HOTEL RESERVATIONS

Banda House
Cambridge Grove
Hammersmith
London W6 0LE
Tel 01-741 4411 Telex 896778

HOTEL BOOKING FORM FOR THE WORLD CONVENTION AT THE WEMBLEY CONFERENCE CENTRE 28-31 AUGUST 1986

The organisers of the Conference in conjunction with Expotel Hotel Reservations have negotiated SPECIAL DISCOUNTED RATES at hotel and academic accommodation with easy access to Wembley.

Please respond as early as possible to secure accommodation which has been arranged mainly in the three centres listed below. We reserve the right to provide a similarly priced alternative if these rooms are no longer available by the time your booking is received. Complete **either** the Hotel **or** University Booking Form.

	<i>Single room with bath</i>	<i>Twin room with bath</i>
A. LADBROKE INTERNATIONAL HOTEL Empire Way, Wembley Adjacent to the Conference Centre	£45.00	£54.00
B. LONDON WEST HOTEL Lillie Road, London SW6	£42.50†	£51.00†
C. UNIVERSITY OF LONDON Halls of Residence Off Tottenham Court Road, London W1	£12.50††	£12.50††

Please note university rooms are mainly without private bathroom

Payments to Expotel must be remitted in English pounds. Check with your local bank for actual exchange rate, as it is apt to change from day to day.

All the rates above include tax at 15%. The rates marked † include continental breakfast and †† English breakfast.

If you do not wish to book any of the hotels listed above, EXPOTEL will be pleased to book accommodations for you at ANY hotel of your choice.

HOTEL BOOKING FORM
WORLD CONVENTION
28-31 AUGUST 1986

To make your reservation, please complete this form and return as soon as possible to Expotel Hotel Reservations, Banda House, Cambridge Grove, London W6 0LE. Tel: 01-741 4411 Telex: 896778.

A deposit of £50.00 will be required in order to guarantee your accommodation. Please detail and mail this form together with bank draft or Eurocheque for the appropriate amount. Bank Drafts must be in Sterling payable to Expotel Hotel Reservations Ltd, and drawn on a London bank, preferably National Westminster Bank. Eurocheques payable in sterling to Expotel Hotel Reservations Ltd are also acceptable.

IN BLOCK LETTERS PLEASE

Surname Initials

Address

Country

Telephone No. Telex

Please reserve single rooms with private

bathroom for nights commencing

and twin rooms with private bathroom

for nights commencing

in the name(s) of

at (first choice)

..... (second choice)

Enclosed is a deposit of £

THE BALANCE OF YOUR ACCOUNT SHOULD BE
 SETTLED WITH THE HOTEL ON DEPARTURE

Signed Date

UNIVERSITY ACCOMMODATION
BOOKING FORM
WORLD CONVENTION
28-31 AUGUST 1986

To make your reservation, please complete this form and return to Expotel Hotel Reservations, Banda House, Cambridge Grove, London W6 0LE. Tel: 01-741 4411 Telex: 896778.

IMPORTANT: TO BE ASSURED OF UNIVERSITY ACCOMMODATION PLEASE RETURN THIS FORM TO EXPOTEL BY FEBRUARY 15th.

IN BLOCK LETTERS PLEASE

Surname Initials

Address

Country

Telephone No. Telex

Arrive (Date and approximate time)

Depart (Date)

Rooms should be vacated by 10.00 am on morning of departure.

No. of Rooms at £12.50 per night x number of nights =

TOTAL £

TERMS AND CONDITIONS

Full payment in sterling will be required to guarantee your accommodation. Please mail this form together with bank draft or Eurocheque for the appropriate amount. Bank drafts must be in sterling payable to Expotel Hotel Reservations drawn on a London bank, preferably National Westminster Bank. Eurocheques payable in sterling also to Expotel Hotel Reservations Ltd. Reservations will not be confirmed without the correct amount enclosed.

Cancellations and amendments must be made through this office.

For cancellations and amendments reducing room numbers, the following penalties will apply.

PRIOR TO MAY 1st

A cancellation charge of £12.50 per room will be levied.

AFTER MAY 1st

No refunds can be offered after this date.

Signed Date

LIVE FROM LONDON 86

Expotel Hotel Reservations, in conjunction with Narcotics Anonymous England, have already secured bedroom allocations throughout central London.

Expotel will be offering a wide range of accommodation for campus to de-luxe hotels. Coach transfer will be provided from the hotels to the Convention.

We can ensure that all Convention visitors' requirements are met in full. Your early attention to this matter will help us to help you.

We would like to ascertain the type of accommodation you would wish to book and examples of price bands are given below:-

- A Campus** From £15.00 per person in a single room, including tax, service and English breakfast.
- B 3 Star Hotel** From £33.50 per person in a single room, including tax, service and English breakfast.
- C 4 Star Hotel** From £30.00 per person in a twin room, including tax and service.
From £50.00 per person in a single room, including tax and service.
- D Executive Class** From £37.00 per person in a twin room, including tax and service.
From £64.00 per person in a single room, including tax and service.

With the exception of the Campus accommodation, the above rates are for rooms with bath.

Expotel also has a network of agents worldwide through whom you will be able to book a complete travel package, including your flight, accommodation and transfers, etc.

Please send the completed form below, indicating the type of accommodation you require to:

Expotel Special Events Department, Banda House, Cambridge Grove, Hammersmith, London W6 0LE, U.K.

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LIVE FROM LONDON 86

I hope to attend Live From London 86 and will need the following type of accommodation:

Type A rooms in total for _____ nights, commencing _____

Type B rooms in total for _____ nights, commencing _____

Type C single/twin rooms in total for _____ nights, commencing _____

Type D single/twin rooms in total for _____ nights, commencing _____

or, I would prefer to contact one of your agents for a complete package

Name of Organisation NA Contact

Full Postal Address

Telephone Telex

Signed Date

LIVE FROM LONDON

* OPEN & CLOSED MEETINGS *

OPEN MEETINGS

MEETINGS MARKED OPEN ARE OPEN TO ANYONE,

CLOSED MEETINGS.

MEETINGS MARKED CLOSED ARE FOR ADDICTS, AND THOSE WHO THINK THEY MAY HAVE A PROBLEM WITH DRUGS.

ANY MEETING NOT MARKED OPEN SHOULD BE ASSUMED TO BE A CLOSED MEETING.

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NA - UK Where To Find AUTUMN 1986

Offices:

NA LONDON P.O. Box 246, London SW10. Telephone 01-351 6794/6066.
NA BRISTOL P.O. Box 285, Bristol BS99 7AS Telephone 0272-40084
NA IRELAND P.O. Box 1368, Sherriff Street, Dublin 1, Ire. Contact: James (Dublin) 809345 (home), 748511 (work).

London NA Meetings

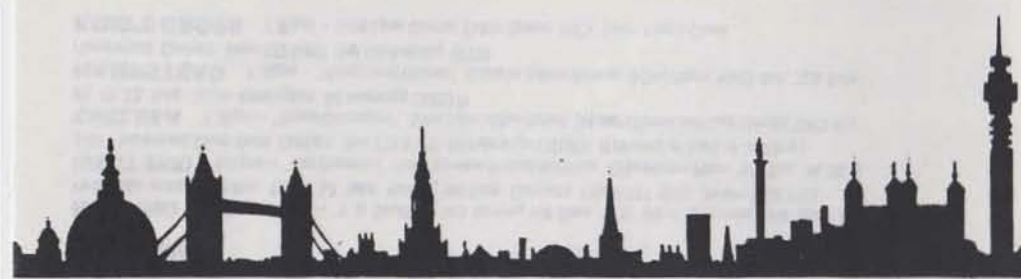
MONDAY

CHELSEA 1.00pm - "First 4 Steps": Chelsea Red Cross Centre, 67 Old Church Street, SW3. Bus: 11, 19, 22, 49. Tube: Sloane Square. Contact: Annie 352 1294.
CHELSEA 8.00pm - "First Aid Step": Chelsea Red Cross Centre, 67 Old Church Street, SW3. Bus: 11, 19, 22, 49. Tube: Sloane Square. Contact: Lisa 584 1487.
CHARING CROSS 7.00pm - "Mean Streets": The Crypt, St Martins-in-the-Fields Church, Trafalgar Square, SW1. Tube: Charing Cross or Leicester Square. Contacts: Jamie 221 4983; Melissa 836 4501 (day) 581 2251 (evening). 1st Monday OPEN. No meetings on Bank Holidays.
DAGENHAM 7.30pm - Saint Peter's Church, Goresbrook Road, Dagenham. Tube: Dagenham. Contacts: Kevin 250 3891; Lawrence 472 4658 (day) 500 7408 (evening). All meetings OPEN.
RICHMOND 8.00pm - Room 20 Adult Education College, Parkshot, Richmond, Surrey. (Next to Magistrates Court, near Richmond Station.) Contact: Steven 891 6864.
SWISS COTTAGE 7.30pm - "Steps 1, 2 and 3": Swiss Cottage Community Centre, 19 Winchester Road, NW3. Bus: 2, 31, 113, 13. Tube: Swiss Cottage. Contacts: Roger 435 8458 (evening) 636 5992 ext. 39 (day); Cathy 722 6067 (evening). All meetings OPEN.
8.00pm - Discussion: 2nd Floor, Winchester Project, Winchester Road, NW3 (next to Community Centre). Bus: 2, 31, 113, 13. Tube: Swiss Cottage.
HAMMERSMITH 7.30pm - Outpatients Room, 3rd Floor, North Wing, Charing Cross Hospital, Fulham Palace Road, W6. Tube: Hammersmith. Contact: Tom B. 741 2061.

TUESDAY

CHELSEA 1.00pm - "New Freedom": Chelsea Red Cross Centre, 67 Old Church Street, SW3. Bus: 11, 19, 22, 49. Tube: Sloane Square. Contacts: Gerrard 351 0443 (day); Nick 352 6491 (evening). 1st and 2nd Tuesday OPEN.
WEST HAMPSTEAD 3.00pm - "Street Wise": Kings Gate Community Centre, Kings Gate Road, NW6. Tube: West Hampstead or Kilburn. Bus: 16, 8, 28, 159. Contacts: Raf 580 0951; Liz 624 8884.
EARL'S COURT 7.30pm - "Women's Meeting": Response Book Shop, 300 Old Brompton Road, Earl's Court, SW5. Bus: 30, 31, 74. Tube: Earl's Court. Contacts: Lynn 584 3400; Annabel 743 3773; Alex 602 0294. 1st Tuesday OPEN.
ELEPHANT AND CASTLE 7.30pm - "We're Not All Saints": The Undercroft, Cathedral Yard, St George's Cathedral, Westminster Bridge Road, SE1. Buses: many. Tube: Lambeth North. Contacts: Steve 870 2554; Adam 720 3594. No meeting on Tuesday before Easter and Xmas.
HAMPSTEAD 7.30pm - Hampstead Step. Citizens Advice Bureau, 9 Oriel Place, NW3. Bus: 268. Tube: Hampstead.
HOLBORN 7.00pm - "Inner London": Inner London Probation Office, 10 Rathbone Place, W1. Bus: 14, 28, 8. Tube: Tottenham Court Road. All meetings OPEN. (Entrance at back of building.)
HOXTON 7.30pm - St. Leonard's Hospital, Nuttall Street, Hoxton, N1. Contacts: Clive 740 7056; Stuart 370 0478.
NOTTING HILL 7.00pm - "We Do Recover": 143 Notting Hill Gate, W11. (Next to Verbanella restaurant and Camden Hill Road.) Bus: 12, 88, 52. Tube: Notting Hill Gate. Contacts: Johnny 603 2555; Russel 504 5939 (evening) 508 9157 (day). All meetings OPEN.
NOTTING HILL 7.30pm - Non-Restrictive Gay Meeting, Saint Peter's Church Hall, Portobello Road, W11. Contacts: Jamie 727 1437; David R 229 2137; David P 272 4505.
UXBRIDGE 7.30pm - Room 8, Christ Church, Redford Way (opposite bus station, near Uxbridge tube station) Contact: Chris 960 6448.
FULHAM 7.30pm - "Surrender To Win": Saint Dionis Church Hall, St Dionis Road, Parson's Green, SW6. Bus: 14, 22. Tube: Parsons Green. Contacts: Max 731 2452; Miles 731 7285.

TUES..7.30pm..'Boy's Own', Non Restrictive Mens Meeting, Church Rooms, St. Mary's, The Boltons, S.W.7.. Tube:Earls Court. Contact; Adam:586-8018.



SATURDAY

CHELSEA 12 noon - "Early Risers": Basement of Welsh Methodist Chapel, Radnor Walk, SW3. Bus: 19, 22, 11. Tube: Sloane Square. Contact: Andrew 794 5160. All meetings OPEN.

CHELSEA 12.30pm - "Saturday Step": entrance door adjacent to... Saint Mary's Church Rectory, Draycott Terrace, SW3. Tube: Sloane Square. Bus: 11, 22, 19, 137. Contact: Hassan 584 3875.

WEST HAMPSTEAD 12 noon - West Hampstead Community Association, 62 Mill Lane, NW6. Bus: 16, 28, 159. Tube: West Hampstead or Kilburn. Contacts: Andy & Benita 794 2707; Micky 435 3756. All meetings CLOSED.

HAMPSTEAD 11.30pm - "Late Night": Citizens Advice Bureau, 9 Oriel Place, NW3. Tube: Hampstead. Bus: 268. Contact: Sally 455 7281.

CHELSEA 5.00pm - "Chapter Ten": Chelsea Red Cross Centre, 67 Old Church Street, SW3. Bus: 11, 19, 22, 49. Tube: Sloane Square. All meetings OPEN.

EALING 7.30pm - "Southall Survivors": Blenheim Ward, St Bernard's, Ealing Hospital, Uxbridge Road, Southall. Tube to Ealing Broadway then bus: 83 or 207. All meetings OPEN.

WIMBLEDON 7.30pm - Room C, Community Centre, 28 St George's Road, Wimbledon, SW19. Tube and British Rail Stations: Wimbledon. Contact: Dave 641 2634.

SOUTH KENSINGTON 7.30pm - Consultants Meeting Room, St Stephen's Hospital, Fulham Road, SW10. Bus: 14. Tube: South Kensington or Fulham Broadway.

CHELSEA 4.00pm - Basement of Welsh Methodist Chapel, Radnor Walk, SW3. Bus: 19, 22, 11. Tube: Sloane Square.

SUNDAY

SOUTH KENSINGTON 1.30pm - Consultants Boardroom, St Stephen's Hospital, Fulham Road, SW10. Bus: 14. Tube: South Kensington.

CHELSEA 3.00pm - "Come To Believe" (Steps 3 and 11): St Luke's Church Hall, St Luke's Street (off Cole Street) SW3. Bus: 49, 19, 22. Tube: South Kensington. Contact: Max 731 2452. All meetings CLOSED.

CHALK FARM 3.00pm - 2nd Floor, Winchester Project, Winchester Road, NW3 (next to Community Centre) NW3. Bus: 2, 31, 113, 13. Tube: Swiss Cottage. Contact: Adam 586 8018. All meetings OPEN.

BLACKFRIARS 7.00pm - "Blackfriars Step": John Marshall Hall, 27 Blackfriars Road, SE1 (Opposite Southwark College). Contact: Kevin 701 4228.

CHELSEA 7.30pm - "There Is Hope": Chelsea Red Cross Centre, 67 Old Church Street, SW3. Bus: 11, 19, 22, 49. Tube: Sloane Square. Contacts: Lisa 584 1487; Dario 373 4611. All meetings OPEN.

HAMPSTEAD 8.00pm - Citizens Advice Bureau, 9 Oriel Place, NW3. Tube: Hampstead.

NOTTING HILL 7.30pm - "First And Last": Bridge House, Kingsland Close (St Mark's Road), W11. Bus: 7, 15, 18, 23, 52, 295. Tube: Latimer Road. Contact: Johnnie 603 2555. All meetings OPEN.

*****UPDATE*****

VICTORIA...MON..12.45pm..METHODIST CHURCH, OFF SUTHERLAND STREET, S.W.1. contacts; RICHARD/ANTHONY: 01-834-6490.

WORLDS END.. MON..6.15pm."BEGINNERS MEETING", ST.JOINS PIAZZA CHURCH HALL (UPSTAIRS), KINGS RD., CHELSEA, S.W.3.

WEST HAMPSTEAD..FRI..8.00pm.. "HOPE WITHOUT DOPE", SPEAKER/DISCUSSION MEETING, WEST HAMPSTEAD COMMUNITY ASSOCIATION, 62, MILL LANE, N.W.6..CONTACT: JENNIFER: 267-9169. BUSES: 16; 28; 159; TUBE: WEST HAMPSTEAD OR KILBURN.

LADBROKE GROVE..THURS..7.30..PSYCHIATRIC UNIT, ST.CHARLES HOSPITAL, LADBROKE GROVE, W.10.

WALTHAMSTOW..SAT..12.30pm ..ST.MARY'S OLD SCHOOL, ST.MARY'S CHURCH, CHURCH HILL, WALTHAMSTOW, E.17..TUBE: WALTHAMSTOW CENTRAL (VICTORIA LINE). CONTACTS: MICHAEL: 521-2312; HEATHER: 523-1083.

GOLDERS GREEN ..6.30pm SAT..GOLDERS GREEN PARISH CHURCH, (VESTRY ENTRANCE), NORTH END ROAD, GOLDERS GREEN. OPPOSITE HIPPODROME. CONTACT: ANDY 625-5769. TUBE: GOLDERS GREEN, BUS 28.

TELEPHONE NUMBERS

NA Meetings - Outside London

For Wales see: Aberystwyth, Denbigh, Swansea.

For Scotland see: Ayr, Dunfermline.

For North Midlands/North of England see: Birkenhead, Blackpool, Carlisle, Liverpool, Manchester, Grimsby.

ABERYSTWYTH - Tuesday 7.30: Tuesday Step Meeting, The Convent, Llanbadarn Road, Aberystwyth, Dyfed, Wales. Contacts: Jane & Peter (0970) 3768; Joe (Aberystwyth) 611127. All meetings CLOSED.

Thursday 7.30pm: Day Centre, Park Avenue, Aberystwyth, Dyfed, Wales. Contact: Peter 0970 3768.

Saturday 3.00pm: Discussion Meeting, The Convent, Llanbadarn Road, Aberystwyth, Dyfed, Wales. Contacts: same as for Tuesday Step. 1st Saturday OPEN.

AYR - Thursday 7.30pm: The Academy, Fort Street, Ayr, Strathclyde, Scotland. Contacts: Bob (Ayr) 284178; David (Ayr) 286511.

BASINGSTOKE - (Contact: Sally 0256-55391)

BATH - Wednesday 8.00pm: Recovery Discussion Meeting, 3 Abbey Green, Bath, Avon. Contacts: Richard (0225) 333225; Jude (0225) 6590. 1st Wednesday STEP, 3rd Wednesday OPEN.

Saturday 7.30pm: Share Meeting, Bath Central Club, 6 Upper Borough Walls, Bath, Avon. Contacts: Richard (0225) 333225; Jude (0225) 6590. 1st Saturday OPEN.

BLACKPOOL - Tuesday 8.00pm: Upstairs Lounge, Mind Social Centre, North Shore Methodist Church, Dickson Road, Blackpool, Lancashire. Contact: Barbara (0253) 695622.

Nr. BOURNEMOUTH - BLANDFORD FORUM - Monday 7.30pm: Meeting Hall, Parish Rooms, Blandford Forum, Dorset. Contact: Keith Blandford 51029.

BRIGHTON - Tuesday 7.30pm: Allen Centre, 60 Sackville Gardens, Hove, Nr Brighton, Sussex. Contacts: Peter (0273) 739335.

Thursday 7.15pm: St Anne's Convent, Lansdowne Road, Hove, Nr Brighton, Sussex. Contacts: Peter (0273) 739335.

Sunday 7.30pm: Drug Advisory Information Service, Cranbourne Street (off West Street), Brighton, Sussex.

BRISTOL - Contacts: NA Bristol office 0272 40084; Steve 0272 422131; Caroline/Sarah 0272 743273.

Monday 7.30pm: 3rd and 11th Step meeting, Friends Meeting House, Hampton Road, Redland. CLOSED.

Tuesday 7.30pm: Step/Traditions meeting, Hope Centre, Hopechapel Hill, Hotwells, Bristol, Avon. Last Tuesday OPEN.

Thursday 7.30pm: Discussion meeting, 103 Queens Road, Clifton, Bristol, Avon. All meetings CLOSED.

Friday 7.30pm: Share meeting, Victoria Methodist Church, Whiteladies Road, Bristol, Avon. All meetings OPEN.

Sunday 6.00pm: Recovery meeting, Albany Centre, Shaftesbury Avenue, Montpelier, Bristol, Avon. All meetings OPEN.

CALNE - Thursday 7.45pm: Share Meeting, Baptist Church, Castle Walk, Calne, Wiltshire. Contact: Carrie (0249) 812934. All meetings OPEN.

CAMBOURNE - Monday 7.30pm: Meneghy House, East Hill, Tucking Mill, Cambourne, Cornwall. Contact: Janet 0209 717375. Last Monday OPEN.

CANTERBURY - Contact: Paul Faversham (0795) 533891.

CARLISLE - Monday 7.30pm: YMCA, Fisher Street, Carlisle, Cumbria. All meetings CLOSED.

COLCHESTER - Tuesday 7.30pm: Friends Meeting House, Church Street, Colchester, Essex. Contacts: Andy (0206) 561455; James (0206) 322110.

Saturday 7.30pm: The Council for Voluntary Services Office, 4 Trinity Street, Colchester, Essex. Contacts: Andy (0206) 561455; James (0206) 322110.

CRAWLEY - Monday 7.30pm: The Weald, Crawley Hospital, Crawley, West Sussex. Contacts: John and Mick 0403 57751; John 0403 40366.

CROYDON - Wednesday 7.30pm: Rees House, 2-4 Morland Road, East Croydon, Surrey. Contact: Andy 228 0396.

DENBIGH - Monday 1.00pm: Share Meeting, Special Unit, North Wales Hospital, Denbigh, Clwyd, Wales. All meetings CLOSED.

DUNFERMLINE - Thursday 6.00pm: Saint Margaret's Church Hall (side door opposite Carnegie Hall), Dunfermline, Fife, Scotland. Contact: Jenny (0383) 737782.

FALMOUTH - Thursday 7.30pm: Discussion Meeting, Killigrew Centre, Killigrew Street, Falmouth, Cornwall. Contacts: Richard (0872) 501645; Jane (0872) 317386.

GLASGOW - Monday 7.30pm: Charing Cross Clinic, 8 Woodside Crescent, Charing Cross, Glasgow. Contacts: Betty 041-440 0570.

GLOUCESTER - Wednesday 8.00pm: Horton Road Hospital, Gloucester, Gloucestershire. Contact: (ask for NA member) (0452) 26329. All meetings OPEN.

GRIMSBY - Thursday 8.00pm: Eleanor Street Centre, Grimsby, Humberside.

GUILDFORD - Thursday 8.00pm: Christchurch Hall, Waterden Road, Guildford, Surrey. British Rail to Guildford. Contact: Hugo (0428) 53567.

Sunday 4.00pm: Guildford Counselling Services, 98 High Street (above Peter Lords), Guildford, Surrey. Contact: Hugo 0428 53567.

HAYLING - Sunday 8.00pm: United Reform Church (corner of Hollow Lane and Elm Grove), Hollow Lane, Hayling, Hampshire. Contact: Andrew (0705) 463826 (home) or ask for Dr Stratford (0705) 466216 (work).

INVERNESS - Sunday 7.30pm: Adult Training Centre, Bruce Gardens, Inverness, Scotland. Contact: Liz (Inverness) 792152.

MANCHESTER - Monday 7.30pm: Central Hall, Oldham Street (near to Woolworths), Manchester. Contact: John (061) 485 6644; Dave & Rod (061) 688 7189.

Thursday 7.30pm: Presbytery of Church of the Holy Name, (opposite Manchester University Students Union), Oxford Road, Manchester. Contacts: John (061) 485 6644; Peter (061) 485 1512.

Friday 7.30pm: Central Hall, Oldham Street, (Nr Woolworths), Manchester. Contacts: Pete 061-485 1512, Dave 061-941 1949.

NORWICH - Wednesday 8.00pm: Tackle Shop, 11a St Giles Street, Norwich, Norfolk. Contacts: Jeremy (Norwich) 614993; Alex (Norwich) 665627; Bill (Norwich) 403670.

OXFORD - Tuesday 7.30pm: Blacktnars, 64 St Giles, Oxford. Contact: Andy (0865) 722517.

PENZANCE - Thursday 7.30pm: The Breadline Project, Bread Street, Penzance. OPEN

PLYMOUTH - Tuesday 7.30pm: Swathmore Centre, Mutley, Plymouth, Devon. Contact: Michael 056685-421.

Wednesday 7.30pm: Welcome Hall, back of Fore Street, Davenport, Plymouth. Contact: Zarena (0752) 671217.

Friday 7.30pm: Virginia House, Peacock Lane, The Barbican, Plymouth, Devon.

Sunday 7.30pm: "Sunday Serenity", Virginia House, Peacock Lane, The Barbican, Plymouth. Contact: Michael (056685) 421. All meetings OPEN.

READING - Thursday 8.00pm: 2 Sackville Street (off Friar Street and near Sainsbury's), Town Centre, Reading, Berkshire. Contact: Liz (0734) 580690.

NR. REDRUTH - Monday 7.30pm: Meneghy House, East Hill, Tucking Mill, Cambourne, Cornwall. Contact: Janet 0209 717375. Last Monday OPEN.

SALISBURY - Tuesday 7.30pm: Harcourt House, Mill Road, Salisbury, Wiltshire

SLOUGH - Friday 7.30pm: Public Hall, Hershall Road, Slough, Buckinghamshire. Contact: David (Slough) 75146; Sue (Slough) 21636.

SWANSEA - Friday 8.00pm: Friends Meeting House (opposite YMCA), Page Street, Swansea, West Glamorgan, Wales. Contact: Rosemary (0792) 205690.

TORQUAY - Monday 7.30pm: Share/Discussion Meeting, Room 6, Central Church, Torquay, Devon. Contact: Anna (0803) 313201.

Thursday 7.30pm: Unemployment Centre, Town Centre, Torquay, Cornwall. Contact: Mathew (Teignmouth) 2400.

WESTON-SUPER-MARE - Contact: Steve (0934) 28548

Monday 7.30pm: Step/Share Meeting, YMCA, High Street, Weston-Super-Mare, Avon. CLOSED

Tuesday 12 noon: Topic Meeting, Friends Meeting House, Oxford Street, Weston-Super-Mare, Avon. OPEN

Wednesday 7.30pm: Share Meeting, Corpus Christi, Ellenborough Park South, Weston-Super-Mare, Avon. 2nd week of month OPEN

Friday 7.30pm: Discussion Meeting, YMCA, High Street, Weston-Super-Mare, Avon. CLOSED

Sunday 7.30pm: Share Meeting, Corpus Christi, Ellenborough Park South, Weston-Super-Mare, Avon. 4th week of month OPEN

***** UPDATE *****

BIRMINGHAM...Monday 8.00pm, Trinity Night Shelter, Camphill, Birmingham.

BIRMINGHAM...Friday 8.00pm, St. Chads (hall at rear), Queensway, Central Birmingham

HIGH WYCOMBE..Wednesday 7.30pm, The Priory Centre, 11, Priory High Wycombe, Bucks.

SUDBURY..Thursday 7.30pm, The Presbytery, Our Lady & St John The Evangelist Church, The Croft, Sudbury, Suffolk. Contact: Andy 0206 561455.

***** FURTHER UPDATE OVERLEAF *****

PRESTON...Friday 8.00pm - 10.00pm, Clayton Brook Community Church, Great Greens Lane, Preston, Lancashire. Contacts: Barry - Preston 314471

LIVE FROM LONDON

* OPEN & CLOSED MEETINGS *

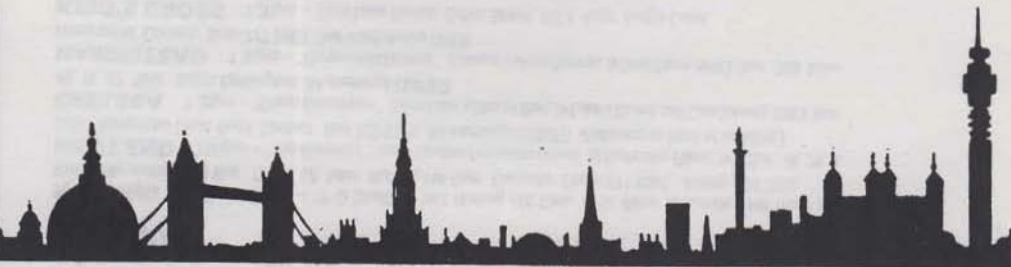
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LONDON W C N A I G LIVE FROM

Audio Bass Ltd. is recording this meeting. The actual presentation will be available a short time after each session. In order for us to provide your tapes at the end of the meeting, please order early. Thank you for your co-operation.

Programme of Recordings

THURSDAY 28 AUG.

GRAND HALL

TAPES 1-2 WELCOME MEETING 3.00-5.30
TAPES 3-4 SPEAKER MEETING 7.30-10.00

FRIDAY 29 AUG.

AVON SUITE

TAPE 5 SPEAKER MEETING 9.00-10.30
TAPE 6 SPEAKER MEETING 11.00-12.30
TAPE 7 SPEAKER MEETING 2.00-3.30
TAPE 8 SPEAKER MEETING 4.00-5.30

SEVERN SUITE ROOM 1

TAPE 9 FRIENDSHIP 9.00-10.30
TAPE 10 SPONSORSHIP/SPONSEESHIP 11.00-12.30
TAPE 11 THE RISK FACTOR 2.00-3.30
TAPE 12 LIGHTEN UP/BRIGHTEN UP 4.00-5.30

SEVERN SUITE ROOM 2

TAPE 13 REGIONAL OFFICES 9.00-10.30
TAPE 14 INTERNATIONAL COMMITTEE 11.00-12.30
TAPE 15 H & I 2.00-3.30
TAPE 16 WORLD SERVICE OFFICE 4.00-5.30

JOHN PAGE SUITE

TAPE 17 SELF WORTH 9.00-10.30
TAPE 18 MONEY, SEX, GAMBLING, FOOD, DRUGS-THE ILLNESS 11.00-12.30
TAPE 19 PHYSICAL ILLNESS IN RECOVERY 2.00-3.30
TAPE 20 YOU DON'T HAVE TO LIKE EVERYONE 4.00-5.30

WARWICK SUITE

TAPE 21 PUBLIC INFORMATION 9.00-10.30
TAPE 22 FAMILIES IN RECOVERY 11.00-12.30
TAPE 23 SPIRITUAL PRINCIPLES NOT LAWS 2.00-3.30
TAPE 24 EMPLOYMENT, UNEMPLOYMENT IN RECOVERY 4.30-5.30

THAMES SUITE

TAPE 25 BANQUET SPEAKERS

SATURDAY 30 AUG.

GRAND HALL

TAPES 26-27 WORLDWIDE SPEAKER MEETING 10.00-12.15
TAPES 28-29 DIVERSITY IN UNITY MEETING 2.15-4.30
TAPE 30 SPEAKER MEETING 7.30-9.00

AVON SUITE

TAPE 31 INTIMATE RELATIONSHIPS 9.00-10.30
TAPE 32 SEXUALITY 10.45-12.15
TAPE 33 JUST LIST 2.15-3.45
TAPE 34 GOD 4.00-5.30
TAPE 35 FEELINGS AND BEING HUMAN 5.45-7.15

SEVERN SUITE ROOM 1

TAPE 36 STEPS 1, 2 & 3 9.00-10.30
TAPE 37 STEPS 4 & 5 10.45-12.15
TAPE 38 STEPS 6 & 7 2.15-3.45
TAPE 39 STEPS 8 & 9 4.00-5.30
TAPE 40 STEPS 10, 11 & 12 5.45-7.15

SEVERN SUITE ROOM 2

TAPE 41 TRADITIONS 1, 2 & 3 9.00-10.30
TAPE 42 TRADITIONS 4 & 5 10.45-12.15
TAPE 43 TRADITIONS 6 & 7 2.15-3.45
TAPE 44 TRADITIONS 8 & 9 4.00-5.30
TAPE 45 TRADITIONS 10, 11 & 12 5.45-7.15

JOHN PAGE SUITE

TAPE 46 IT DOESN'T MATTER WHAT OR HOW MUCH WE USED 9.00-10.30
TAPE 47 MAKING A COMEBACK 10.45-12.15
TAPE 48 NORMAL LIVING AND COMPLACENCY 2.15-3.45
TAPE 49 ATTITUDES IN SERVICE 4.00-5.30

WARWICK SUITE

TAPE 50 HOW TO 12TH STEP AN ADDICT 9.00-10.30
TAPE 51 RECOVERY A SOAP OPERA? 10.45-12.15

SUNDAY 31 AUG

GRAND HALL

TAPES 52-53 FAREWELL MEETING

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28 · 29 · 30 · 31 AUGUST 1986

CONVENTION HIGHLIGHTS
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Cheques made payable to WCNA-16

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No. of registrations @ \$30/35 per person.
Total \$ _____

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Total \$ _____

Vegetarian: Yes /No
Donation to Newcomer Fund Total \$ _____

Grand Total \$ _____

Tick here if you wish to speak at a meeting (submit tape)
If registering for more than one person, please list their names:

NAME _____
ADDRESS _____

COUNTRY _____ TELEPHONE _____

For your convenience, WCCNA has made arrangements with Cardillo Travel Systems, Inc., to assist members with transportation to London and any extended vacation plans you have in mind. Toll-free: in California 1-800-421-7338, outside California, including Hawaii and Alaska 1-800-421-7337. Hotel reservations can also be made through Cardillo, if you desire to pay for hotel and travel with one check in U.S. currency. Only those hotel reservations made through Exotel or Cardillo will be guaranteed for the rooms and the rates at the hotels listed.

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LIVE FROM **W.C.N.A. 16** LONDON
28 · 29 · 30 · 31 AUGUST 1986
WEMBLEY CONFERENCE CENTRE · EMPIRE WAY · WEMBLEY



LONDON

W.C.N.A. 16 REGISTRATION
16155 Wyandotte Street
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(Convention dates Aug. 28 - 31)

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LONDON

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**LIVE FROM
LONDON**



W.C.N.A. 16



**VOTE
FOR
LONDON '86**

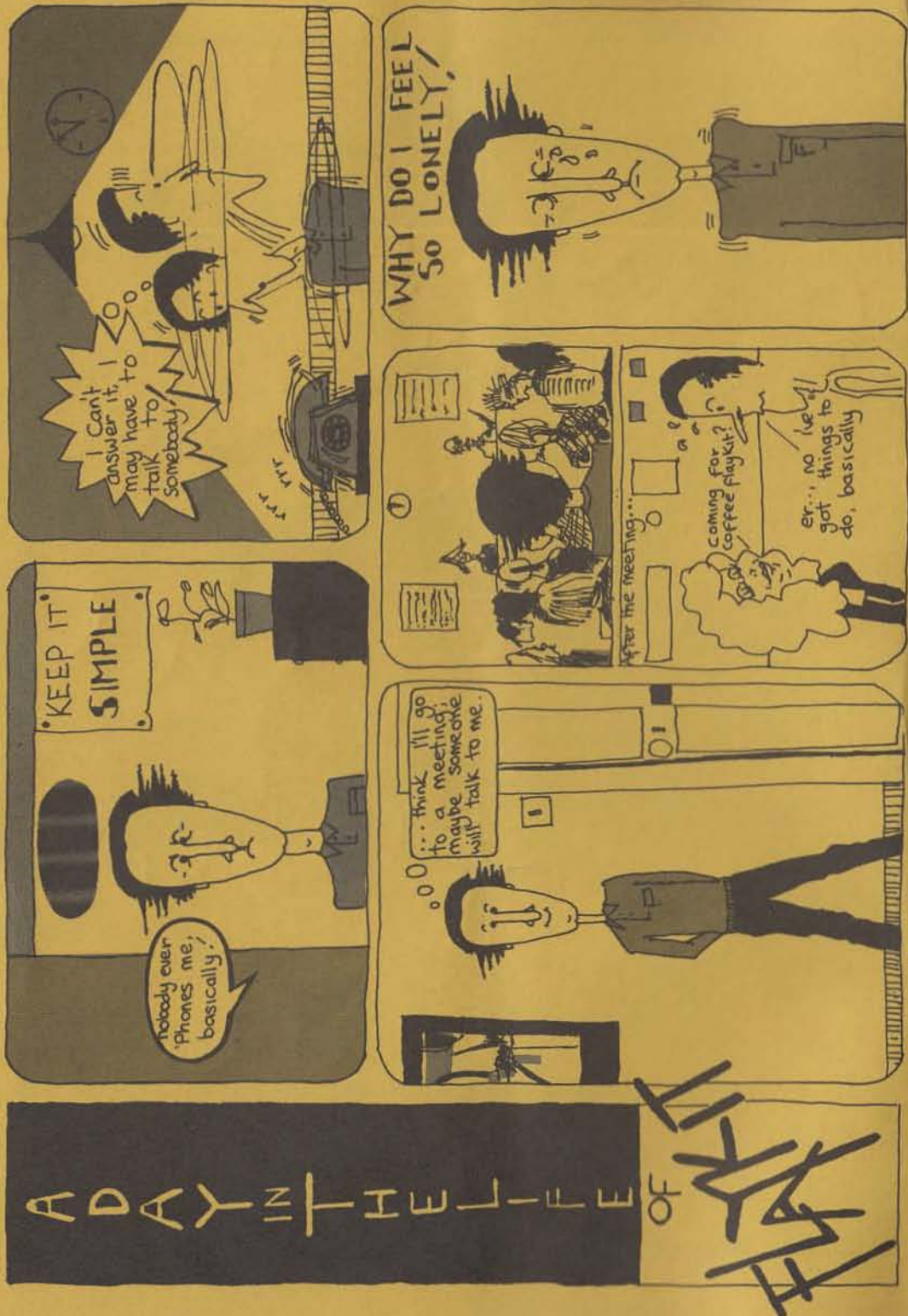


CLEAN TIMES

LONDON · AUGUST · 1986



**CONVENTION SPECIAL~
ISSUE NO. 1**



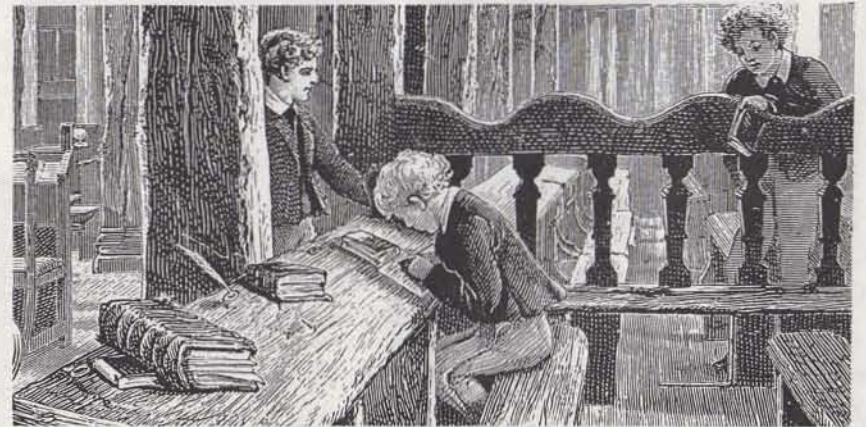
WELCOME

WELCOME TO THE FIRST ISSUE OF THE LONDON REGIONAL NEWSLETTER "CLEAN TIMES", AND A SPECIAL HELLO TO EVERYONE WHO HAS TRAVELLED FROM AFAR TO BE WITH US AT WCNA 16.

THIS IS YOUR NEWSLETTER AND WE NEED YOUR INPUT AND SUPPORT TO SURVIVE - IE: ANNOUNCEMENTS, AREA REGIONAL AND WORLD N.A. NEWS, LETTERS, SLOGANS AND PERSONAL STORIES, LITERATURE AND MATERIAL FROM OTHER N.A. NEWSLETTERS/MAGAZINES, NEW MEETINGS AND THOSE NEEDING SUPPORT, CONVENTIONS, WORKSHOPS AND ANYTHING ELSE THAT FIRES YOUR IMAGINATION.

WE WOULD LIKE TO THANK EVERYONE WHO HAS CONTRIBUTED TO THIS NEWSLETTER - PLEASE KEEP IT COMING.

Ad Hoc Newsletter Cmte.



" Maybe we should get some more people involved in this newsletter."
 * * * * *

THE NEWSLETTER COMMITTEE IS BEING FORMED AND ELECTIONS HELD ON SATURDAY SEPTEMBER 6 AT THE RED CROSS CENTRE, OLD CHURCH ST, CHELSEA - 2.30pm. WE NEED ALL THE HELP WE CAN GET.

When I was using, I often kidded myself that I was living on the extreme edges of life. I pretended to believe that that was where the "truth" lay, and that leading a balanced, "normal" existence was tantamount to dying.

I couldn't see that my precious extremes were ones of artificial pleasure on the one hand, fear and self-obsession on the other. (To put it another way, I was either high or very low indeed.)

The longer I'm around N.A. and discovering myself through the steps, the more the concept of balance seems crucial to my recovery. The following examples of balance are simply ones which have occurred to me over the last few months.

A balance between receiving and giving: Before I joined N.A., all I did was take. The first time I really allowed myself to receive was when I asked people how they stayed clean. When God had removed my obsession to use, I discovered gratitude but started trying to give away more than I had to spare. Today I work for a balance between getting and giving help.

A balance between acceptance of self and the desire to change: When I joined N.A., members gently and lovingly informed me that if I wanted to recover I would have to change into a completely different person - one short day at a time! Once I'd felt a sincere desire to change, I wanted it to happen overnight. Slowly I learned that I was right where I was supposed to be, and that, for right now, I must accept myself as I am. In his own good time, God would change me into what he wanted me to be.

A balance between looking inwards and looking outwards: As a newcomer, I had to look outwards - there weren't any answers inside. Working the steps, however, opened me up to a higher power (aka God) and that power gave me the capacity to be (relatively) honest with myself inside. For me there has to be a balance between getting help from others and getting quiet with myself in prayer/meditation/daily inventory (steps 10 & 11).

A balance between bad memories of using and thinking I'm cured: It is vital that I never forget the horrors my drug use put me through, but at the same time I need not obsess about them. God lifted me out of that prison when I asked him to.

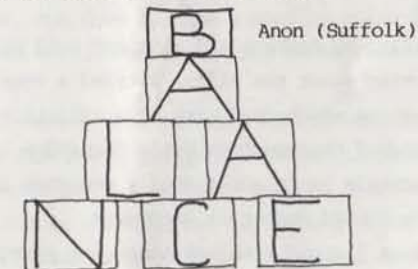
A balance between having confidence in my own judgement and keeping an open mind: The programme gave me self-worth and the choice to think for myself. I no longer have to people-please by agreeing with what you say. At the same time, I don't need to be dogmatic about MY opinions - allowing for the possibility that I might be wrong (God forbid!) never does me any harm.

A balance between lack of consideration and obsession with what you think of me: Before N.A., either I didn't give a damn what you thought or I was so preoccupied by your opinion of me that I never risked anything. Today, with the programme, I'm OK and you're OK. I try to weigh something up if there's a chance of hurting or inconveniencing you, but I don't let it paralyse me into doing nothing.

A balance between enthusiasm and "talking low": Once I'd surrendered to the fellowship, I became pretty passionate about it. More often than not it was just my ego talking - I've always been very loud in all my enthusiasms (as well as dislikes). Humiliation has taught me that few people give much of a toss what I think.

A balance between humour and seriousness: N.A. has taught me that there is a time for laughs and a time for being serious. If recovery was exclusively one or the other, I'd probably be using. Ideally, I take the programme dead seriously (since I'd be dead without it) but risk the occasional chuckle at my poor misunderstood self.

A balance between N.A. life and personal life: I like the joke about the "bridge to normal living" - the joke being that what is "normal" for us is to be unconscious, preferably comatose. Nevertheless, I do believe this programme gives me a crack at what everyone else out there has to deal with - reality, I think it's called. A little way into recovery, I experienced a growing awareness that my N.A. service commitments were not filling me with endless joy. The reason was that I had eight of them, and thus there was no time in which to experience the freedom N.A. was giving me. It's a hard lesson to learn, of course, but the disease of addiction blossoms just as colourfully in the area of service as it does in the area of narcotic drugs.



As I look through my windows of fear and dismay,
I see a world that is painful and grey.
For I have suffered a sorrow too deep to be told,
My hopes have been shattered and my heart's grown cold.
Alone I cannot dare face the hardships of life's road,
With my unaided strength, how can I ever try to face the load.
Life was so painful unbearably bitter and sad,
But I'm still in debt for the good times I've had.
I want to be held tight and loved and my illness healed,
But I can only wait and more will be revealed!

MAZ.

STARTING A MEETING ON YOUR OWN TAKES PATIENCE,
TENACITY AND PLENTY OF FAITH. JENNY FROM
DUNFERMELINE STARTED THE FIRST N.A. MEETING
IN SCOTLAND JUST OVER TWO YEARS AGO - NOW
THERE ARE EIGHT. HERE IS HER STORY.....

I was really beat with pills and booze and couldn't get clean. I had tried another Fellowship for eight and a half years but kept going back out. I didn't know I was an addict as I was prescribed the pills by doctors. Abusing them, yes - but not addicted.

Finally, my Sponsor and a friend told me to get honest and do something about the pills. I tried a couple of outside organisations who helped with drug addiction, but nothing worked. I got hold of the American A.A.'s Grapevine in May '84 and there was an article in it about dually addicted people and a 12 Step programme called Narcotics Anonymous.

At last I could see that there was something that might work for me. I knew A.A. worked for alcoholics - I had seen hundreds get sober through it. I had heard that there was an N.A. meeting in Scotland but that it had closed. There was another organisation called Drugs and Narcotics Anonymous (DANA) but they didn't have the 12 Steps.

However, they did have a piece of literature called "Am I an Addict?" with a 'phone number on the back. I rang, and although the person had moved they got in touch a few days later and I hitched down to London for the day a week later. I was too late to get to a meeting but met a couple of addicts before going back to Scotland.

The next day I tried a couple of places to get a meeting going and finally found the premises we have now. I wrote to America and they sent me a lot of literature and copies of the Recovery Text and kept in touch.

The meeting was opened on July 26 1984. Great - I was going to clean up Scotland. I put on two big urns of tea, set out 20 chairs and, having told quite a few people about the meeting, got myself dressed up and opened the doors at 6pm. A lady from the Samaritans came in and one young lad whose girlfriend had a problem. That was the biggest turnout at that meeting for a year.

I was grateful I had my Higher Power - God as I call him - and the 'phone calls and letters from all over the world to keep me going. Billy B from Airdrie came with a friend one night and wrote a lot. Bob from Ayr got a meeting going and Jim from Montrose came as well. Soon it started to be "our" meeting and not mine.

Liz from Inverness started hers, Andrew came to ours and started one in Buckhaven, Billy started one in Airdrie, the late Mary P started one in Glasgow, Eric and Cha started one in Edinburgh and Ann is starting one in Wishaw. We had one meeting in Scotland last year and now there are eight, even if they are all spread out. We try to meet every couple of months and we keep in touch by 'phone.

N.A. is growing in Scotland as it is all over the world. Thank you all for being there when I needed you.

Love and God Bless,
Jenny.



Lost without a Label

MY name is Grant and I'm an addict. Recently at the European Service Conference I heard a member of this Fellowship sharing on Service Orientated Recovery as opposed to Recovery Orientated Service. This disturbed me so much I feel it necessary to share my experience in writing to remind me of my mistakes.

When I first came into recovery staying clean was all I could concentrate on; just going to lots of meetings. Quite soon, however, I felt that my recovery would benefit from a girlfriend, so I went and got one. My Sponsor disagreed, so I sacked him. During the next six months I became more and more involved in this relationship outside the Fellowship. When we split up, I didn't know where to transfer my dependence. I soon found an answer - a service committee. I was elected chairperson of North West London A.S.C.

Chairing the area gave me all the escapism I needed; it fed my ego and proved that I belonged in this Fellowship. This discovery of "yet another form of escapism to hide in" led to an endless stream of ego positions in Service. The only problem was I had no Sponsor, wasn't looking at or working the steps, and I didn't feel that I needed to.

However, as tends to happen in my recovery, my Higher Power lent a helping hand. There were elections for the committee of W.C.N.A. 16, and then Regional Service Rep elections. I stood in both and wasn't elected. I felt rejected. I felt I didn't belong anymore. I hated my friends and almost completely stopped going to meetings.

You see, I put so much reliance on Service for my identity, I didn't know who I was without a label. I have just spent six months of emotional torment dealing with the pain of those elections. Yet with hindsight, a loving God expressed himself by not only teaching me the lesson I needed most - that N.A. could and would survive without me - but also that I could not survive without N.A.

The kick in the butt that I recieved from this has made me get a Sponsor, and do my fourth and fifth steps with him. I can see now how lucky I am to have survived. I have no regrets about these mistakes, because I believe I have learned something. I also believe my Higher Power never left me, just allowed me to prove to myself how egotistical, arrogant, selfish and manipulative I can be. He has also showed me how well the people I "competed" against are doing in those positions. I don't believe I could have done as well. They are a credit to this Fellowship, and I thank them for the selfless Service they do.

So, having completed my two-year program (I hope!) of Service Orientated Recovery, I hope (if asked) to continue to serve the Fellowship with Recovery Orientated Service, firm foundations and a loving God.

I have to learn to be Grant the recovering addict, not Grant the rep for this or chair for that. I just want to be accepted for who I am, not what I am.

In love,

Grant S. Recovering Addict.

MEETINGS UPDATE



LONDON

VICTORIA...MON 12.45...Methodist Church, Off Sutherland St, S.W.I.

Contacts: Richard/Anthony 834 6490.

WORLDS END...MON 6.15..."Beginners Meeting", St Johns Piazza Church Hall (Upstairs), Kings Rd, S.W.3.

EARLS COURT...TUES 7.30..."Boys Own", Non Restrictive Mens Meeting, Church Rooms, St Mary's, The Boltons, S.W.7. Contact: Adam 586 8018.

LADBROKE GROVE...THURS 7.30...Psychiatric Unit, St Charles Hospital, Ladbroke Grove, W.IO.

WEST HAMPSTEAD...FRI 8.00..."Hope Without Dope speaker/discussion meeting, West Hampstead Community Association, 62 Mill Lane, N.W.6. Contact: Jennifer 267 9169. Buses I6, 28, I59. Tube West Hampstead or Kilburn.

WALTHAMSTOW...SAT 12.30...St Mary's Old School, St Mary's Church, Church Hill, Walthamstow, E.I7. Contact: Michael 521 2312 or Heather 523 IO83. Tube Walthamstow Central.

GOLDERS GREEN...SAT 6.30...Golders Green Parish Church (Vestry entrance), North End Road, Golders Green (Opp Hippodrome). Contact: Andy 625 5769. Bus 28. Tube Golders Green.



OUTSIDE LONDON

PRESTON...FRI 8.00...Clayton Brook Community Church, Great Greens Lane, Preston, Lancashire. Contact: Barry - Preston 314471.

BIRMINGHAM...MON 8.00...Trinity Night Shelter, Camphill, Birmingham

BIRMINGHAM...FRI 8.00...St Chads (Hall at rear), Queensway, Central Birmingham.

HIGH WYCOMBE...WED 7.30...The Priory Centre, II Priory Rd, High Wycombe, Bucks.

SUDBURY...THURS 7.30...The Presbytery, Our Lady & St John The Evangelist Church, The Croft, Sudbury, Suffolk. Contact: Andy 0206 561455.

cont....



PORT TALBOT...WED 7.30...AFAN Alternative Building (behind Graddock Arms), Green Park Estate, Port Talbot, West Glamorgan, South Wales. Contact: Christina 0639 882448.

BOURNEMOUTH...WED 7.30...Drugs Advisory Bureau, Christchurch Rd, Bournemouth. All meetings closed.

BOURNEMOUTH...SAT 7.30...Quinton Hotel, I9 The Crescent, Boscombe, Bournemouth. Contact: Mick 0202 37169.

BIRKENHEAD - NR LIVERPOOL...TUES 8.00...Elm House, Corner of Elm St and Hemmingford St, Birkenhead. Contact: Ken 051 608 3687.

LANCASTER...TUES 8.00...Ryelands House, Ryelands Park, Lancaster, Lancs. Contact: Ann 0524 415418. First Tuesday of month Open.

EDINBURGH...THURS 7.00...St Martin's Church, Muiriston Crescent, Dalry Road, Edinburgh. Contact: Jenny 0383 737782.

DUNFERMELINE...SAT 3.00...St Margarets Vhurch Hall (Side door opp Carnegie Hall), Dunfermeline, Fife, Scotland. Contact: Jenny 0383 737782.



CHANGE OF VENUES

SWISS COTTAGE...SUN 3.00...Moved to 2nd Floor, Winchester Project, Winchester Rd, N.W.3 (Next to Community Centre. Contact: Adam 586 8018. Buses 2, 31, II3, I3. Tube Swiss Cottage. All meetings Open.

OXFORD...TUES 7.30...Now at Blackfriars, 64 St Giles, Oxford. Contact: Andy 0865 722517.



MEETINGS FOLDED

OXFORD - FRI 1.00.....EUSTON - THURS 8.00.....OLD KENT RD - WED 7.30
BARNSTAPLE - SAT 4.30.....BIRKENHEAD - FRI 7.30.....BIRKENHEAD -
TUES 8.00 (New venue, see above).....JERSEY - SAT 8.00.....PORTSMOUTH -
WED 7.30.



STOP PRESS.....BATH - SAT 7.30 is now at Bath Voluntary Job Shop, Lower Borough Walls, Bath, Avon. Contact: Jude 0225 65960.

REGIONAL NEWS

A MAJOR topic for discussion at the next Regional Service Committee meeting will be the formation of new areas in London. Jamie, our Regional Service rep, is going to the next Office Committee meeting to discuss ways of listing and updating information on isolated meetings. The region has agreed to finance and support the ad hoc newsletter committee.

There was a vote of confidence in the Public Information Committee regarding getting together a Public Service Announcement with the London Community Unit. We need to elect a new treasurer - Gerard is resigning after doing a great job. Request that word go out that there's a fat job going at region!

An ad hoc Committee was set up with Jamie as chairperson to look into the formation of a "General Service Conference". Other members proposed and elected were Phil, Katie A, George and Grant. A workshop will be held to discuss the formation of GSC, incorporating Jamie's report from the World Service Conference and the European Service Conference. It will take place at 7.30pm on Thursday September 25th at the Red Cross Centre, Chelsea.

Mike "the Bike" was elected teaperson for the Region. Thanks Mike!

REGIONAL REPORTS:

Outgoings for the month came to £777.90. Receipts came to £1,112.71. Closing balance was £1,327.76 as of August 11 1986. £346.72 of this was voted to the Newsletter Committee for printing of the Convention issue.

THE U.K. SERVICE OFFICE now has premises next door to the Regional Office. A bank account has been set up. The P.O. Box number and 'phone installation are in hand along with book keeping arrangements. They have the material together to enable them to put out tenders for quotes on printing of the pamphlets. Quotes will be obtained from a number of printers. The Region will be kept informed of this.

Pricing policy is being arranged in conjunction with the Literature Committee. A draft licencing agreement and draft loan agreement have been received from the World Service Office - ie the amount of royalty to be paid to W.S.O. for literature printed in this country. W.S.O. have offered a loan of up to \$10,000 - this may not all be needed. Counter proposals have been made to W.S.O.

In hand is a budget forecast along with a sales forecast for the next year.

It was agreed that should the U.K. Service Office feel uncomfortable about signing particular contracts they bring it to the Region to be discussed and if necessary voted on by Area Service reps.

The Region voted to give the HOSPITAL AND INSTITUTIONS Committee £30 to bring their float up to £100. The H and I committee has drawn up a list of current H and I contacts. Anyone from outside London who wants to get involved in H and I contact Region. H and I are now dealing with Prison Medical Officers regarding clearance. H and I NEEDS A NEW SECRETARY - it was pointed out that H and I Committee meetings don't go on as long as some! There was a request for local help for the H and I meeting at Finnermore Wood Youth Custody Centre in Bucks, and a request for help for an H and I meeting starting in a detox unit in Dorchester. They have offered to put people up. Contact through N.A. Office - (OI) 35I 6066.

Regional Public Information Committee are asking that the Fellowship at large supply ideas for a new poster. It was also suggested it was time we looked at the possibility of a SPECIAL WORKER for the office. It was agreed that the Special Worker issue be on the agenda for the next R.S.C. It was asked that all committees bring their arguments for and against to the next Regional meeting.

The LITERATURE COMMITTEE has approx £1,800 in its account. Value of stock held is £1,972.52. Going well.

ENTERTAINMENTS AND FUNDRAISING raised £345 from the "Evening with N.A." gig on July 26. They donated £40 and some cleaning equipment to St John's Piazza. A motion was passed that in future acts will be vetted, allowing for the fact that spontaneous things will happen. They will try and avoid controversy. N.A.'S SIXTH BIRTHDAY PARTY at St Bernard's lost between £90 and £100 but was an enjoyable day and worth the effort. A bank account is being opened and the issue of a cash and carry card is on the agenda for next R.S.C. Ents and Fundraising are looking for a Treasurer - suggested two years cleantime.

NEXT GIG - SATURDAY SEPTEMBER 6 ... Venue to be arranged.

OFFICE reported there had been 433 calls in the four-week period from July 11 to August 6. 194 of these were suffering addict/meeting info calls.

cont....

COMMITTEE MEETINGS

The Office is going to be manned to the best of our ability during WCNA I6. It was decided not to write to the Trustees on the treatment centre issue - instead to simply follow the W.S.O. office guidelines. We are not professionals. Plea for return of forms : Is your meeting open or closed and updated contact numbers PLEASE.

We have a NEWSLETTER. YOU'RE READING IT! It's an ongoing project and members have committed themselves to further issues. Request that we elect committee members and send rep to Region.

Preparations for WCNA I6 are going great....!

Treasury balance in the WEST COUNTRY is running at £1,400. They haven't been able to decide what to do with it - yet! Their Public Service announcement didn't get much response and they are having problems with people not turning up regularly at their Office.

S.W. AREA broke even financially and is growing rapidly. The region endorses the idea of service workshops in the area. The debt to the Literature Committee is still being paid off by the N.W. AREA. After a long discussion on the proposed AIDS workshop no conclusion was reached. MANCHESTER had nothing to report and in DEVON & CORNWALL everything is going well despite growing pains.

NEXT R.S.C. is 7.30pm on SEPTEMBER 8. VENUE TO BE CONFIRMED. ON AGENDA will be Splitting Areas, Newsletter Committee, New Treasurer, Need for a paid worker, Cash and carry card, Area and Service Committee reports.

REGIONAL SERVICE COMMITTEE...Second Monday of month. Venue from Office.7.30.

REGIONAL PUBLIC INFORMATION COMMITTEE...Second Friday of month.Venue from Office (35I 6066). 7.30.

REGIONAL OFFICE COMMITTEE...Last Monday of month. 7.00. Venue from Office.

REGIONAL H and I...Third Wednesday of month. 7.30. Playcentre, Bradmore Park Rd, Hammersmith, W.6.

REGIONAL LITERATURE COMMITTEE...Second Wednesday of month.7.30. Venue from Office.

REGIONAL FUNDRAISING & ENTS COMMITTEE...Meets as necessary at Gordon Hosp, Basement Seminar Room, Bloomburg St, Victoria, S.W.I. Contact: Stuart 278 8948.

SOUTH WEST AREA SERVICE COMMITTEE...First Monday of month. 7.30. Venue from Office.

NORTH WEST AREA SERVICE COMMITTEE...First Friday of month. 7.30. C.A.B, 9 Oriel Place, Hampstead, N.W.3.

EASTERN AREA SERVICE COMMITTEE...Last Wednesday of month. 7.30. Basement Seminar Room, Gordon Hosp, Bloomburg St,S.W.I.

EASTERN AREA PUBLIC INFORMATION COMMITTEE...As above at 6.30.

EASTERN AREA H and I COMMITTEE...Second Wednesday of month. 8.00. Venue as above.

NORTH WEST H and I...Second Friday of month. 7.30. Back room, Trinity United Reform Church, Buck St, N.W.I.

NORTH WEST PUBLIC INFORMATION COMMITTEE...Last Monday of month. 7.30. Mornington Sports Centre, Arlington Rd, Camden Town.

SOUTH WEST PUBLIC INFORMATION COMMITTEE...Last Friday of month. 7.30pm. Playcentre, Bradmore Park Rd, Hammersmith W.6.

SOUTH WEST AREA H and I COMMITTEE...Second Thursday of month. 7.30. Saint Dionis Church Hall, Saint Dionis Rd, Parsons Gn, S.W.6.



Literature....

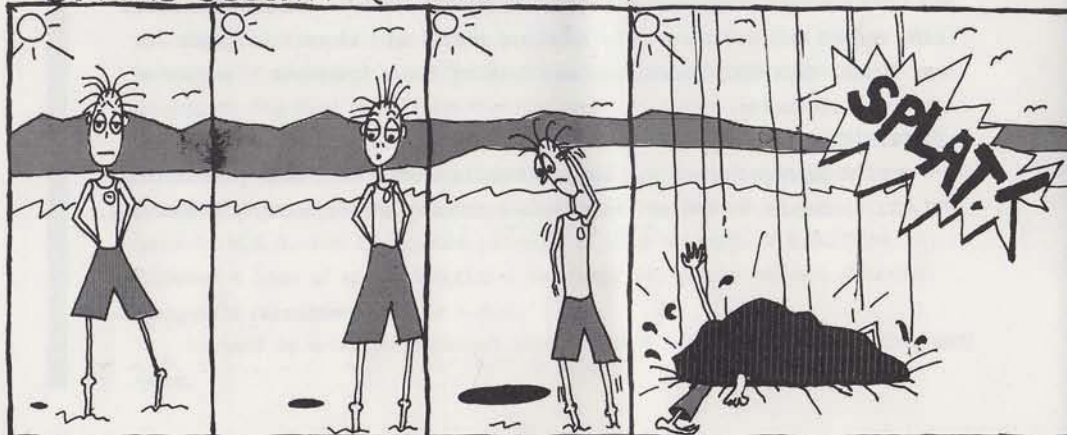
AVAILABLE NOW BY POST FROM THE LONDON OFFICE:

IT WORKS: HOW and WHY. (APPROVAL LITERATURE).....£4.95 (INC.P&P)

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CHEQUES & POSTAL ORDER'S TO: NA LITERATURE. P.O.BOX 246. LONDON.SW10 ODP.

On the beach... (more was revealed!)



☆☆☆☆☆☆☆☆ the region ☆☆☆☆
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WHEN I was asked to write something on the Region it seemed an easy enough task. Thinking about it now, however, I hardly know where to start; there have been so many developments at the Region recently!

Since becoming a Region in 1985 we have grown rapidly. The West Country have been sending their ASR regularly for a while now, and Manchester have started doing the same. Devon and Cornwall recently formed an Area and we eagerly await their first attendance at the RSC. Over the next six months or so I envisage the emergence of many more Areas, and possibly Regions as well. Two of the London Areas are considering splitting to reduce their ASCs to more manageable proportions. This will obviously effect the Regional structure as a whole (though not the meetings) and will be discussed in detail at the next RSC.

This increased manageability in the development of our service structure has been greatly assisted by the efforts of our RSR and his alternate, who regularly communicate with and attend the ASCs in and out of London, and by the willingness of all concerned in the growth of our Fellowship in the UK. We were also able to fund our RSR to attend the WSC this year, which was an important step in the right direction. The benefits of increased contact with WSO and WSC are already noticeable. We have received much help and co-operation in many areas, including the establishment of the UK Service Office (Service Ltd), and the personal contacts made are greatly assisting us in our growth in all areas.

The UK Service Office is presently accountable to the Region, in the absence of any other body to fill the role. An "ad hoc" committee was recently elected to examine ways of forming a UK Service Conference to which Service Ltd will ultimately be responsible. It will also serve as an important forum to discuss and develop all aspects of Service in all Areas and Regions of the UK.

We now have a number of very active sub-committees (H and I, PI, Office etc) and I'm certain that we will soon be needing a "special worker" to co-ordinate all their work at the Office and help them to carry the message of recovery.

At Regional level we are all looking forward to members presently involved in WCNA I6 being freed to fill the Service positions which are arising out of our present rate of growth.

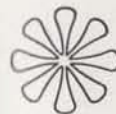
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We would like to thank all those involved with WCNA I6 for making this historic event possible in London. On a personal level I would like to thank Johnny H for planting the seed in Chicago, Jeremy V for making the formal bid in Washington, and the Alien for leading us through it all to Wembley, and of course everyone else involved all the way down the line.

Lastly, I'd like to welcome all visiting members who are with us for WCNA I6. If the Convention is all too much we've got some great meetings that'll put you straight!

Welcome to the London Region!

ASHLEY



SINCE last year, when we had various visits from World Service members from the States, London Region's communications and involvement with this level of service has greatly increased. The benefits have been quite surprising. Many of us may have felt that World Service was not very relevant to us over here with our more pressing local needs on a more humble and more immediate level.

Since having a rep at the World Service Conference and having been prompted by the World Service Office to incorporate an office here, it looks as though at last we shall have our own printed literature - cheaper, better distributed. Without World Service this could not have happened so effectively. The spin-offs of having a U.K. Service office are fantastic - a new level and dimension of national service becomes possible, enabling us to serve our outlying areas better.

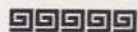
The consequences have come from understanding and help offered from people who have been around a lot longer than any of us here, and the amazing resources they have avcumulated in experience.

We need to understand the structure that N.A. has set up for itself not only to benefit from our world-wide unity but also to contribute as we get stronger. The World Service Conference, the Board of Trustees and the World Service Office each, though separate, interact to serve our Fellowship's needs on a spiritual advice/traditions, practical and unifying basis. By understanding and getting involved we learn how to help our own Fellowship develop to best serve its own needs.

World Service examples will not always be right but from them, when appropriate, we can get a better idea of what's right for us. They are not gods, nor do they know all the answers, but thousands of addicts world-wide is definitely a power greater than one. In an overpowering way, like the World Convention, we see that we are not alone. There are thousands upon thousands of us everywhere, working to help each other and to reach the addict that still suffers. My God, but the span of it is mind boggling!



News from the Areas



NORTH WEST AREA

The last North West Area Service Committee meeting was attended by reps from 25 different groups within the area.

Barry was elected new vice-chairperson - congratulations Barry!

* MEETINGS NEEDING SUPPORT

TUESDAY - UXBRIDGE...Floundering, has two newcomers, no committee and is not self-supporting. It needs support to help carry the message.

WEDNESDAY LUNCHTIME - NOTTING HILL GATE...Has committee problems - needs a G.S.R. and support.

THURSDAY - HARROW...Getting loads of newcomers and needs support.

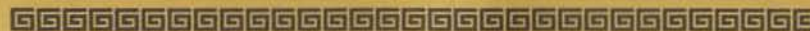
AREA COMMITTEES

N.W. Area Hospitals and Institutions Sub-committee has a new chairperson, Robert, and Sally is new vice-chair. H and I meetings in Wormwood Scrubs, Charter, St. Mary's and St. Bernard's are all going well. The N.W. H and I workshop on July 27 was well attended, mainly by people already involved in H and I service. The committee needs a new Treasurer and general support. H and I is growing but the committee isn't. N.W. H and I committee meetings are held on the second Friday of each month at the Trinity United Reform Church, Buck St, N.W.I. at 7.30pm.

N.W. Area Public Information Sub-committee is floundering through lack of support. Public Information work is a very worthwhile commitment. Through informing the public of who, what and where we are, many more suffering addicts are able to find recovery. Remember - we only keep.....The N.W. Area P I committee meeting takes place on the last Monday of every month at Mornington Sports Centre, Arlington Rd, Camden Town at 7.30.

The area also needs a new Literature Rep.

The North West Area Service Committee meets the first Friday of every month 7.30 (till late!) at the Citizens Advice Bureau, 9 Oriel Place, Hampstead. All members of the Fellowship are very welcome to attend.



The last Eastern Area Service Committee was well attended by reps from 18 meetings in the Area.

★ MEETINGS IN NEED OF SUPPORT - Monday-Victoria: New meeting needs support or it may fold. Monday - Dagenham: DESPARATE. Will close after the Convention unless there is more support in the form of chairs and members. Steve (530 4884) is willing to pick up and return halfway. Wednesday - Croydon: no committee and on the verge of folding. Thursday - Sudbury, Essex: Isolated meeting sometimes with just Barney, the secretary, there on his own. Friday - Hackney: Needs cleantime support - lots of newcomers. Saturday - Walthamstow: Needs support.

EASTERN AREA H and I COMMITTEE - The area with the most H and I meetings in London needs support ie: a secretary for the Pentonville Prison meeting; support for the second monthly meeting at Bethlem Royal; support for the new meeting at Rees House in Croydon. They also need support and input for the Eastern Area H and I magazine Stepping Out. Financial sponsorship is needed for the Bexley meeting - can your meeting contribute? Contact Dave 64I 2634.

EASTERN AREA P I COMMITTEE - Several members of this committee will be resigning at the end of August - including the chair and vice-chair. They will be looking for members to fill these positions at the meeting on September 24 6.30 Gordon Hospital. This committee needs support.





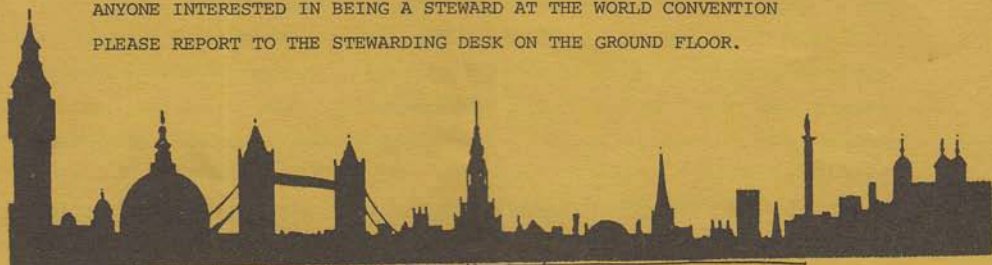
N.A. HELP-LINE 01 351 6794



ALL MEMBERS OF NARCOTICS ANONYMOUS ARE INVITED TO SHARE IN THIS LONDON REGIONAL NEWSLETTER. PLEASE SEND ALL INPUT TO 'CLEAN TIMES' NA LONDON. P.O.BOX 246. LONDON SW10 0DP.

STEWARDS WANTED

ANYONE INTERESTED IN BEING A STEWARD AT THE WORLD CONVENTION PLEASE REPORT TO THE STEWARDING DESK ON THE GROUND FLOOR.



SEND CHEQUE/POSTAL ORDER TO:
 CLEAN TIMES NA LONDON
 PO BOX 246 LONDON SW10 0DP
 6 ISSUES... UK/IRELAND £3.50
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 NAME.....
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BALHAM s.w.
needs support.

STOP PRESS...STOP PRESS...DISCO, MARATHON MEETING, FOOD, AUCTION, RAFFLE, LOVE & HUGS...SAT 6TH SEPT 8-1.30pm..£3 IN ADVANCE, £3.50 ON THE DOOR ST. JOHN'S PIAZZA CHURCH HALL, KINGS RD. CHELSEA S.W.6..YAH!

GIG ..

THE VIEWS AND OPINIONS EXPRESSED IN THIS PUBLICATION ARE THOSE OF INDIVIDUAL MEMBERS AND ARE NOT NECESSARILY THOSE OF NARCOTICS ANONYMOUS AS A WHOLE. PUBLICATION OF ANY ARTICLE DOES NOT IMPLY ENDORSEMENT BY EITHER THE NEWSLETTER COMMITTEE OR THE LONDON REGION OF NARCOTICS ANONYMOUS.

W C N A 16

AUG. 28, 29, 30 & 31st

LIVE FROM LONDON

THURSDAY

Foyer	11.00	Registration
Grand Hall	3.00 – 5.30	Welcome Meeting
	7.30 – 10.00	Speaker Meeting
Hotel – John Lyon	11.00am	Marathon Meeting
” Pennwood Suite		Coffee

FRIDAY

Meetings

Avon Suite	9.00 – 10.30	Speaker Meeting
	11.00 – 12.30	“ “
	2.00 – 3.30	“ “
	4.00 – 5.30	“ “
Thames Suite	6.30 – 9.30	Banquet & Speakers
	10.00 – 1.00	Dance

Workshops

Severn Suite Room 1	9.00 – 10.30	Friendship
	11.00 – 12.30	Sponsorship/Sponseeship
	2.00 – 3.30	The Risk Factor
	4.00 – 5.30	Lighten Up/Brighten Up
Severn Suite Room 2	9.00 – 10.30	Regional Offices
	11.00 – 12.30	International Committee
	2.00 – 3.30	H & I
	4.00 – 5.30	World Service Office
Hotel – John Lyon		Marathon Meeting
” John Page	9.00 – 10.30	Self Worth
	11.00 – 12.30	Money, Sex, Gambling, Food, Work, Drugs – The Illness
	2.00 – 3.30	Physical Illness In Recovery
	4.00 – 5.30	You Don't Have to Like Everyone
” Warwick Suite	2.00 – 3.30	Spiritual Principles Not Laws
	4.30 – 5.30	Employment, Unemployment In Recovery
” Pennwood Suite		Coffee

SATURDAY

Meetings

Grand Hall	10.00 – 12.15	Worldwide Speaker Meeting
	2.15 – 4.30	Diversity in Unity Meeting
	7.30 – 9.45	Speaker Meeting Countdown Auction

Workshops

Avon Suite	9.00 – 10.30	Intimate Relationships
	10.45 – 12.15	Sexuality
	2.15 – 3.45	Just Lust
	4.00 – 5.30	God
Severn Suite Room 1	5.45 – 7.15	Feelings and Being Human
	9.00 – 10.30	Steps 1, 2 & 3
	10.45 – 12.15	Steps 4 & 5
	2.15 – 3.45	Steps 6 & 7
Room 2	4.00 – 5.30	Steps 8 & 9
	5.45 – 7.15	Steps 10, 11 & 12
	9.00 – 10.30	Traditions 1, 2 & 3
	10.45 – 12.15	Traditions 4 & 5
Hotel – John Lyon,	2.15 – 3.45	Traditions 6 & 7
	4.00 – 5.30	Traditions 8 & 9
	5.45 – 7.15	Traditions 10, 11 & 12
		Marathon Meeting
” John Page	9.00 – 10.30	It Doesn't Matter What or How Much We Used
	10.45 – 12.15	Making A Comeback
	2.15 – 3.45	Normal Living And Complacency
	4.00 – 5.30	Attitudes In Service

SATURDAY (Continued)

Hotel – Warwick Suite	9.00 – 10.30 10.45 – 12.15 2.00 –	How To 12th Step An Addict Recovery A Soap Opera? Creche
” Pennwood Suite		Coffee

SUNDAY

Concourse	9.00 – 11.00	Concourse Brunch & Speaker
Grand Hall	11.30 – 2.00	Farewell Meeting
Hotel – John Page	– 2.00	Marathon Meeting
” Warwick Suite	9.00 – 2.00	Creche
” Pennwood Suite		Coffee