



Live Your Dreams WCNA-17

NEW ORLEANS - AT THE DOWNTOWN SHERATON
 SEPTEMBER 3-4-5-6, 1987 -
 CELEBRATE THE GIFT
 OF RECOVERY

- FROM AROUND THE WORLD •
- MARATHON MEETINGS •
- DI GRAS HALL •
- BOAT CRUISE •
- WCNA •
- DANCE •
- FINCH •
- RY •

Live Your Dreams

THE OFFICIAL
 PROGRAM OF THE
 WCNA-17

WCNA

Live Your Dreams

WCNA-17

Live Your Dreams

WCNA-17

WCNA - 17



WORLD CONVENTION 87" - NEW ORLEANS

Sheraton New Orleans Hotel & Towers - Convention Dates Sept. 3 - 6

****Limited Group Space Available For Friends Attending Convention****

PACKAGE INCLUDES THE FOLLOWING FROM SEPT. 2 - 7:

- **Roundtrip air transportation from Philadelphia to New Orleans
- **Hotel accomodations at the Sheraton New Orleans for five nights
- **Transportation from the airport to your hotel
- **11% hotel tax
- **Baggage handling

PRICE PER PERSON

Quad room - \$389.00	Triple - \$399.00
Double - \$409.00	Single - \$599.00

Air only available on request

Above rates are subject to change, if paid in full by March 31 price will be guarenteed.

To make a reservation please send \$100.00 immediately to:

Villanova Travel
615 Conestoga Road
Villanova, Pa. 19085

(215) 688-6611
(800) 525-NOVA

Additional information can be obtained by calling the following:

Jim Allen
(215) 521-5124

or


Frank Roberts
(302) 999-0480

PLEASE FILL IN BOTTOM, DETACH AND MAIL TO VILLANOVA TRAVEL WITH DEPOSIT

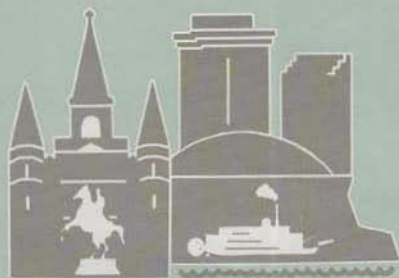
NAME _____ TYPE ROOM _____

ADDRESS _____

PHONE _____



*Live Your
Dreams*



IN NEW ORLEANS
WCNA-17 SEPT. 3-6

2

175

Celebration

Live Your Dreams WCNA-17

IN NEW ORLEANS—AT THE DOWNTOWN SHERATON

—SEPTEMBER 3-4-5-6, 1987—

CELEBRATE THE GIFT OF RECOVERY

- SPEAKERS FROM AROUND THE WORLD •
- WORK SHOPS • MARATHON MEETINGS •
- COSTUME MARDI GRAS BALL •
- MIDNIGHT RIVERBOAT CRUISE •
- TALENT SHOWCASE •
- BANQUET AND DANCE •
- SUNDAY JAZZ BRUNCH •
- MOST OF ALL—RECOVERY •

WCNA-17 CONVENTION REGISTRATION FORM

Please send form and check or money order to:

WCNA-17 c/o WSO
P.O. BOX 9999
VAN NUYS, CALIFORNIA, 91409

Make checks payable to WCNA-17

Name _____

Address _____

Country _____

Telephone _____

If registering for more than one person, please list their names:

No. of convention registrations
_____ @ \$20.00 per person TOTAL \$ _____

Donation for
Newcomer Registration TOTAL \$ _____

No. of Friday Midnight
Riverboat Cruise Tickets
_____ @ \$10.00 per person TOTAL \$ _____

No. of Saturday night
Banquet tickets
_____ @ \$25.00 per person TOTAL \$ _____

No. of Sunday morning
Jazz Brunch
_____ @ \$10.00 per person TOTAL \$ _____

GRAND TOTAL \$ _____

Vegetarian Banquet Meal Yes No

- If you wish to speak at or chair a meeting send a tape to: WCNA-17 Program Committee, c/o WSO, P.O. Box 9999, Van Nuys, CA 91409. (Minimum 5 yr. clean time)
- Come share your talents at the convention Talent Showcase — if performing, specify form of entertainment _____
- Bring a costume. Don't be shy. Friday night there will be a Mardi Gras Ball. Join in with our Celebration of Recovery.
- If you are physically limited in any way (blind, deaf, disabled, etc.) and have special requirements, please specify _____

Mail in Registration Deadline — August 1st

DETACH AND MAIL

**WCNA-17
HOTEL RESERVATION REQUEST FORM**

Please send form and check or money order to:

SHERATON NEW ORLEANS HOTEL
RESERVATIONS
500 CANAL STREET
NEW ORLEANS, LOUISIANA 70130

Name _____

Address _____

Arrival Date _____ # Nights _____

Name(s) of additional adult(s) sharing room or suite:

Special WCNA-17 room rates
(Offer good 8/31/87 thru 9/10/87)

Single & Double \$53.00 One Bedroom Suite \$140.00
Triple & Quad \$59.00 Two Bedroom Suite \$250.00
The above rates are subject to state and local taxes.

• To assure proper reservations, please complete this reservation request and return it before August 1st, 1987. Request received after this date will be accepted based on availability. Reservations are held until 4:00 p.m. If you plan to arrive after 4:00 p.m., you may guarantee your reservation for late arrival by submitting a first night's deposit.

Send check, money order, or the following credit card information. (American Express, Diners Club, Carte Blanche, Visa, MasterCard)

Card Name _____

_____ Exp. Date _____

Phone # _____

- All Hotel Accounts are subject to credit arrangements at time of registration and payable at departure.
- Check-in time is 3:00 p.m.; check-out time is 12:00 noon.
- The hotel will retain first night's deposit plus tax on guaranteed and deposited reservations not claimed on date of arrival.
- To cancel a reservation, call the hotel prior to 4:00 p.m. on day of arrival. Ask for and retain cancellation number until you receive a refund of your deposit.
- For information not contained on this form, please contact the Hotel Directory (504) 525-2500. You may utilize (800) 325-3535, however, the (800) number will not confirm or quote special WCNA-17 room rates.

DETACH AND MAIL

Live Your Dreams

WCNA-17

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THE TWELVE STEPS OF NARCOTICS ANONYMOUS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory, and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us, and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts and to practice these principles in all our affairs.



SUBSTANCE ABUSE REPORT

Samuel Grafton
Founding Editor

Edith K. Grafton
Founding Publisher

Business Research Publications

Volume XVIII, Number 19

November 1, 1987

WHITE HOUSE PRESCRIPTION FOR DRUG ABUSE: 'SOCIAL CENSURE' AND ARREST

Donald Ian Macdonald, M.D., director of the White House Office of Drug Abuse Policy and administrator of the Alcohol, Drug Abuse and Mental Health Administration, has sent out a hard message to law enforcement and drug treatment professionals: arrest drug users.

In an interview published in The New York Times October 21, Dr. Macdonald said, "I think we're ready now to start arresting users." For example, he recommended that teenagers found with marijuana be sentenced to community service, not be "thrown in jail." Dr. Macdonald said President Reagan "cleared" his recommendation.

In a telephone interview with SAR last week, Dr. Macdonald explained his stance further. He didn't backpedal on his suggestion that drug users be arrested.

"Last month, 23 million Americans used illicit drugs," he said. "Some of them need treatment, I understand that," he said. But the rest would stop using drugs if faced with "social censure." Explained the pediatrician: "A significant number of adults would give up drug use if they thought that they might get discovered and face some consequence."

Even if drug users could be identified and prosecuted, what would happen to them? "If we seriously start to arrest all those drug users, somebody better think through where we're going to house them," said Karst J. Besteman, executive director of the Alcohol and Drug Problems Association.

"We did that many years ago, and the response from the criminal justice system is we're overcrowded," said Besteman. Although he has "no problem" with the community-service form of punishment, Besteman said it isn't enough. "Every time we catch a drug user, we should refer them for appropriate treatment in a non-criminal sense."

'Carefully titrated measure of social censure and personal loss'

The consequence of drug use would not necessarily be incarceration, according to Dr. Macdonald. He suggested the use of "some carefully titrated measure of social censure and personal loss or fear of social censure and personal loss as a method of getting people to give up their drug use."

He cited as an example a new Missouri law which revokes the driver's license of any minor possessing even small amounts of alcohol or other illegal drugs. "If that becomes a relatively common occurrence, it's my suspicion that there will be a lot of kids that will reconsider their drug use and their drinking," said Dr. Macdonald.

"The standard way of treating a 16-year-old who's caught with a bag of

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AMERICAN BIOTEST LABORATORIES USES ROBOTICS TO SCREEN WITH GC/MS

The best method for confirming drug tests -- gas chromatography coupled with mass spectrometry, or GC/MS -- has been considered one of the worst methods for screening samples, for the simple reason that it can only look for one drug at a time. But that was before American BioTest Labs and robotics.

At American BioTest, a year-old lab in Santa Clara, California, sample preparation --- the most time-consuming part of drug-testing -- is done by robotics. Samples can be screened for over 80 drugs using only GC/MS. The cost per sample is \$25-\$35.

Eliminates preliminary screen

Usually, drug urinalysis begins with a screening method such as enzyme immunoassay, radioimmunoassay, or thin-layer chromatography. These screens look for a broad range of drugs at once. However, they are not nearly as accurate as GC/MS, the only test accepted for courtroom use. Therefore, "presumptive positives," or samples which test positive on the initial screening test, must be confirmed using a more accurate test -- GC/MS, in the best of cases.

The reason GC/MS is so accurate is that it only looks for one specific chemical structure. While GC/MS alone would be feasible if only one drug were in question -- if, for example, cocaine were the only drug the lab had to confirm or deny -- it would not be feasible if a panel of drugs were in question.

Usually, labs are asked to confirm or deny the presence of a "panel" of drugs: typically they are given a sample and told to find out if it contains evidence of the use of at least cannabinoids, opiates, or cocaine.

Setting up GC/MS equipment three times, or setting it up to test for three substances at once, would be more complicated and more expensive than screening the sample first and then using GC/MS to confirm.

But at American BioTest, preparation of the samples is done by robots, so the GC/MS equipment, which is computerized, can be set at the push of a button. According to Kazmer Latven, Ph.D., American BioTest president, sample preparation is the most time-consuming part of the GC/MS process, and that's what the robotics take care of.

An expert in the computer used to run the samples -- the highly automated Hewlett Packard RTE -- Latven says his lab uses GC/MS to screen over 80 drugs per sample. Before joining American BioTest, Latven was GC/MS product manager at Hewlett Packard, which manufactures most of the computers used to run GC/MS machines in the country.

Three more American BioTest labs are planned: one near Chicago, one near Atlanta, and one in New Jersey. For more information, contact American Biotest, 3350 Scott Boulevard, Building 15, Santa Clara, CA 95054; 408-727-5525.

LARGEST-EVER WORLD CONVENTION OF NARCOTICS ANONYMOUS HOLDS FETE IN NEW ORLEANS

The 17th World Convention of Narcotics Anonymous (N.A.) in New Orleans this fall was the largest yet, with 4,000 recovering drug addicts celebrating the theme of "Live Your Dreams" on a riverboat, in a Mardi Gras-style ball, and at a banquet. Addicts from over 16 countries, including the United States, shared their experiences in what N.A. headquarters described as "one of the more well-behaved conventions of this size to meet in New Orleans."

Narcotics Anonymous, which has more than 9,000 meetings around the world, does not focus on any specific type of drug. The N.A. program is one of abstinence from all mood-altering drugs, including alcohol.

For more information on Narcotics Anonymous, or for a free group starter kit, contact the World Service Office, P.O. Box 9999, Van Nuys, CA 91409. Local meetings are listed in many telephone directories.

LITERATURE/TAPES ORDER FORM WCNA-17

NAME: _____

STOCK #	DESCRIPTION	QUANTITY	PRICE
LITERATURE (Conference Approved)			
40	Basic Text 3rd Edition Revised	_____	\$8.00 _____
41	N.A. White Book Newly Revised	_____	.50 _____
42	Hospital & Institutions Handbook	_____	2.00 _____
43	A Guide to Public Information	_____	3.00 _____
44	Convention Guidelines	_____	2.00 _____
45	Literature Committee Guidelines	_____	1.50 _____
46	The Loner - Staying Clean in Isolation	_____	.15 _____
LITERATURE (Approval Form)			
47	A Guide to Service in Narcotics Anonymous	_____	1.50 _____
48	Working Step 4 in Narcotics Anonymous	_____	1.50 _____
49	Hey, What's the Basket For?	_____	.15 _____
50	The Group	_____	.15 _____
51	Am I An Addict?	_____	.15 _____
52	Staying Clean on the Outside	_____	.15 _____
MEDALLIONS			
53	Silver Clean Time Medallions		
	____ 1 yr ____ 2 yr ____ 3 yr ____ 4 yr ____ 5 yr		
	____ 6 yr ____ 7 yr ____ 8 yr ____ 9 yr ____ 10 yr	_____	25 ⁰⁰ _____
54	Bronze Clean Time Medallions		
	____ 1 yr ____ 2 yr ____ 3 yr ____ 4 yr ____ 5 yr ____ 6 yr		
	____ 7 yr ____ 8 yr ____ 9 yr ____ 10 yr ____ 11 yr		
	____ 12 yr ____ 13 yr ____ 14 yr ____ 15 yr ____ 20 yr	_____	1.85 _____
TAPES			
55	3-Tape Set - Basic Text, Book 1 (Narcotics Anonymous 3rd Revised)	_____	8.00 _____
56	5-Tape Set - Basic Text Book 1, White Book & Informational Pamphlets	_____	10.70 _____
57	12-Tapes Complete WCNA-17 Set	_____	45.00 _____
58	WCNA-17 Thurs. Speaker (RIC G. D.C.)	_____	5.00 _____
59	WCNA-17 Thurs. Speaker (LEAH G. FL)	_____	5.00 _____
60	WCNA-17 Fri. Speaker (BECKY M. NV)	_____	5.00 _____
61	WCNA-17 Fri. Speaker (DUDLEY S. LONDON)	_____	5.00 _____
62	WCNA-17 Sat. Speaker (DUTCH H. NJ)	_____	5.00 _____
63	WCNA-17 Sun. Speaker (JUDY G. CA)	_____	5.00 _____
64	WCNA-17 "SURRENDER TO WIN" (ROSALIE R. NY)	_____	5.00 _____
65	WCNA-17 "SELF ACCEPTANCE" (Barbara J. CA)	_____	5.00 _____
66	WCNA-17 "GROWING UP SPIRITUALLY" (Dorine P. DC)	_____	5.00 _____
67	WCNA-17 "RELAPSE IS NOT A REQUIREMENT" (Bob R. MO)	_____	5.00 _____
68	WCNA-17 "SPONSORSHIP" (SYDNEY R. CA)	_____	5.00 _____
69	WCNA-17 "LOVE OR LUST" (WENDY O. D.C.)	_____	5.00 _____

TOTAL \$ _____

The Corporate File

CARL BERGSTROM has been appointed program director of the McDonald Center for Alcoholism and Drug Addiction Treatment and assistant administrator for Scripps Memorial Hospital in La Jolla, CA. He will be responsible for the day-to-day operation of the center. Bergstrom had been director of chemical dependency services for Intermountain Health Care, a system of 24 hospitals with headquarters in Salt Lake City. The McDonald Center, a free-standing facility, has 88 beds. More than 4,000 people have gone through the center's treatment program since it began in July 1979. The center was named for Cmdr. Eugene F. McDonald, Jr. at the dedication ceremony in January 1984.



THE NATIONAL COMMISSION AGAINST DRUNK DRIVING (NCADD) is holding its first Golden Mug competition for the most creative and effective corporate program to discourage drunken driving.

According to V.J. Adduci, NCADD chairman, "Out of concern for both employees and bottom-line loss control, drunken driving can and should be tackled at the work place." Research done by the commission found that 37% of major U.S. companies have had such an educational program for employees within the past five years.

"We wish that number were higher, but we did find that 90% of the companies wanted information on what others are doing to educate employees," Adduci said. "We hope this award will bring the most outstanding program to other companies' attention, motivate them to develop their own programs and serve as a model."



GATEWAY REHABILITATION CENTER, a residential alcohol and drug abuse treatment facility, celebrates its 15-year anniversary on Oct. 28. Betty Ford, former first lady and author of the recently published book *Betty: A Glad Awakening*, is the guest speaker.

Gateway, a nonprofit organization founded by Dr. Abraham J. Twerski, offers three Pittsburgh-area locations for the treatment of alcohol and drug dependency. The 28-day residential program is housed at the main facility in Center Township, Beaver County. Intensive outpatient care is available at Gateway/Greentree in Foster Plaza, and a multi-service rehabilitation program jointly operated by Gateway and Westmoreland Hospital Association is in Westmoreland Hospital, Greensburg, PA.

Gateway also has commissioned Robert Qualters, an award-winning Pittsburgh artist, to design a poster to commemorate the anniversary.

QUEST INTERNATIONAL, a nonprofit, educational organization in Granville, Ohio, has been selected to share a U.S. Information Agency drug prevention grant with the Council for International Programs in Cleveland. The USIA grant funds a new project by the government agency called "Effective Drug Abuse Prevention Strategies: An Inter-American Exchange," which will bring government officials and drug

MORE THAN 4,000 recovering drug addicts turned out for the 17th World Convention of Narcotics Anonymous held in New Orleans last month. This event was the largest world convention ever held by N.A., a non-profit self-help organization.

Addicts from at least 16 countries and throughout the United States held meetings, discussions, dances, a banquet, a Mardi Gras ball, and a riverboat cruise, celebrating their shared recoveries from drug addiction. The convention theme was "Live Your Dreams." N.A. has more than 9,000 meetings registered in 40 countries around the world.

Of those present at this convention, the combined total period of "clean time" (freedom from drugs) was more than 8,000 years. The next World Convention of Narcotics Anonymous is slated to be held in Anaheim, CA.

COLLEGE HEALTH ENTERPRISES, operators of College Hospital in Cerritos, CA, has taken over operations of Costa Mesa Medical Center Hospital in Costa Mesa, CA, as a result of a long-term lease arrangement. CHE was established to acquire and develop healthcare facilities and services.

Richard T. Rada, M.D., president of CHE, will become medical director and chief executive of CMMCH, positions which he now holds and will continue to hold at College Hospital. Ken Dortch is executive vice president of CHE.

Kent Dunlap, administrator of College Hospital, will be administrator at both facilities.

DR. STEPHANIE BROWN joins Merritt Peralta Institute's Chemical Dependency Recovery Hospital as director of family research. One of the nation's leading experts in alcohol recovery and treatment of the family of the alcoholic, Brown is founder and former director of the Stanford Alcohol Clinic.



Brown has taught at Stanford University Medical School's Department of Psychiatry. She speaks regularly on the topic of alcoholism recovery and Adult Children of Alcoholics for such groups as the Institute for Advancement in Human Behavior and the National Association for Children of Alcoholics, among others. Brown serves on the advisory board of National Association for Children of Alcoholics.

Merritt Peralta Institute's CDRH is one of the most comprehensive and advanced centers for the treatment of alcohol and other drug dependencies in the country. Included in their services are inpatient and outpatient programs for chemically dependent individuals and their families; a residential program for co-dependents and adult children of alcoholics; an intense re-entry/monitoring program; the Institute for Addiction Studies; and a research division directed by David E. Smith, M.D. and Donald R. Wesson, M.D.

CALL FOR ARTICLES: For an anthology entitled *Feminist Perspectives in Treating Addictions*. Addictions are defined as an unhealthy dependence on something external to the self including alcohol, drugs, food, gambling, shopping, work, love objects, etc. Authors are to use a feminist analysis in describing both etiology and

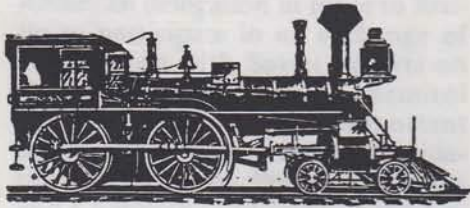
THE COUNSELOR

Nov./Dec. 1987

Vol. 5, No. 6

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AND DRUG ABUSE COUNSELORS.

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The Counselor magazine is a benefit of membership in the association. Articles to be considered for publication are invited from both members and non-members who are involved in the field of addiction treatment. Manuscripts should be original materials, not currently under consideration for publication in other magazines, and in particular, on topics relevant to the professional counselor in his/her work and personal life. All materials should be submitted in good grammatical form and typed double-spaced. Articles are reviewed by the NAADAC Editorial Review Committee before publication.

Articles chosen for publication do not necessarily represent the policies and positions of the association, the board, or the editorial staff. Also, acceptance of advertising does not constitute endorsement by the association.

Mail submissions to: The Counselor, 3717 Columbia Pike, Suite 300, Arlington, VA 22204.

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National News

Hazelden Delegate to Tour Soviet Alcoholism Programs

Gordon Grimm, Health Promotion Director of Minnesota's Hazelden Foundation, is one of a 16-member American delegation in route to Russia to participate in an exchange of information with Soviet experts on the common problem of chemical abuse. The dialogue, an important part of the 20 private exchange initiatives endorsed by President Reagan and Chairman Gorbachev at the Geneva summit, is particularly significant in light of recent public attention to alcohol and drug problems in the United States. The delegation, representing the National Council of World Affairs organizations, will visit Russia from September 4 to September 16. The group will meet and exchange ideas with leaders of Soviet Temperance councils and centers in cities, schools, and industries in Moscow and other parts of the Soviet Union. This is the first official exchange between the Soviet Temperance society and a private organization in the United States. The dialogue has the support of the United States Information Agency and President Reagan's United States-Soviet Exchange Initiative.

Nationally Recognized Medication Management Program for the Elderly Now Available

After more than three years of testing, development, and national recognition, including the ABC television program, 20/20, a unique medication management program for the elderly is now available from St. Francis Medical Center, Pittsburgh, Pennsylvania. *Medication Management for Older Adults: An Educational Approach*, is a comprehensive community outreach program which can be economically sponsored by hospitals and nursing homes, and easily implemented by para-professionals and senior volunteers. Designed in a modular format, the extensive program can be easily customized to fulfill a variety of needs. Content analysis includes alcohol/chemical dependency, medicine and the elderly, physical aspects of aging,

the patient/physician/pharmacist communication, and other relevant topics. In addition to several regional awards, the program has received the U.S. Department of Health & Human Services, Secretary's Award for Excellence (twice), "Distinguished Community Health Promotion Program (in 1983)," and "Distinguished Community Health Program (in 1986)."

Addicts Held International Celebration—Without Drugs

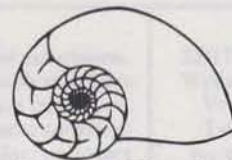
More than 4000 recovering drug addicts spent the last four days in New Orleans, Louisiana at the **17th World Convention of Narcotics Anonymous (N.A.)**. This event was the largest world convention held to date by N.A., a non-profit self-help organization. Addicts from at least 16 countries and throughout the United States attended the convention whose theme was "Live Your Dreams." The large attendance and wide geographical representation at this gathering highlight the continuing rapid growth of Narcotics Anonymous. N.A. currently has more than 9000 meetings registered in 40 countries around the world. Beneath all the fun and laughter, these conventioners shared a unique feeling of gratitude. The participants of this convention are drug addicts who have found a reprieve from the seemingly hopeless progression of their deadly disease. In spite of the tragedies so often associated with drug addiction, Narcotics Anonymous is proving that addicts can and do recover, and can become responsible and productive members of soci-

ety. Narcotics Anonymous can be reached in many cities by calling local N.A. phonelines, listed in the telephone directory under "Narcotics Anonymous." Inquiries can also be directed to the World Service Office of N.A., at P.O. Box 9999, Van Nuys, CA 91409. Group starter kits are distributed free upon request by the World Service Office. N.A. publishes a book entitled *Narcotics Anonymous*, several pamphlets, and a monthly journal, the N.A. Way. Some N.A. literature is available in several languages, in Braille, and on audio tapes.

Annandale Woman Nominated for National Humanitarian Award

Evelyn Hewitt, R.N., of Annandale, Virginia, has been nominated by Dominion Hospital as the local candidate for the Hospital Corporation of America's National Dr. Thomas F. Frist Humanitarian Award. Hewitt, a Nursing Unit Coordinator in Dominion Hospital's Adolescent Psychiatric Program, will represent the Falls Church psychiatric hospital in HCA's division competition with possible advancement to the national finals. Named for one of HCA's founders, the Frist Award recognizes HCA employees who have demonstrated unusual concern for the welfare and happiness of patients, who have performed extraordinary acts of kindness and have made a significant contribution to the improvement of patient relations. Hewitt was nominated to receive the award by her co-workers at Dominion Hospital. ■

AN EXTENDED TREATMENT FACILITY for chemically dependent WOMEN



the Gables

JCAH Accredited

Long Term four to six months Program for chemically dependent women

Call Admission Intake Coordinator, 507/282-2500.
604 Fifth Street S.W. • Rochester, Minnesota 55902

The Gables is an extended treatment facility for women recovering from alcoholism/chemical dependency/addiction. The structured full day program provides residential care for women who suffer from the internal unmanageability of this disease. The Gables works with the issues that have not been sufficiently resolved by the primary treatment experience.

Recovery at the Gables occurs in an environment which draws from the healing power of the Twelve Steps.



THE TWELVE TRADITIONS OF NARCOTICS ANONYMOUS

1. Our common welfare should come first; personal recovery depends on N.A. unity.
2. For our Group purpose there is but one ultimate authority—a loving God as He may express Himself in our Group conscience; our leaders are but trusted servants, they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each Group should be autonomous, except in matters affecting other Groups, or N.A., as a whole.
5. Each Group has but one primary purpose—to carry the message to the addict who still suffers.
6. An N.A. Group ought never endorse, finance, or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every N.A. Group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever non-professional, but our Service Centers may employ special workers.
9. N.A., as such, ought never to be organized; but we may create service boards or committees directly responsible to those they serve.
10. N.A. has no opinion on outside issues; hence the N.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.



*Live Your
Dreams*

WCNA-17

Thank You
for volunteering your time
to the program subcommittee
at WCNA-17. We are glad
you could join us and
be a part of this celebration
of recovery.

In Loving Service
Program Subcommittee
WCNA-17

WELCOME TO WCNA-17

Thank you very much for joining us and being a part of our celebration of recovery at the seventeenth World Convention of Narcotics Anonymous.

While participating in our convention as a speaker or chairperson, we ask that you:

Please keep obscenities to a minimum.

Please stay within the time frame provided.

Please identify yourself as an addict only and use N.A. language of recovery.

In keeping with the steps and traditions of N.A., we ask that you use the N.A. language of recovery in all that you say at this meeting. That is we refer to our disease as simply "addiction". We identify as simply an "addict". We refer to our time in the program as "clean time" or "recovery". This is not done to be different or better than or controversial. This is done because in our first step we have shifted the focus off the specific drug or drugs involved and onto the recovery process, leaving us with the single focus necessary for unity. Any labels which imply specific drugs or imply more than one disease, dilute that focus and some of the unity called for in the 1st Tradition is lost.

THANK YOU FOR YOUR COOPERATION IN THESE SIMPLE BUT IMPORTANT MATTERS