

community." The rural community isn't what it used to be, he declared, due to mechanization of farming and homemaking; scientific agriculture that has brought bigger and better crops and livestock; advances in (See Column 5, Back Page, This Section)

But the jury received the case only after an afternoon of testimony replete with many of the elements of a Grade-B movie scenario. Such elements as: A thief dropping into a darkened (See Column 5, Back Page, This Section)

Elementary school was dismissed from the force. The charge against him was conduct unbecoming an officer. He confessed he made them speed up their crossing by peppering their behinds with an air rifle. (See Column 4, Back Page, This Section)

seph, now is pastor of the Campbellsville Presbyterian church; Elizabeth, now Mrs. Lyman V. Ginger of Lexington, was a school teacher before her marriage; William Jr., is an engineer at a Lexington industrial plant; Ruth, Mrs. (See Column 4, Back Page, This Section)

Casebook Narcotics—II

Barbiturates—Potential Disaster When Abused; Contrary To Belief, They Are Habit-Forming

Sleeping Pill Addiction Can Be Worse Than True Narcotics, Says Authority; 'Don't Like It,' Comments A 'Patient' Who Would Rather 'Kick' Morphine

By Jack Lewyn

Despite a popular belief that barbiturates, or "sleeping pills," are not habit-forming, their abuse stands as even more of a threat to society than narcotics addiction. From a personal standpoint, a chronic addict to barbiturates actually may suffer as much as, if not more than, a person on the habit with true narcotics—opium, its derivatives and similar drugs. The abuse of barbiturates is dangerous, and can have tragic consequences, said Dr. Harris Isbell, director of the Research Division, a unit of the National Institute of Mental Health, at the U. S. Public Health Service hospital here. If barbiturates are taken over a long period of time and then abruptly stopped, the addict can suffer convulsions and temporary psychosis, Dr. Isbell emphasized.

The barbiturates most commonly used by addicts in the United States are:
 1. Pentobarbital (nembutal), called "Yellow Jackets" or "Geoffballs."
 2. Seconal, dubbed "Red Bird."
 3. Amytal, slanged "Blue Heaven."
 These are short-acting, hard-hitting drugs whose popular-parlance terms result from the colors of the capsules.

Less commonly used are the milder, longer-acting barbiturates such as phenobarbital, or, in the addicts' parlance, "Idiot Pill," and barbitol, the oldest of the series. Once widely used, said Dr. Isbell, was chloral hydrate, or the old-fashioned "Mickey Finn," and paraldehyde, another potent, though unpleasant hypnotic drug.

Addicts will take any of the compounds in the barbiturate class, he added, but they usually prefer pentobarbital (nembutal), seconal and amytal.

In the United States and England, barbiturates are not regarded as addicting, but this idea, Dr. Isbell explained, is usually based on an erroneous belief that no abstinence symptoms occur after abrupt withdrawal from an individual who has been chronically intoxicated with those drugs.

Definitely Addicting
 They are definitely classed "as an addicting drug under the terms of our definition," he said. Addiction to barbiturates, from a physical point of view, "is more undesirable than is addiction to any of the opiates, but it is yet unknown whether barbiturate addiction represents as severe an emotional catastrophe as does opiate addiction," Dr. Isbell continued.

He said the effects of barbiturates are somewhat similar to those of alcohol. Both produce "a short-lived relief from emotional tension which, to people with susceptible personalities, seems to offer a solution for many of life's difficulties."

"Some individuals who use barbiturates appear to be motivated



Dr. Isbell Examines Barbiturates.

by a desire for complete unconsciousness," he noted. A chronic addiction to barbiturates "always causes marked social and emotional deterioration," said Dr. Isbell.

Addicts Become Neglectful
 "Barbiturate addicts neglect personal appearance and are unable to work or care for them-

selves adequately. They are rejected by their families, lose their jobs and their friends.

"Barbiturate addicts often smoke in bed and may start serious fires. They may commit crimes and not remember them."

Their behavior, he explained, "resembles the behavior of chronic alcoholics and appears to be in-

fluenced to some degree by their basic personality makeup and by the mood prevailing on any given day.

"A barbiturate addict may be hilariously amused one day and depressed and weeping the next. Loss of emotional control frequently occurs and addicts are likely to fight over minor matters. Some individuals become infantile, weep easily, and manage to have other persons attend their bodily needs."

Others, he said, may develop "paranoid ideas and in this state are somewhat dangerous. Tendencies to depression are accentuated by chronic barbiturate intoxication, and certain patients begin to verbalize vague desires for death.

Hallucinations and delusions are uncommon as long as the addict is continuing to take the drug, but weird dreams occur frequently."

A voluntary research patient at the hospital who had completed an addiction and withdrawal cycle on barbiturates described their effects in terse, knowing language.

"Makes you plenty drunk," he said. "I couldn't walk, talk or write very good."

The patient, who entered the hospital to shake the morphine habit and who did shed it, elaborated:

"I was pretty sick for quite awhile. I think I had a couple of convulsions, and I know I blacked out a time or two."

He spoke in terms of his experience in becoming addicted to barbiturates for six months and then undergoing withdrawal, the acute stages of which last for two weeks.

But, he said, it has taken him "three or four months" to recover to a normal, or near-normal, state of health.

His opinion of the barbiturate habit?

"I don't like it at all." He was emphatic.

The patient said he, like a chronic alcoholic and appears to be in-

(See Column 5, Back Page, This Section)

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Community Is

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ion and communication rate in the country. Growth of cities, and two's and their aftermath treat of more war. changes, he declared, call nents in attitudes, pro the like; for leaders it just community-mind- unity, state, nation and led. He advocated to the new type of rural of the old fundamentals ip, neighborliness, local self-reliance, individ- and pride of workman-

merica," he said, "has leadership and strong s in the past. In this programs and great ad- e machinery and diverse er wide areas, it still leadership and strong s—it needs them more not less."

Brimm Heard
Brimm of Louisville, of the Social Service of the Southern Bap- tion, addressed the session on "Opportunities abilities of the Rural

here are between 175,000 rural churches in Amer- igit out that about two- all churches are con- al. Out of these rural he said, stem the life he city churches, the the ministers and the grams. More than a mil- people move to urban r year, he declared.

ions or committees deal- ural problems met at of the afternoon meet- ts and leaders were: Recreation," the Rev. herspoon, Cow Creek; Opportunities," the Rev. ation, Wooten; "Rural ss Ethel E. King, Cres- Family Relationships," Wilson, Versailles.

Robert L. Anderson, resided in the afternoon Thomas Roberts, Louis- tor of the Associated he Kentucky Farm Bu- ation, at the night ses-

il services were con-

; Mrs. W. H. Housman, 346; Mrs. C. C. Howard, 347; Mrs. Elizabeth M. erson, 1948, and Mrs. ams Rue Sr., Harrods-

ion to Miss Gifford, the committee that se- i. Sudduth are Mrs. elton, Louisville, past of the Kentucky Con- ents and Teachers; Mrs. elsh, Louisville, past of the Crescent Hill

ducted by the Rev. D. T. Branden- burg, Bardstown; the Rev. James Burden, Stamping Ground; the Rev. William Schorman, Berea, and the Rev. L. M. Rogers, Paintsville.

Prof. J. Pheane Ross of the Uni- versity conducted the fellowship hour.

Dr. W. D. Nicholls welcomed the visitors on behalf of the Uni- versity.

Dr. Underwood will speak at 9:15 o'clock this morning on "A Strong Church Needs Strong People." The annual meeting of the Kentucky Rural Church Fellowship will be held at 10 a. m., followed at 10:30 a.m. by the second meeting of the commissions.

The afternoon program will be a roundtable discussion of displaced persons.

Churches having outstanding rural programs will be recognized at a banquet in the Student Union building at 6:30 p. m. Principal speaker will be Dr. Brimm.

Term Meted

(Continued From Page 1)

room and landing on a hidden sack of money.

The crime being planned and diagrammed at Frankfort's Blue Moon cafe, and later executed clumsily in early-morning dark- ness.

Two men racing away from their partner trapped inside a building and later cruising slowly by as police arrested him.

Companions in crime turning on each other after arrest.

Principal testimony against Fallis was given by Dadisman and Cox, both of whom pleaded guilty at the January term of court and received a year's sentence. Dadis- man, who was caught in the liquor store, declared Fallis drew a dia- gram of the store's location while the three were together at Frank- fort and said there was \$7,000 there.

Dadisman, who testified he was serving his fourth penitentiary term, related that the three drove to the store. While Fallis stood watch, Dadisman broke open a ventilator with a small crowbar after Cox boosted him onto two oil-drums.

Dadisman said he entered the building "because I was supposed to know more about such things than the others."

"You're an expert then?" De- fense Attorney George R. Smith asked.

"Supposed to be," Dadisman re- plied.

Dadisman said when he dropped to the floor he landed on the bag of money. It contained \$66. He finally broke open a back door to let the others in but came face-to-

face with a county patrolman checking the store.

Meantime, Cox testified, he and Fallis ran to their car when they saw the patrol approach. They then drove slowly by the store and saw Dadisman in custody of the offi- cers.

Cox corroborated Dadisman's testimony that Fallis drew a map of the dispensary's location and that he drove the car to the scene.

On cross-examination, Cox re- pudiated a statement given police the day of his arrest which agreed with Fallis' version of the incident. Cox maintained that another state- ment given nearly two months later, which labeled Fallis as a participant, was the true version.

Both statements were introduced as evidence.

Fallis told the jury that he drove the car because Dadisman "of- fered me \$5 to drive him some place—he didn't say where." Cox went along for the ride, Fallis said.

He denied knowing a break-in was planned until he saw Dadis- man on the roof of the liquor store. He admitted seeing the other two at the Blue Moon before the break-in, and said he drew a diagram of a house while he was there. Dadisman is a painter.

Helen Dunn, 38, Lexington, a friend of Cox's, declared she saw the diagram and identified it as showing the location of the whisky store.

The Fallis trial was the last felony case set for hearing at the April criminal term. Only an ap- peal in a misdemeanor case will be tried when court convenes at 9 a. m. today.

Early yesterday a mistrial re- sulted in the case of Jack Davis, Meadow lane, accused of detaining Mrs. Don Harding against her will with the intention of having carnal knowledge.

Judge Chester D. Adams set aside the swearing of the jury when one juror, C. E. McMillin, 829 Ctamer avenue, was notified his sister, Miss Maud McMillin, was in a serious condition as result of a traf- fic accident.

The case was continued to the June term.

Before the setting aside of the jury, Mrs. Harding testified Davis grabbed her in Gratz park about 5:30 p. m. last Dec. 23.

Davis, arrested five minutes later at Second and Mill streets, denied the charge, detailed his move- ments for the 30 minutes before his arrest, and denied he was in the park.

Other cases disposed of yester- day:

Theodore Floyd, grand larceny, four years on guilty plea; Thomas

Barbiturates

(Continued From Page 1)

nic drunk, couldn't work because he was completely intoxicated by the drugs.

He has experienced addiction and withdrawal with both the morphine and, of course, the sleep- ing pill habits, and of the two, he said he preferred "to kick mor- phine because it is easier, less un- comfortable and less dangerous."

And there is nothing easy, com- fortable or pleasant about nar- cotics withdrawal. Every addict fears it.

There is no federal control of barbiturates, but in Kentucky after June 15, they may be sold to the public only on a physician's pre- scription. And no prescriptions may be refilled.

The law controlling the sale of sleeping pills was passed by the General Assembly at its recent ses- sion. The bill was introduced by Rep. Mary Burnett, Lexington Democrat.

Halts General Sale

The bill stops the general sale of barbiturates to the public, a move which should curb the par- ticular type of addiction cited as widespread and dangerous.

Some people, perhaps many, have been abusing barbiturates without realizing the consequences of the habit.

The prescription method also ap- plies to barbiturates used for ani- mals. The same records of names of purchasers and the dates of sale must be kept as in the sale for human consumption.

The law, backed by the Ken- tucky Pharmaceutical Association, will be enforced jointly by the State Board of Health and the State Board of Pharmacy.

Conviction on any provision of the act carries a maximum fine of \$500 or a jail sentence of one year, or both.

Since there is no federal law controlling barbiturates, addicts to that particular type of drug are not eligible for treatment at the Public Health Service hospitals—and in that respect, they may be considered less fortunate even than the addicts to true narcotics.

But one point can never be over- emphasized: The abuse of habit- forming drugs is always danger- ous.

Milton Hart alias T. Hart, murder, continued.

Sunday road-cleaning, stopped during the war, now is going to cost Middlesex, England, \$48,000 a year.

FIRE INSURANCE

FIFE, GOOKE and PURDY

Why not get out of town this Summer? Mercer, the Vacation