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**THE
NEW**

CREATOR

LOOK

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Preserver

SPECIAL FOURTH CLASS RATE

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Destroyer

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SERENITY PRAYER

GOD... GRANT ME THE SERENITY TO ACCEPT THE
THINGS I CANNOT CHANGE...THE COURAGE TO
CHANGE THE THINGS I CAN . . . AND THE WIS-
DOM TO KNOW THE DIFFERENCE.

HOW ITWORKS

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are suggested only, but they are the principles that made our recovery possible.

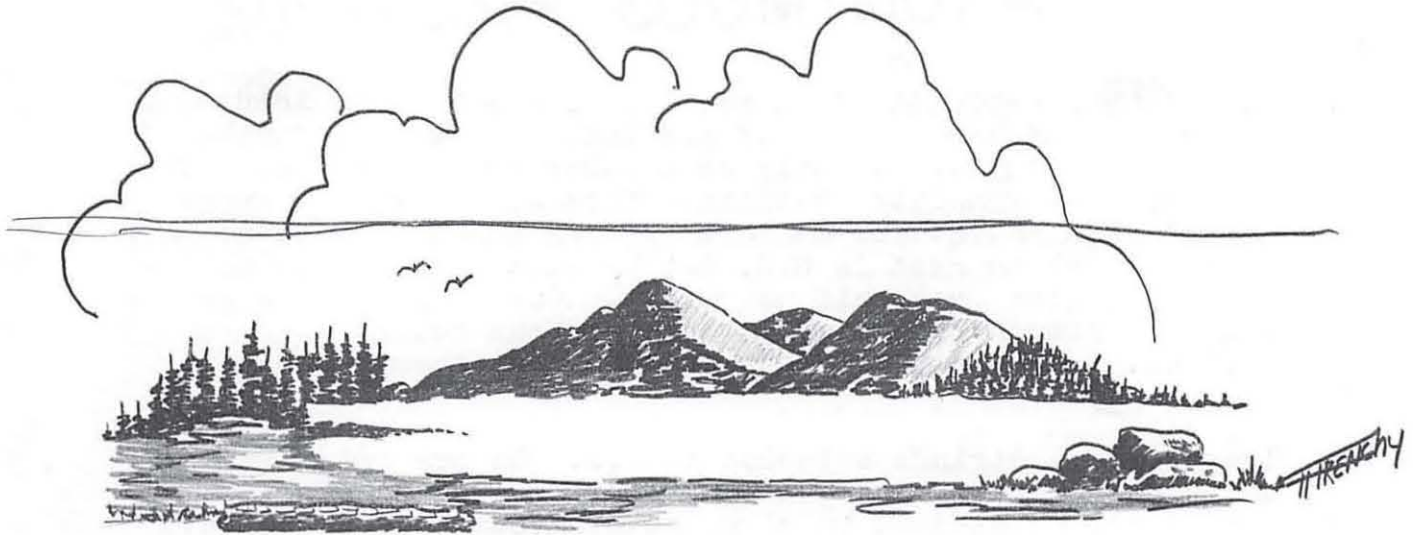
1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God, remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory, and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us, and the power to carry that out.
12. Having had a spiritual awakening as a result of those steps, we tried to carry this message to addicts and to practice all these principles in all our affairs.

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM

N.A. is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovered addicts who meet regularly to help each other to stay clean. This is a program of complete abstinence from all drugs. There is only "One" requirement for membership, the honest desire to stop using. There are no must in N.A. but we suggest that you keep an open mind and give yourself a break. Our program is a set of principles, written so simply, that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no leaders, no initiations fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, color, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly, stay clean.



EDITORIAL
BY
THOMAS H.

As a member of the Narcotic Anonymous program, having suffered (and probably still suffering) the internal and external causes which presumably leads young people such as myself to drugs, and eventually to the abnormal setting of prison. I find it exceedingly difficult to say myself or speak for the group as a whole (without having some deep reservations) exactly how much our N.A. as a therapy program has accomplished in the past year, nor would I venture to predict what our accomplishments will be throughout the present year. However, I would like to see the quality of our efforts collectively and individually improved upon and the quantity of our success tremendously increased in this year of 1969, in this year we must especially be ever mindful that there are a few of us who becomes discouraged very easily, and to those few I would remind them that the intended result of our efforts doesn't always manifest immediately upon the execution of your efforts. Sometimes we must patiently wait to harvest the fruition of our labor and the rewards of having tried. I mean physical, mental, and spiritual labor and to try with a determined effort for one cannot afford to waver and by the same expect to succeed.

A half solution to a problem will not eliminate the cause, but instead allows one to be more tolerant of the effects, and a half cure to addiction leaves one yet addicted. One should feel the same way towards a half effort as he would if a woman called him a half man. However I find even this parable inadequate, because indignation or a deflated ego is nothing compared to the overall failure of a man as a man amongst men in a world dominated men.

I believe the supreme concept of man is understood to him through adhering to his true nature as a man. My concept (which will be distorted when put into words) is "If man cannot obtain, possess, and realize his ultimate goals of which his passions and reasoning dictate, that man will exhaust himself BEYOND THE EXPECTATION OF HUMAN ENDURANCE." In pursuit of these fulfillments and he will remove, intelligently (for otherwise) the thing or person which stands in his way. For such is the true nature of man.

There is one other thought I would like to interject into the one already posited and that is the ultimate realization of a natural and positive state of being cannot be equaled by the heights of illusion conceived in a narcotic condition.

Now on behalf of the editorial staff I would like to say that each member has pledged to sock it to our readers and let it all hang out. And to all our friends and fellow souls in pain confined in prisons and other institutions throughout America, we of the NEW LOOK urge each and everyone of you to keep laboring and trying.

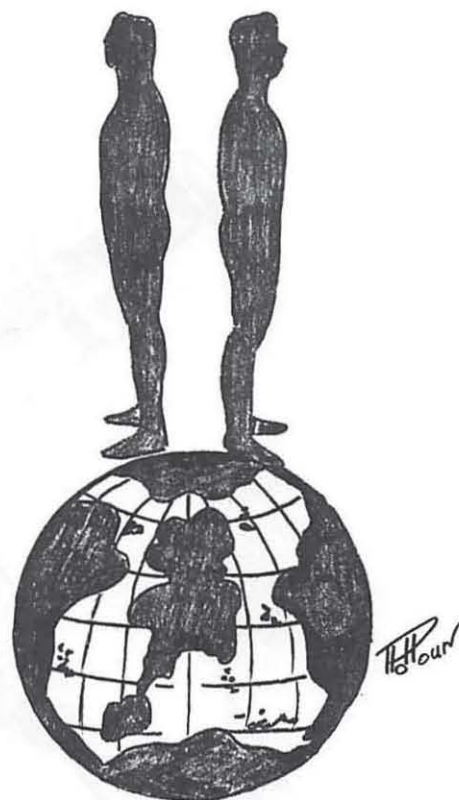
Acknowledgement of, and introduction to our Artist and Art Editor.

The art editor for this issue of the NEW LOOK has garmented our magazine with warmth, depth, and beauty; from the cover throughout the pages. His illustrations depict freedom of thought, and body, and soul. In his effort to accomplish such an impressive effect, he has, obviously plunged deep into his soul which reflects a warm, creative and imaginative charisma! With his expertise in the use of pen and ink he has gathered the elements of nature; trees, lakes, and mountains as they lie under heavenly skies, thus dramatically capturing the epitome of life's serenity. Ladies....and Gentlemen...may we present our NEW LOOK artist; "Frenchy" P.

Tommy H., Editor

The symbol on our cover is that of the Hindu Trinity, representing the inseparable Unity of Gods, Bramha, the Creator, Vishnu, The Preserver, and Siva, the Destroyer. Ironically enough, we have taken the liberty to twist this symbol to fit our purposes, as in drug addiction; we have; the ones who sell it, the users who buy it, and the law who is sworn against both its sellers and users. Thus, in a sense, the law could very easily be considered the same as Siva the Destroyer!

I BELIEVE
BY
THOMAS P.

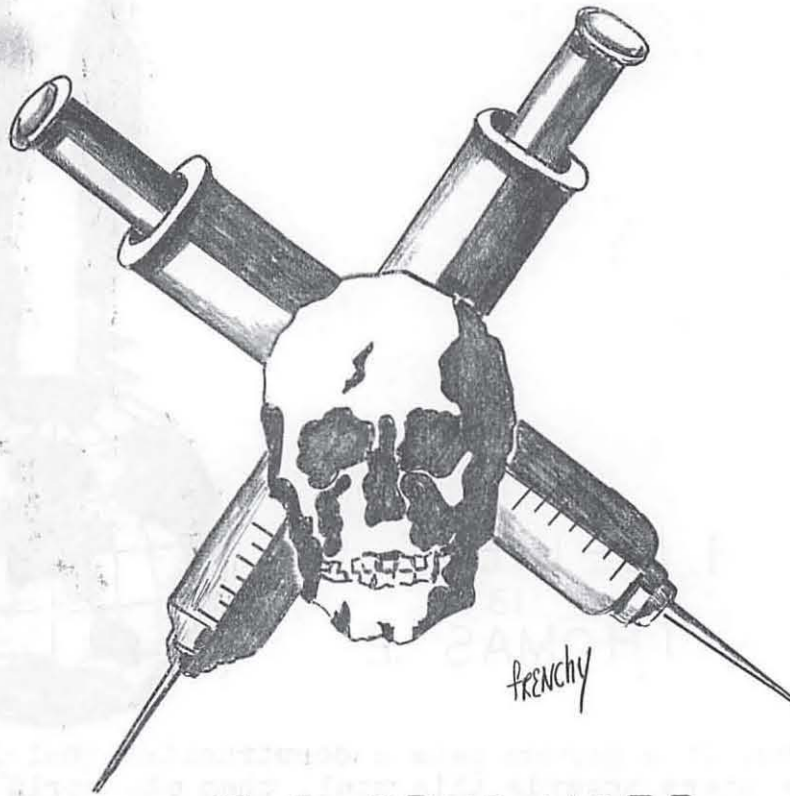


I believe that if a person sets a constructive goal in view, and each day take steps towards this goal, then the world will be his oyster.

I believe, that in every drug addict's life, there comes a time when drugs aren't important to him anymore, but he has to be man enough to acknowledge this to himself. And most of all, sincere in his convictions when he says "I'm through."

I believe, that when we become aware of the fact that our affiliation with drugs is a myth as far as being hip is concerned, then and only then will we realize that the price we pay for being hip is too dear.

I believe, that when we remove the desire for narcotics, there is no longer a need. In this world there are men amongst men, which one are you?



THE DRUG USER BY ROBERT F.

Drugs are more than an adjunct to our social living, they are a necessity! We need drugs in our hospitals in order to ease pain and facilitate treatment. In the surgeon's amphitheatre, we need them as well as in the treatment of mental illness and rehabilitation. Drugs are for use in our society and not for abuse. What the abuser of drugs does with them is very personal and individual. He seeks, in many cases, refuge from what he conceives to be a hostile environment.

There must be as many reasons for using drugs as there are drug users. These reasons are valid for those who use narcotics and are called upon to explain their behaviour. People who drink, smoke and take narcotics are of a similar bent; they find life less than tolerable under ordinary circumstances. The variations in personality traits and characteristics among members of the loose clan of drug users is as broad as are those among any other single group of people taken under one heading. People should use drugs rather than drugs use people! But it is easy to sit back and quarterback from an armchair. Hindsight always has the pat answer.

The first and basic premise to begin with (when considering the person who is an unfortunate victim of drug addiction) is that he is an individual. He is a person who is more delicately balanced than are most others of our society, and therefore, has what psychologist Maurice J. Keyser, M.A. (Chief Psychologist, R.D.C., S.P.S.M.) calls a "low frustration tolerance." He is another victim of the common American "success syndrome"; small expenditure, with immediate and enormous profits. The common denominator here is immediacy!

The adjustments necessary to our existence in this western culture must be made with the methodologies and techniques commensurate with the times. Any young person, college student or otherwise, will assure you that it is impossible to get rich by the strength of one's own right arm. Not only that, the standard of living in this society is higher than what is available to the so-called average individual in this country. The moral precepts of what constitutes right and wrong in our society do not jibe with the practices necessary to attain "success."

It would appear to this writer that the victims of drug abuse are "social drop-outs" in much the same "bag" as the young people who are in revolt against a system that has benefitted them materially, but failed them in their attempts to find any meaningful relationship between what is and what should be.

Let's be real, and understand that the victim of drugs is not an ordinary person; and to attempt to force him into that mold and stricture is to create an anomolie. People who are sensitive and extraordinary have the added onus of trying to relate to those who feel that their own ordinariness, and that average and normal is the end, aim and epitome of all effort. ALL HAIL MEDIOCRITY! What some persons may see as ideal and perfect as a life-pattern may not always square with real purpose and meaning as others see it.

"Institutional conditioning is not at all relevant to social conditioning, however much you might like to have your orderly, and logically outlined theories hold. The facilities for containment, with their obsolete factors need tremendous up-dating. (I will acknowledge the possibilities of the Camp Waterloo Dental Technician program and off the Michigan Training Unit.) We cannot continue to write large segments of our population as expendable with serious damage to the societal construct. Until we can learn more about how to deal with the exceptional on both ends of the continuum, the rare and the unusual, we are not utilizing all our potential as social engineers and preservers of our human resources.

In fine, the drug addict is a person who has great difficulty adjusting to a social paradox, and has found, among the many responses he might have made, an escape-hatch more delightful than facing the routine of what he thinks, is life without purpose!



REFLECTIONS

As I sat reading an old copy of Leo Tolstoy's essay on "Power of Truth", I had cause to reflect how we in our own little group could so much identify and use the valid information he gave at such a tremendous cost, the cost of course was his life. I was brutally snuffed out via those very forces who feared him the most. Mr. Tolstoy's only crime was individual thought. He made the disastrous mistake of speaking out for the "Dignity of Man."

What caught my mind so rigidly were the words "A man should speak the things that he thinks, if not, he should not speak those things that he does not think. If a man should speak the individual thoughts that men have he will imagine his self very much alone, but other thinking men will become aware that he is speaking about thoughts and feelings that all aware men must experience at one time in their lives. They will know that the one little isolated thought soon becomes the opinion of the majority once recognized."

It is every man's obligation, no; duty to learn to articulate his right of free thought. In each of us is the awareness that we fall short of our purpose; to be individuals.

Great Powers do not fear so much the forces of armies or threats of nations for these things they can comprehend. But the one thing they will always try to seek out and destroy if possible is truth. For the free thinking of one man can create a crescendo of thoughts and ideas that will not only topple the outrageous, but snowball and form and un-oppressed opinion, a society of Free Men.

This is our responsibility as men. The only real decision is, are we willing to pay the price?

Frenchy..

(Excerpts from "SCIENCE" Oct. 18, 1968 vo 94 (19).)

An Indiana University sociologist strongly attacks the Narcotics Bureau for its "Propaganda techniques" Legislation on dangerous drugs " is tailored to conform to the requests of the bureau, which is control by the police and prosecutors", says Dr. Alfred R. Lindesmith. "The influence of social science on this law enforcement establishment is nil and may even be zero", Dr. Lindesmith charges. He says that testimony hostile to declaring drug use a crime has been barred from Congressional hearings, and declaring that the recent opposition of James Goddard, former commissioner of the Food and Drug Adm., to criminal laws on dangerous drugs, was stifled. Dr. Lindesmith accused the Narcotics Bureau of statistical fakery. He says, "I cannot think of a single competent person in the academic world who has not reached the conclusion that bureau of statistics are distorted, unrealistic and sometimes manufactured from whole cloth."

PROF. A.R. LINDESMITH

Humility becomes her for she
wears it
Like a purple, velvet gown
And on her head
A crown
Brilliant with deeds of kindness.
She holds in her hand
A scepter of love
And reaches out to all
To touch and bless

BEHOLD.....A BLACK MUSE.....ERATO IN EBONY.....ADIEU SAPPHO

Poet Gwendolyn Brooks, was named official "POET LAUREATE OF ILLINOIS" an honorary title previously held by the late Carl Sandburg. OUR Miss Brooks received the Pulitzer Prize for poetry in 1950. Some of her work includes: "A Street in Bronzeville", 1945, "Maud Martha "1953. She is a product of Wilson Junior College, in Chicago and the recipient of the Guggenheim Award. She was one of the TEN WOMEN OF THE YEAR. 1945. We Salaam and salute a Black Woman this issue and present her with the Crown of Laurel Leaves.



The

Hoet

FOR CHARLEMAE ROLLINS

Specially written for a Mrs. Charlemae Rollins on the occasion of
a tribute in her honor at the Country Club Hotel in Chicago.
FREEDOM TO THE FREE A Century of Emancipation

Her gift is long delayed.
And even now is paid
In insufficient measure.
Rhymeful reverence,
for such excellence,
Is microscopic treasure.
NOTHING is enough
For one who gave us clarity-
Who gave us sentience-
Who gave us definition-
Who gave us of her vision.

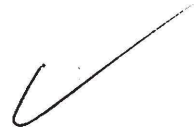
Mrs. Gwendolyn Brooks (Blakely) Pulitzer Prize Poet

"THE GHOSTS AT THE QUINCY CLUB

Where velvet voices lessened, stopped and rose
Rise raucous Howdys. And a curse comes pure.
Yea, it comes pure and challenges again
All ghost airs; graces, all daughters-of-gentlemen
Moth-soft, off-sweet, Demure.

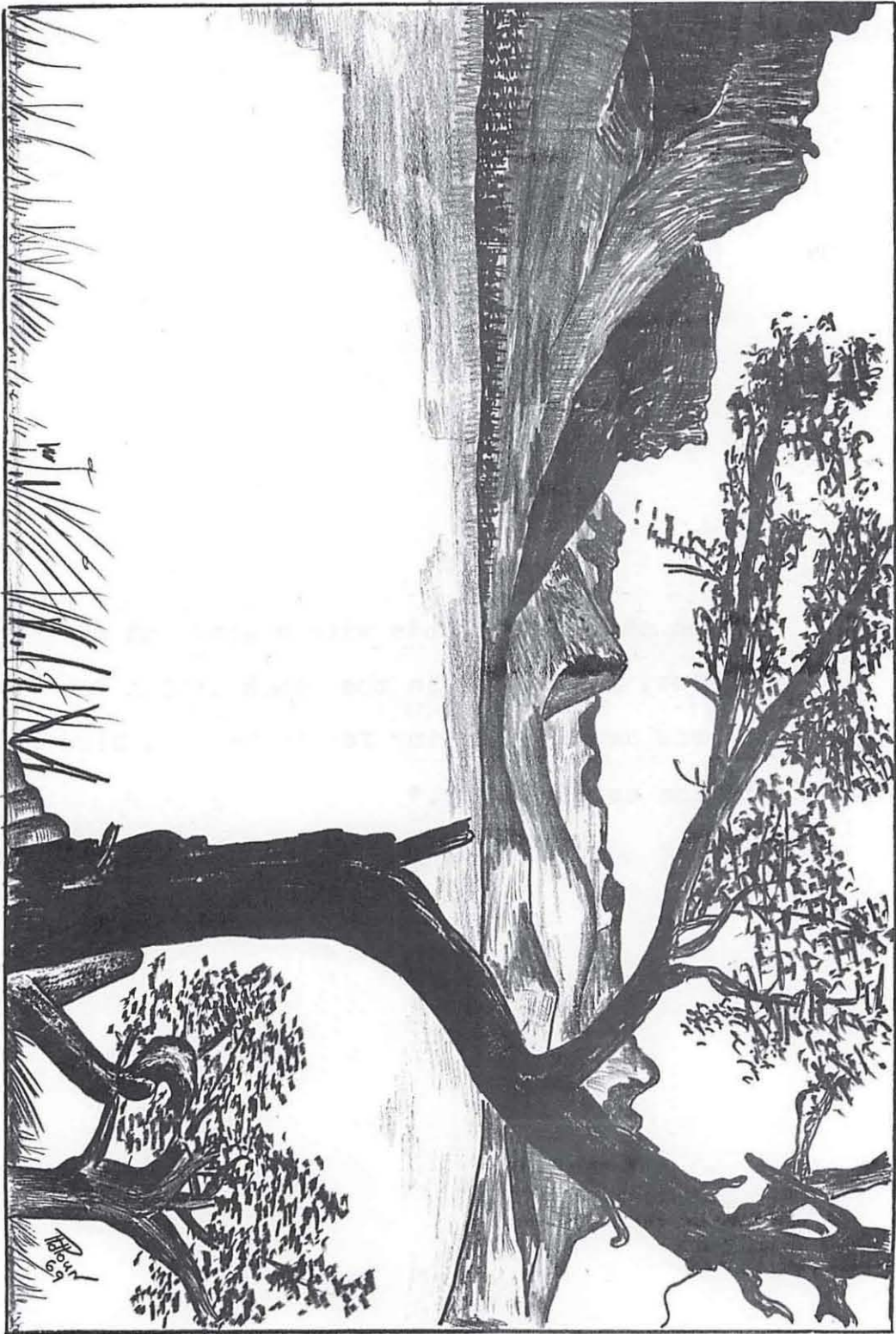
Where Tea and Father were (each clear
And lemony) are dark folk, drinking beer.

Gwendolyn Brooks Blakely




"You may tie my hands with chains and my feet with shackles, and put me in the dark prison but you shall not enslave my thinking for it is free like the breeze in the spacious sky."

Kahlil Gibran



Must One Seek
by
Cedric D.



Must one gratify his need for punishment,
painfully, willingly, and continuously.

Must he seek to harm his fellow man,
agressively, violently, and resentfully.

Must he strive to ward off lifes goals,
harshly, dramatically, and unbeknowingly.

Must he imprison, heart, body, and soul,
foolishly, restly, and unjustly.

Must he live and not know life,
pursuingly, confusingly, and refusingly.


Must he perish unto the strife
weepingly, cheaply, and deeply.

Alas! He has succeeded, fulfilling nothing,
roughly, unhappily, and badly.

He withers unto the sorrows of discontent,
lonely, disappointed, and madly.

MUST THEY MAKE OF THEIR LIVES SUCH A CHEAP MISERA-
BLE MESS; FOR THE COMPENSATION OF A GRAIN OF SALT?

Cursed are the ones addicted
by
Tyrone C.



Cursed are the one's addicted,
For they know not the apex of life;
Only pain, and inflicted
Dreaded sorrows of strife.
Competing against the toiled soul
That designs the path of men;
Searching for an ultimate goal,
That he suffers in life to gain;
He veils this bewildered act
With drugs, alas, and pain.
Preying upon the prime of plunder
To endure another day,
Caught amongst the claws of slumber
To wither his life away.
Oh!! Cursed are the one's addicted,
When drugs they have befriended
'Gainst life the stand conflicted
And now their lives have ended.

A POEM
by
James H.



I can't do nothing right.
It holds out on me just for spite.
And sometimes when I'm feeling strong.
I remember that I do nothing wrong.

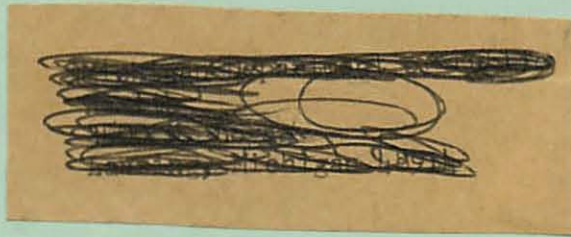
Did you ever try the nothing bit?
I just can't get the knack of it.
Practice makes perfect said someone.
But I've never even seen it done.

Does doing nothing take a brain?
Trying to do it drives me insane.
I try to think there must be a way.
I think I'll practice an hour a day.

Doing nothing can't be bad.
Who knows, it might start a fad.
I sadly think as I trip along.
Must I always do nothing wrong.

Special Activities Office
4000 Cooper Street
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49201

SPECIAL FOURTH CLASS RATE



Home Of
JAMES A. McDIVITT
Astronaut

SPECIAL FOURTH CLASS RATE

