## Narcotics Anonymous



NARCOTICS ANONYMOUS

## OTHER PUBLICATIONS AVAILABLE FROM N.A. WORLD SERVICE OFFICE

N.A. White Booklet, Newly Revised N.A. Group Starter Kit (I.P. #18) Who, What, How and Why (I.P. #1) The Group (I.P. #2) Another Look (I.P. #5) Recovery and Relapse (I.P. #6) Am I an Addict? (I.P. #7) Just for Today (I.P. #8) Living the Program (I.P. #9) Sponsorship (I.P. #11) The Triangle of Self-Obsession (LP. #12) Youth and Recovery (I.P. #13) One Addict's Experience with Acceptance, Faith and Commitment (I.P. #14) For the Newcomer (LP. #16) Self Acceptance (I.P. #19) Hospitals, Institutions and the N.A. Member (I.P. #20) The Loner-Staying Clean in Isolation (I.P. #21) Welcome to Narcotics Anonymous (I.P. #22)

## NARCOTICS ANONYMOUS

FOURTH EDITION



Twelve Steps and Twelve Traditions reprinted for adaptation by permission of A.A. World Services, Inc.

World Service Office, Inc. P.O. Box 9999, Van Nuys, CA 91409

o 1982, 1984, 1987 by World Service Office, Inc. All rights reserved.

Published 1983. Third Edition 1984. Fourth Edition 1987.

Printed in the United States of America

92 91 90 89 88

10987654321

Library of Congress Cataloging in Publication Data

Narcotics Anonymous.

Includes index.

Narcotics Anonymous.
 Narcotics addicts—
Rehabilitation—United States—Case studies.

I. Narcotics Anonymous. [DNLM: 1. Narcotics Anonymous.

2. Narcotic Dependence—rehabilitation—personal

narratives. WM 270 N2235]

HV5825.N28 1987 362.2'9386 86-26640

ISBN 0-912075-02-3

Library of Congress Catalog No. 83-70346



This is N.A. Conference-approved literature.

## CONTENTS

|  | Our Symbol                                     | ix        |
|--|--|-----------|
|  | Preface  | xi        |
|  | Introduction                                   | xv        |
| BOOK ONE:  | NARCOTICS                                      | ANONYMOUS |
| Chapter One Who Is an Addict?                                  |  | 3         |
| Narcotics Anonym   | Chapter Two<br>What Is the<br>nous Program?    | 9         |
| Chapter Three<br>Why Are We Here?                              |  | 13        |
| Chapter Four<br>How It Works                                   |  | 17        |
| Chapter Five<br>What Can I Do?                                 |  | 50        |
|  | Chapter Six<br>e Traditions of<br>es Anonymous | 55        |
| Chapter Seven Recovery and Relapse Chapter Eight We Do Recover |  | 70        |
|  |  | 79        |
| Chapter Nine ust for Today—Living the Program                  |  | 84        |
|  |  |           |