

Narcotics Anonymous.

Fifth Edition

THE TOOL BAR

Select a tool by clicking its icon in the tool bar.



Click the Page Tool to view only the current page. with no bookmarks or thumbnails.



Click the Actual Size Tool to view the page at

Use the Go Back and Go Forward tool icons

to retrace your steps through a document.



100%.



Click the Fit Page Tool to make the page fit in the window.



Click the Fit Width Tool to make the page's width fit in the window.



The Find Tool searches for part of a word, a complete word, or multiple words in the document.



The Search tool searches for words, phrases, and combinations of words within all the documents on this CD-ROM.



The Search Results tool displays the results of any search you perform.





Click the Bookmarks & Page Tool to display any bookmarks that may have been created for the document. Click on a particular bookmark's name to go to the corresponding destination.



Click the Thumbnails & Page Tool to display bookmarks created for the document. Click a thumbnail to go to the page represented by the thumbnail.



Use the Hand Tool if the currently displayed page does not fit in the window. The Hand tool will drag the page in the direction you move your mouse while holding down the mouse button.



The Zoom Tool allows you to magnify and reduce the size of the page displayed.







The Browse Tool icons allow you to go to the first page or last page of the document, or to page forward and backward one page at a time.

Installing the Acrobat Reader

Insert the CD into your CD-ROM drive.

For:

Windows 3.x Users

From the Windows Program Manager menu bar, click FILE and select RUN.

Type D:\INSTALL\WIN31\rs16e301.exe (Where D:\ is your CD ROM drive.)

Windows 95 and NT Users

From the Start menu, click RUN.

Type D:\INSTALL\WIN95_NT\ rs40eng.exe(Where D:\ is your CD ROM drive.)

Macintosh Users

Insert the CD and double click the BasicTxt CD icon. Next. open MAC folder by double clicking, then double click the Reader + Search Installer icon.

Double click the BEGIN PDF icon at the root of the CD-ROM.



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See the inside of this booklet for instructions on how to use the CD.

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Many books have been written about the nature of addiction. This book primarily concerns itself with the nature of recovery. If you are an addict and have found this book, please give yourself a break and read it!