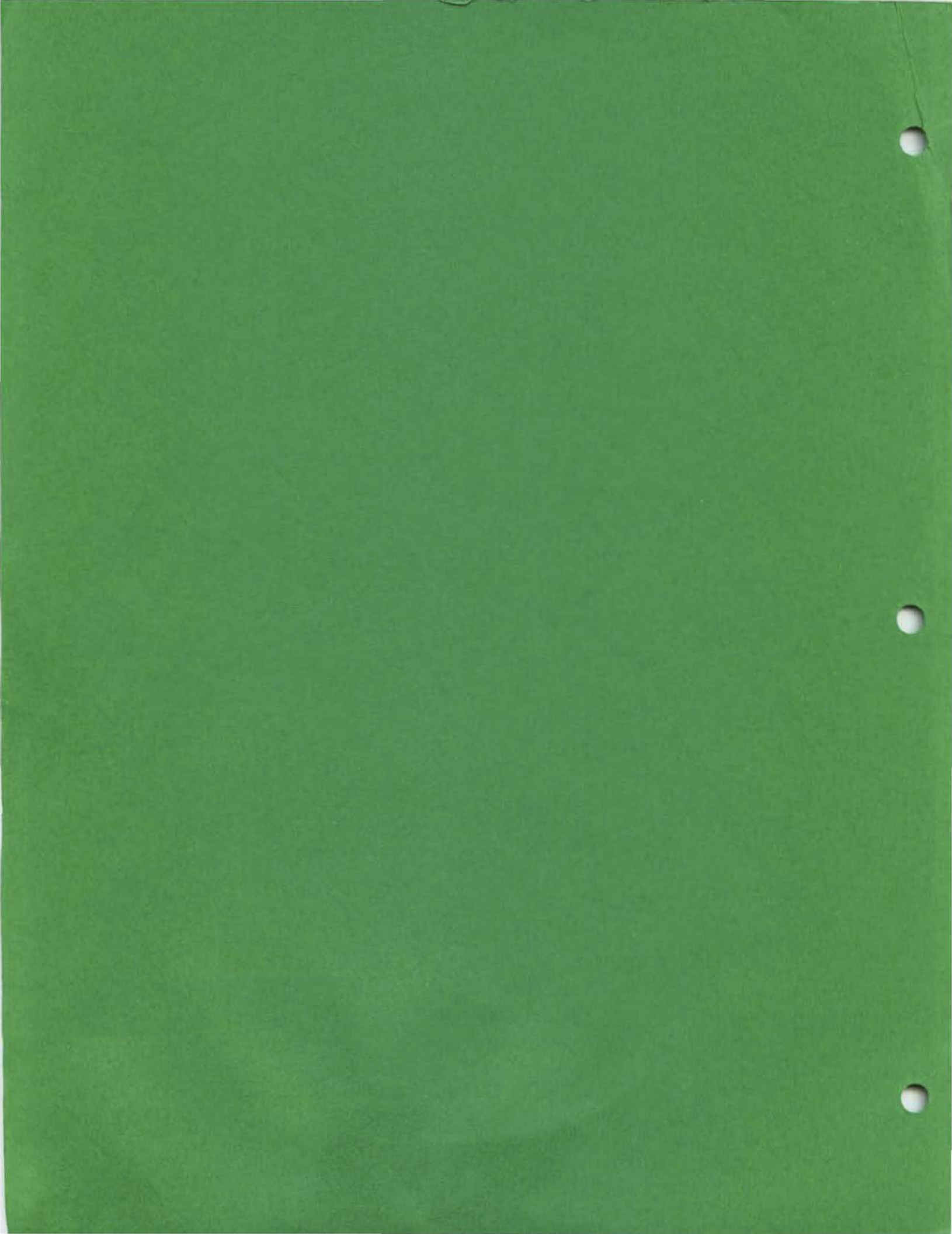


**IT WORKS:
HOW AND WHY**

**UNAPPROVED LITERATURE
NOT FOR USE IN NA MEETINGS**
For approval or *disapproval*
at WSC 1993




It Works:
HOW AND WHY
The Twelve Steps
and
The Twelve Traditions

UNAPPROVED MATERIAL-NOT FOR USE IN NA MEETINGS

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Introduction

Welcome! The book you have in your hands is a discussion of the Twelve Steps and Twelve Traditions of Narcotics Anonymous. We realize that, whether written or verbal, no discussion of something as personal and individual as recovery can be all things to all people. This book is not meant to be an exhaustive study of NA's steps and traditions, nor is it meant to be the final word on any aspect of recovery or NA unity. Rather, it is meant to help you determine your own interpretation of the principles contained in our steps and traditions. We hope you will find personal growth, understanding, and empathy in the following pages. We pray you will be moved to a new level of insight into your recovery and the valuable place you occupy as a member of Narcotics Anonymous.

Each member of NA has contributed to this book in some way. Whether you are new to recovery or one of our longtime members, your experience, your support, and, above all, your presence in the rooms where addicts meet to share recovery has been the motivating force behind the production of this book. Though the process of writing a book about the experience of a fellowship as diverse as ours has been lengthy, we saw all the barriers and stumbling blocks fade away in the light of our primary purpose: to carry the message to the still-suffering addict. That one purpose, clear and powerful, stands alone in our collective consciousness as the only thing that really

amidst the tremendous diversity we find in Narcotics Anonymous is by the application of certain common principles: those found in the Twelve Traditions. So long as we place the practice of those common principles before the exercise of our individual personalities, all will be well.

MEMORANDUM

The following information was obtained from the records of the Department of the Interior, Bureau of Land Management, regarding the proposed action of the Bureau of Land Management to acquire certain lands in the State of California.

FOR THE DIRECTOR OF THE BUREAU OF LAND MANAGEMENT

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