

# NARCOTICS ANONYMOUS

FOR REVIEW ONLY  
UNPUBLISHED LITERARY WORK

NOT FOR DISTRIBUTION

Memphis, Tennessee  
February 15, 1981

Dear Fellow Addicts:

We have collected material from individuals and groups worldwide, sharing our experience of recovery. We have compiled the information in the form of a "review" copy, which is proposed as our definitive work on addiction and recovery.

This work is the product of the three World Literature Conferences which were held between October 1979 and February 1981 at Wichita, Kansas, Lincoln, Nebraska and Memphis, Tennessee. In excess of 4,500 man-hours were expended at Memphis by more than seventy recovering addicts from thirteen states to produce the final work. In addition, the Memphis conference kept nine typewriters, two photocopiers, three cassette recorders, two telephones and a dictaphone in almost continuous use, and used over 20,000 sheets of paper.

We are asking for your corrections or comments. It has been suggested that a group effort may be most effective.

Please return the attached review-input form promptly. The deadline for input is April 15, 1981, received at Atlanta, or at Los Angeles before the World Literature Conference IV begins April 26, 1981.

Review-input forms will be processed at the World Literature Conference IV in Los Angeles during the last week of April 1981. Everybody is encouraged to attend this conference.

Our goal is to have the review copy approved, Fellowship-wide, and to present the finished manuscript to the World Service Conference in May 1981. Following this approval, the book will be ready for publication in hardback.

Let your H.P. be your guide. We remain your trusted servants.

In gratitude and loving service,

Tim T., Cathy T., Cordie A., Jeff B., Robyn C., Deb D., Richard D., Robert J., Jeff K., Gene L., Lee M., Kathy P., Mike P., Duane P., Mike P., Stephen S., Gary S., Morris S., Randy S., Gina H., Kevin B., Cindy H., Danny J., Brenda M., Bill B., Jeanette, Nolan W., Richard, Carol B., Dwayne L., Donna B., Allen C., Hank F., Roland C., Page C., Tina E., Shorty H., Tom M., Bo S., George S., Mary L., Peggy V., Frank I., Laurie S., Mindy M., Mollie P., Linda M., Kirk D., Bob D., Tom L., Doug W., Dan K., Jeff L., Jim M., Terica W., George R., Ted S., Jane B., Beverly B., Terri C., Dennis E., Jack H., Cindy H., Kenny H., Linda L., Bill K., Jan K., Joseph P., Bob S., Roger T.

WORLD LITERATURE CONFERENCE III  
WORLD SERVICE CONFERENCE-LITERATURE COMMITTEE,  
NARCOTICS ANONYMOUS

HARDBACK IN JUNE!



# NARCOTICS ANONYMOUS

The Narcotics Anonymous program is a self-help program for people who are addicted to drugs. It is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. The program is designed to help people who are addicted to drugs to achieve a state of sobriety and to live a normal, happy life. The program is based on the principle that the only way to overcome addiction is through the help of others who have been through the same experience. The program is based on the principle that the only way to overcome addiction is through the help of others who have been through the same experience.

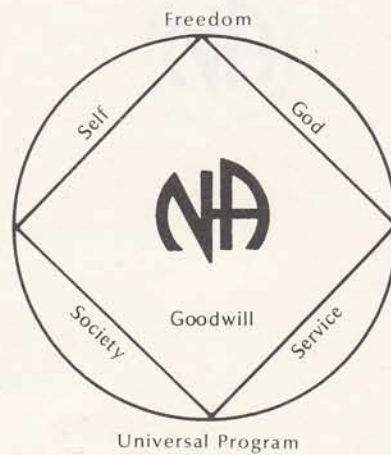


Simplicity is the keynote of our symbol; it follows the simplicity of our fellowship. We could find all sorts of occult and esoteric connotations in the simple outlines, but foremost in our minds were easily understood meanings and relationships.

The outer circle denotes a universal and total program that has room within for all manifestations of the recovering and wholly recovered person.

The square, whose lines are defined, is easily seen and understood; but there are other unseen parts of the symbol. The square base denotes Goodwill, the ground of both the fellowship and the member of our society. Actually, it is the four pyramid sides which rise from this base in a three dimensional figure that are the Self, Society, Service and God. All rise to the point of Freedom.

All parts thus far are closely related to the needs and aims of the addict seeking recovery and the purpose of the fellowship seeking to make recovery available to all. The greater the base, as we grow in unity in numbers and in fellowship, the broader the sides and the higher the point of freedom. Probably the last to be lost to freedom will be the stigma of being an addict. Goodwill is best exemplified in service and proper service is "Doing the right thing for the right reason." When this supports and motivates both the individual and the fellowship, we are fully whole and wholly free.





We cannot change the nature of the Addict or Addiction ...  
We can help to change the old lie "Once an addict, always an addict,"  
by striving to make recovery more available.  
God, help us to remember this difference.

# NARCOTICS ANONYMOUS



**NARCOTICS ANONYMOUS**  
**World Service Conference**  
**Literature Committee**

Printed in U.S.A.

MEMPHIS CONFERENCE  
SOUTHERN BAPTIST CHURCH



Memphis, Tenn.

Printed February 1981

Review Copy

SOUTHERN BAPTIST CHURCH

N.A.W.S.C.-L.C.

© 1981

TABLE OF CONTENTS

	<u>Page</u>
OUR N.A. SYMBOL. . . . .	Frontispiece
FORWARD. . . . .	i
INTRODUCTION . . . . .	iii
WHO IS AN ADDICT?. . . . .	1
WHAT IS THE NARCOTICS ANONYMOUS PROGRAM? . . . .	15
WHY ARE WE HERE? . . . . .	23
HOW IT WORKS . . . . .	28
WHAT CAN I DO? . . . . .	78
THE TWELVE TRADITIONS OF N.A.. . . . .	87
RECOVERY AND RELAPSE . . . . .	118
WE DO RECOVER. . . . .	132
JUST FOR TODAY . . . . .	143
MORE WILL BE REVEALED. . . . .	150
PERSONAL STORIES . . . . .	162

APPENDICES

- I. A PHYSICIAN'S VIEWPOINT
- II. c'Quien es un Adicto?
- III. CHRONOLOGY OF SIGNIFICANT EVENTS
- IV. COMPOSITION REVIEW STYLE SHEET
- V. SUGGESTED TOPICS FOR ADDITIONAL APPENDICES