FRIDAY MIDNITE MEETING OF NARCOTICS ANONYMOUS AT PEBBLE HILL

MEETING FORMAT

- 1. Bring the meeting to order at midnite.
- 2. "Hello, my name is _____, I'm an addict &/or alcoholic. I'd like to welcome everyone to the Friday midnight meeting of Narcotics Anonymous at Pebble Hill."
- 3. Ask if there are any newcomers, or anyone here for the first time. Welcome them.
- 4. Open the meeting with a moment of silence for the still-suffering addict, followed by a Serenity Prayer.
- 5. Have someone read the WHO, WHAT, HOW, and WHY.
- 6. Introduce your speaker. Ask him/her to keep story to 30 minutes.
- 7. Coffee- Hug Break (5 Minutes)
- 8. Bring meeting back to order. Ask if there are any announcements. Read the 7th Tradition: "We are self-supporting through our own contributions, we have no dues or fees." Pass the basket.
- 9. If there are more than 15 people, split the meeting up. (Try to have wheever has the closest to 90 days clean chair the downstairs segment, if the meeting is split)
- 10. End meeting at, or as close to, 1:30 as possible. (Must be out of church by 2:00)
- 11. Ask that people clean up after themselves and put their chairs back.