

Bicycling Directory of Pennsylvania



**A Listing of Bicycling Opportunities and Services
for the Commonwealth's Eight Regions**



Bicycling Directory of Pennsylvania

This directory is designed to provide a comprehensive listing of bicycling services and resources for both visitors and residents in Pennsylvania. Listing individuals and organizations have agreed to provide guidance, assistance and information regarding where to go, how to get there, and what to expect on a Pennsylvania cycling adventure.

For your convenience, the directory is divided into eight geographical regions (as depicted on the back cover):

Region	Page
Lake Erie Region	6
Allegheny National Forest Region.	8
Valleys of the Susquehanna Region.	11
Pocono Mountains Region	14
Philadelphia and Its Countryside/ Lehigh Valley	17
Hershey/Dutch Country Region	22
Laurel Highlands/Southern Alleghenies Region.	27
Pittsburgh Region	31

These regions are the same as those contained in the *Pennsylvania Travel Planner*. For more information on accommodations and additional sightseeing opportunities, obtain a copy of the Pennsylvania Travel Planner by calling 1-800-VISIT-PA or visit their Internet site at <http://www.experiencepa.com>.

Additional copies of this publication can be obtained through the following sources:

Pennsylvania Department of Transportation Sales Store (717) 787-6746

Pennsylvania Department of Transportation Bureau of Highway Safety & Traffic Engineering office, Safety Management Division (717) 787-6853

Pennsylvania Department of Transportation District Bicycling/Pedestrian Coordinators as listed in each Region

The Directory can be viewed in its entirety on the Pennsylvania Department of Transportation website: www.dot.state.pa.us under Special Interest Areas click on Bicycle Information.

Comments or questions regarding the directory should be directed to:

Bureau of Highway Safety & Traffic Engineering

Pennsylvania Department of Transportation

P.O.Box 2047, Harrisburg, PA 17105-2047

Internet site: <http://www.dot.state.pa.us>

Happy Cycling!

Overview of Statewide Services

Statewide and Multi-Regional Bicycling Books

25 Bicycle Tours in Eastern Pennsylvania, D. Adams, et al., Backcountry Publications, Inc., Woodstock, VT 05091, (802) 457-1049

Pennsylvania Rail-Trail Guide, T. Sexton, et al., Rails-to-Trails Conservancy, 105 Locust Street, Harrisburg, PA 17101, (717) 238-1717

Short Bike Rides in Eastern Pennsylvania, W. Simpson, Globe Pequot Press, P.O. Box 833, Old Saybrook, CT 06475, (203) 395-0440

State Road Maps

Publication 12 free list of maps available from PENNDOT, PENNDOT Distribution Services Unit, P.O. Box 2028, Harrisburg 17105, (717) 787-6746

Pennsylvania Atlas & Gazetteer, DeLorme Mapping Company, P.O. Box 298-5900, Freeport, ME 04032, (800) 227-1656

Camping Information

Pennsylvania Campground Owners Association P.O.Box 5, New Tripoli 18066; (610) 767-5026 (for information on private campgrounds) www.pacamping.com

Bureau of State Parks, (800) 63-PARKS (for information on camping in state parks)

Information on Rails-to-Trails

Rails-to-Trails Conservancy, 105 Locust Street, Harrisburg, 17101, (717) 238-1717 www.railstrails.org

Annual Cross-State Bike Tours

July **Pedal Pennsylvania**, Cross Pennsylvania from Pittsburgh to Philadelphia, 450+ miles. PO Box 385, Harleysville, 19438, (215) 513-9577

August **Perimeter Ride Against Cancer**, Benefits Lehigh Valley Unit, American Cancer Society. Held every other year on the odd years. 500+ miles. 2121 Cityline Avenue Bethlehem 18017, (610) 921-2328

Amtrak Bicycle Policy

AMTRAK, (800) USA-RAIL. Bicycles permitted on trains with a check baggage car (usually only on trains traveling long distances)

Accommodations

AYH-Delaware Valley Council, 1205 Walnut Street, Philadelphia 19107, (215) 925-6004, www.hiayh.org

AYH-Pittsburgh Council, 830 Warrington Avenue, Pittsburgh 15210, (412) 431-4910, www.hiayh.org

PA Campground Owners Association, P.O. Box 5, New Tripoli 18066, (610) 767-5026, www.pacamping.com

PA Travel Council B & B Directory, 902 North 2nd Street, Harrisburg 17102, (717) 232-8880, www.pattravel.org

Rest & Repast (B & B Directory), (800) 262-2655, www.restandrepast.com

BicyclePA Routes

BicyclePA routes were designed by experienced bicyclists to provide bicycling members of the traveling public who wish to traverse the state with a guide to some of the Commonwealth's highways and rail-trails. Few of these routes contain bike lanes or other facilities designed specifically for bicyclists traveling within the four corners of the Commonwealth. The Pennsylvania Department of Transportation cannot guarantee the safety of bicyclists as they access those roads and rail-trails. Every bicyclist is responsible for his or her personal safety and welfare and for remaining alert and mindful of conditions on the roads or trails. BicyclePA users are expected to be licensed drivers or persons at least sixteen years of age who have several years of road bicycling experience.

Route A: The route stretches 199 miles from Erie, PA to Greene County, PA, just north of Morgantown, WV. The northern half is generally flat while the southern half is gently rolling to hilly. The northern terminus connects to BicyclePA Route Z and the Seaway Trail.

Route E: Also known as the Pennsylvania segment of the East Coast Greenway, the current 52-mile long roadway based version takes the cyclist through the heart of Philadelphia. It will be shifted gradually to off-road facilities as they are developed. It's a convenient connection between Trenton, NJ and Wilmington, DE and connects with BicyclePA Route S along the Schuylkill Trail.

Route G: The route connects Tioga County, PA and the Corning, NY area in the north with Bedford County and the Cumberland, MD area on the south. The 235-mile long course follows numerous northeast-southwest trending stream valleys and is surprisingly flat. It offers a convenient connection to New York State Bike Route 17 on the north and the C&O Canal Towpath and the Allegheny Passage on the south. A highlight is the Grand Canyon of Pennsylvania in Tioga County.

Route L: This route extends 225 miles from Susquehanna County in the north (just south of Binghamton, NY) to Chester County in the south (just north of Wilmington, DE). It manages to pass close to the major metropolitan areas of Scranton, Allentown, and Philadelphia, while retaining all of the rural charm that characterizes Pennsylvania.

Route S: The longest BicyclePA Route, it extends 435 miles from Washington County (east of Wheeling, WV) to Washington Crossing Military Park on the Delaware River in Bucks County, and skirts the metropolitan areas of Pittsburgh, York, Lancaster, and Philadelphia. Part of the route includes 65 miles along the Youghiogheny River and Allegheny Highlands Rail-Trails through southwest Pennsylvania, a beautiful ride that saves thousands of vertical feet of steep climbing. A recently added attraction is the Pike-to-Bike Trail, an 8.5 mile long route option east of Breezewood. It incorporates an abandoned section of the Pennsylvania turnpike, including two tunnels totaling 2.0 miles in length. Bring your bicycle lights.

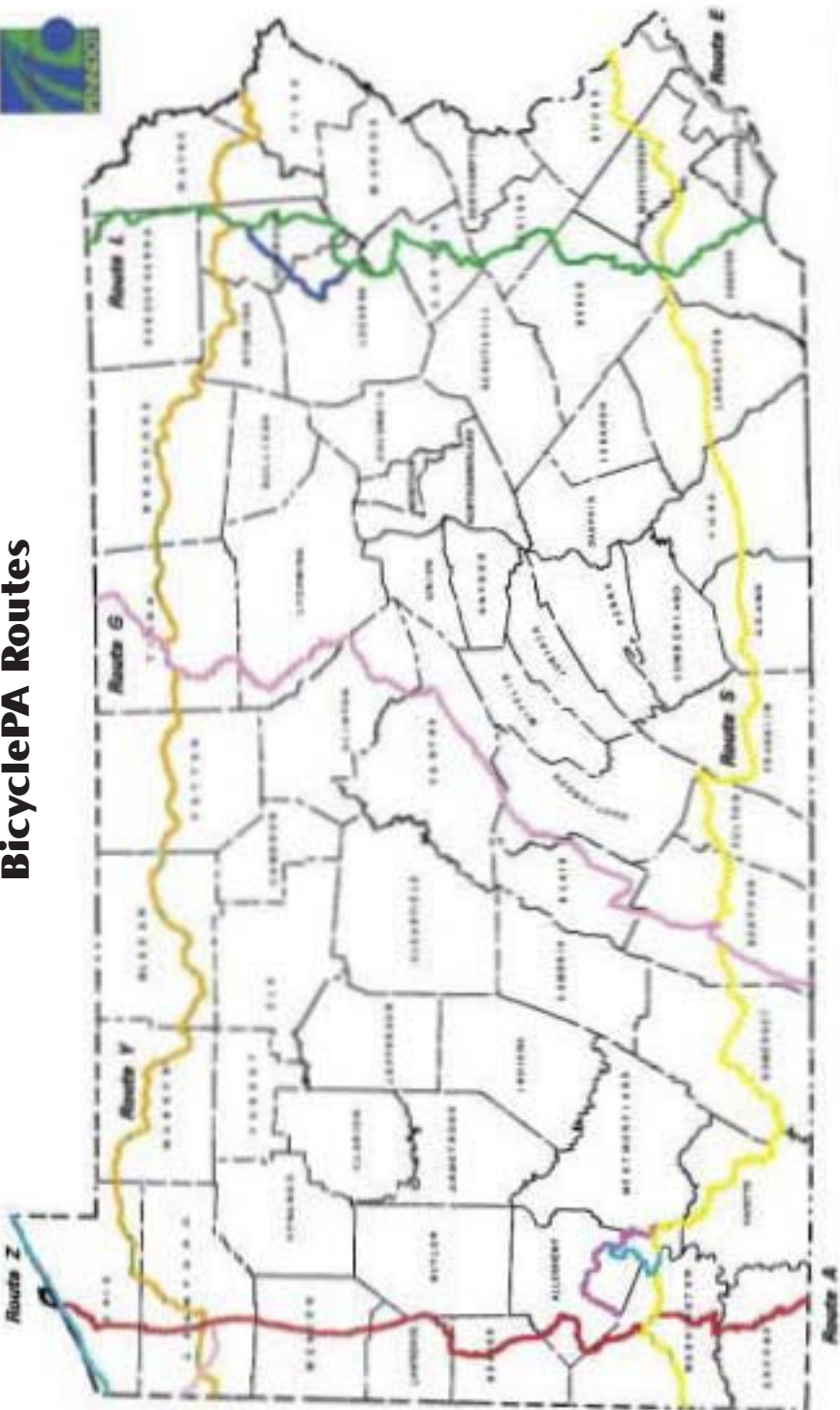
Route Y: The second longest route at 409 miles, it generally follows U.S. Route 6 through the deep forests of northern Pennsylvania. It offers access to Routes A and Z in the west and Route L in the east. It's often the choice for people cycling between Cleveland, Toledo, Detroit, or Chicago and the New York metropolitan area.

Route Z: The shortest BicyclePA route, it follows the Lake Erie shoreline for 46 miles, utilizing mostly Route 5. Connecting New York's Seaway Trail southeasterly to the Ohio border, it offers easy access to downtown Erie and Presque Isle State Park, which annually is the most visited state park in the nation.

BicyclePA routes are continuously being updated and expanded. For the most current and detailed information on these routes, go to the PENNDOT internet site at: www.dot.state.pa.us under the Bicycle Safety menu.



BicyclePA Routes



Overview of Statewide Services

Travel Services

AAA has eleven clubs across Pennsylvania which provide travel services. More information on these clubs can be obtained from the PA AAA Federation, 600 N. Third Street, Harrisburg, 17105, (717) 238-7192, www.aaapa.org

PENNDOT District Bicycling/Pedestrian Coordinators

For information on pedestrian/bicycle policy, design, maintenance, planning and related issues contact Dave Bachman (717) 783-8444 or Patti Marshall (717) 705-1444, Bureau of Highway Safety & Traffic Engineering, P.O. Box 2047, Harrisburg, PA. 17105-2047, or the District Bicycling/Pedestrian Coordinators listed in each Region.

Pennsylvania Pedalcycle and Pedestrian Advisory Committee (PPAC)

PPAC objectives are to advise and comment on all phases of cycling and pedestrian program activities being undertaken or financially assisted by the department agencies of State government. Information for upcoming PPAC meetings can be obtained at the PENNDOT internet site: www.dot.state.pa.us under Special Interest Areas link, Bicycle Information menu, Bicycle/Pedestrian Information

Bicycling Advocacy Organizations

Bicycle Access Council
465 Dairyland Drive
P.O. Box 92
Dallastown 17313
(717) 417-1299
Contact: Joe Stafford
www.bicycleaccess-pa.org

Bicycling Federation of Pennsylvania
P.O. Box 11625
Harrisburg 17108
(717) 975-0925
Contact: Tom Helm

Bicycling on State-Owned Lands

Bureau of State Parks (800) 63-PARKS (for information on cycling in state parks)
Bureau of Forestry (717) 783-7941 (for Public Use Maps for state forests)

Other State Agencies

Heritage Parks Program (717) 772-3839
Bureau of Recreation & Conservation (717) 783-2658
Fish & Boat Commission (717) 705-7800
Game Commission (717) 787-6286
Department of Community & Economic Development (717) 787-3003

PENNDOT Welcome Centers

- Edinboro I-79 Southbound, 1 mile south of the Edinboro exit
- W. Middlesex I-80 Eastbound, 1/2 mile east of the Pennsylvania/Ohio border
- Claysville I-70 Eastbound, 5 miles east of the Pennsylvania/West Virginia border
- Kirby I-79 Northbound, 5 miles north of the Pennsylvania/West Virginia border
- Warfordsburg I-70 Westbound, 1/2 mile north of the Pennsylvania/Maryland border
- State Line I-81 Northbound, 1 1/2 miles north of the Pennsylvania/Maryland border
- Shrewsbury I-83 Northbound, 2 1/2 mile north of the Pennsylvania/Maryland border
- Linwood I-95 Northbound, 1/2 mile north of the Pennsylvania/Delaware border
- Easton I-78 Westbound, 1 mile west of the Pennsylvania/New Jersey border

- Matamoras I-84 East/West, at Exit 53, 1/2 mile west of the Pennsylvania/New York border
- Lenox I-81 Southbound, 4 miles south of Lenox Exit 211

*Welcome Centers Operated by the
Pennsylvania Turnpike Commission*

- Zelienople Welcome Center, located on the Pennsylvania Turnpike Eastbound Mile Marker 21, 21 miles east of the Pennsylvania/Ohio border
- Neshaminy Welcome Center, located on the Pennsylvania Turnpike Westbound Mile Marker 351, 7 miles west of the Pennsylvania/New Jersey border



Lake Erie Region

PENNDOT District Bicycling/Pedestrian Coordinator

Erin Wiley
District 1- Erie, Crawford, Mercer and Venango Counties
255 Elm Street
Oil City 16301
(814) 678-7006
ewiley@state.pa.us

Planning Organizations

Erie County Department
of Planning
Erie County Court House, Room 119
140 West 6th Street
Erie 16501
(814) 451-6012
Contact: Jake Welsh
jwelsh@stargate.net

Mercer County Regional
Planning Commission
2491 Highland Road
Hermitage 16148
(724) 981-2412
Contact: Dan Gracenin
dgracenin@mcrpc.com

Northwest PA Regional Planning
and Development Commission
395 Seneca Street
Oil City 16301 (814) 677-4800
Contact: Bob Skarada, bobs@nwplan.org

Tourism Promotion Agencies

Mercer Co. Convention &
Visitor's Bureau
50 North Water Avenue
Sharon 16146
(800) 637-2370

Oil Heritage Region Tourist
Promotion Agency, Inc
206 Seneca Street,
P.O. Box 128
Oil City 16301
(800) 483-6264 ext. 18

Crawford Co. Convention
and Visitors Bureau
211 Chestnut Street
Meadville 16335
(800) 332-2338

Franklin Area Chamber
of Commerce
1259 Liberty Street
Franklin 16323
(888) 547-2377

Erie Area Convention
and Visitors Bureau
109 Boston Store Place
Erie 16501
(800) 524-3743

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bikes and provide maps or other touring information. Shops designated by an * also provide rentals)

Erie
A.R. Adams Schwinn
5651 Peach Street
(814) 868-0802

Erie
Frontier Bike Shop
1712 West 8th Street
(814) 456-9803

Franklin
*Country Pedalers
P.O. Box 430
US Route 322 East
(814) 432-8055

Grove City
Ultimate Sports
627 East Main St. Ext.
(724) 458-8657

Hermitage
The Bicycle Store
1779 East State Street
(724) 342-2031

Linesville
*Linesville Bicycle Shop
156 Erie Street
(888) 232-1053

Meadville
Emig's Bicycle Shop
596 State Street
(814) 333-1235

Northeast
*Lake Country Bike
21 East Main Street
(814) 725-1338

Regional Bicycle Tours

- June **The OTHER Ride.** Three 33-mile loops in Greenville Area. Sponsored by Greenville Area Leisure Services, Greenville, (724) 588-4810.
- June **Roger's Ride.** 100 mile from Northeast PA to Niagara Falls, Lake Country Bike, (814) 725-1338
- August **Welch's Harvest Classic.** United States Cycling Federation, 20-28-38 mile Road Race, Lake Country Bikes, North East, (814) 725-1338
- September **Bike Wine Country Fall Harvest Tour.** 12-25-50 mile tour of Wine region, Lake Country Bike, (814) 725-1338

Bicycle Clubs

- Presque Isle Cycling Club*, 2800 W. 21st Street, Erie 16506
- Red Apple Race Team* 1712 W. 8th Street, Erie 16505, (814) 456-9803

Trail and Rail-Trail Organizations

- Allegheny Valley Trails Assoc.* (Allegheny River Trail-PA 322), RD3 Box 115, Franklin, 16323, (814) 437-5623
- French Creek Recreational Trails* (Ernst Bike Trail), 747 Terrace St., Meadville 16335, (814) 724-1440
- Mercer Co. Rails-to-Trails* (Old Salem Trail), 681 N. Neshannock Rd, Hermitage 16148, (724) 981-4489
- Cranberry Township* (Samuel Justus Recreation Trail), P.O. Box 378, Seneca 16346, (814) 676-8812

State Forests, State Parks with Multi-Purpose Trails, and Federal Public Lands

Oil Creek State Park
Oil Creek Trail
R.R. 1, Box 207
Oil City 16301
(814) 676-5915

Presque Isle State Park
Paved Trails
P.O. Box 8510
Erie 16505
(814) 833-7424

Pymatuning State Park
Pymatuning Trail
2660 Williamsfield Road
Jamestown 16134
(724) 932-3141

Clear Creek State Forest
Allegheny River Track-
Kennerdell
158 South Second Ave
Clarion, 16214
(814) 226-1901

Shenango River Lake
Army Corps of Engineers
2442 Kelly Road
Hermitage 16150
(724) 962-7746

Woodcock Creek Lake
Army Corps of Engineers
22079 State Highway 198
Saegertown 16433
(814) 763-4422

State Police Troop Headquarters

- Troop E - Erie (814) 898-1641



Allegheny National Forest Region

PENNDOT District Bicycling/Pedestrian Coordinators

Erin Wiley
District 1
Warren and Forest Counties
255 Elm Street
Oil City 16301
(814) 678-7006
ewiley@state.pa.us

Ray Kauffman
District 2 - McKean,
Potter, Elk
Cameron and Clearfield Counties
1924-30 Daisy Street
Clearfield 16830
(814) 765-0502
rakauffman@state.pa.us

Chris King
District 3 - Tioga County
715 Jordan Avenue
Montoursville 17754
(570) 368-4255
chriking@state.pa.us

Daryl St Clair
District 10 - Clarion & Jefferson Counties
P.O. Box 429, 2550 Oakland Avenue
Indiana 15701
(724) 357-2526
dstclair@state.pa.us

Planning Organizations

Northern Tier Regional Planning
and Development Commission
312 Main Street
Towanda 18848
(570) 265-9103
Contact: Rick Biery
biery@northerntier.org

Northwest PA Regional
Planning and
Development Commission
395 Seneca Street
Oil City 16301
(814) 677-4800
Contact: Bob Skarada
bobs@nwplan.org

North Central PA Regional Planning
and Development Commission
651 Montmorenci Avenue
Ridgway 15853
(814) 773-3162
Contact: Amy Kessler
amy@ncentral.com

Tourism Promotion Agencies

Allegheny National Forest
Vacation Bureau
P.O. Box 371, 89 East Corydon St.
Bradford 16701
(800) 473-9370

Potter Co. Visitors Assoc.
P.O. Box 245
Coudersport 16915
(888) 768-8372

Tioga Co. Visitors Bureau
114 Main Street
Wellsboro 16901
(888) 846-4228

Northern Alleghenies Vacation Region
315 Second Avenue, Box 804
Warren 16365
(800) 624-7802

Northwest Pennsylvania's
Great Outdoors
Visitors Bureau
175 Main Street
Brookville 15825
(800) 348-9393

Cook Forest Vacation
Bureau
PO Box 5035
Cooksburg 16217
(814) 849-9377

PA Route 6 Tourist
Association
West Main Street
Galeton, 16922
(877) 276-8836

Regional Bicycling Publications

Bikers' Guide to Canyon Country, Wellsboro Chamber of Commerce
120 Main Street, Wellsboro 16901, (570) 724-1926

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bicycles and provide maps or other touring information. Shops designated by an * also provide rentals)

Clarion
High Gear
623 Main Street
(814) 226-4763

Mansfield
*Oswald's Cycle Works
10 W. Wellsboro Street
(570) 662-3097

Ridgway
*Love's Canoe
3 Main Street
(814) 776-6285

Warren
Bike World of Warren
2025 Pennsylvania Ave
(814) 723-1758

Regional Bike Tours

June **Laurel Classic Mountain Bike Challenge** Wellsboro Area Chamber of Commerce, PO Box 733, Wellsboro, PA 16901, 570-724-1926

September **Tri-County Tour de Trail** Tri-County Rails-to-Trails,
PO Box 115, Ridgway 15853, (814) 772-7657

Bicycle Clubs

Twisted Spokes Bicycle Club, 10 W. Wellsboro St, Mansfield 16933, (570) 662-3097

Trail and Rail-Trail Organizations

Tri-County Rails-to-Trails Assoc. (Clarion-Little Toby Creek), P.O. Box 115, Ridgway 15853, (814) 772-7657

Clearfield Co. Rails-to-Trails (Clearfield to Grampian Trail), 310 E. Cherry St, Clearfield 16830, (814) 236-0894

U.S. Army Corps of Engineers (Kellettville to Nebraska Trace), One Tionesta Lake, Tionesta 16353, (814) 755-3512

U.S. Army Corps of Engineers (Railroad Grade Trail), R.R. 1 Box 65, Tioga 16946, (570) 835-5281

Tidioute Area Development Association (Tidioute Riverside Rec Trek Trail), P.O. Box 86, Tidioute 16351, (814) 484-7424

Warren County Planning & Zoning Commission (Warren to North Warren Bike Trail), 207 West Fifth Ave, Warren 16365, (814) 726-3861

Cowanshannock Creek Watershed Association (Great Shamokin Path), P.O. Box 307, Rural Valley 16249, (724) 783-6692

State Parks with Multi-Purpose Trails, and Federal Public Lands

Ole Bull State Park
HCR 62, Box 9
Cross Fork 17729
(814) 435-5000

Parker Dam State Park
R.D. 1, Box 165
Penfield 15849-9799
(814) 765-0630

Clear Creek State Park
R.R. 1, Box 82
Sigel 15860
(814) 752-2368

Kinzua Bridge State Park
Kinzua Bridge Trail (Bridge closed to pedestrians)
c/o Bendigo State Park
P.O. Box A
Johnsonburg 15845
(814) 965-2646

Kinzua Dam & Allegheny Reservoir
Army Corps of Engineers
1205 Kinzua Road
Warren 16365
(814) 726-0661

East Branch Clarion River Lake
Army Corps of Engineers
RD #1 Box 81
Wilcox 15870
(814) 965-2065

Tionesta Lake
Army Corps of Engineers
1 Tionesta Lake
Tionesta 16353
(814) 755-3512

State Forests

Clear Creek State Forest
158 2nd Avenue
Clarion 16214
(814) 226-1901

Moshannon State Forest
RR 1 Box 184
Penfield 15849
(814) 765-0821

Elk State Forest
258 Sizerville Road
Emporium 15834
(814) 486-3353

Cornplanter State Forest
323 North State Street
North Warren 16365
(814) 723-0262

Tioga State Forest
One Nessmuk Lane
Wellsboro 16901
(570) 724-2868

Susquehannock State Forest
P.O. Box 673
Coudersport 16915
(814) 274-3600

National Forest District

Allegheny National Forest, P.O. Box 847, 222 Liberty Street, Warren 16365,
(814) 723-5150

Transit Company Bicycle Policy

Fullington Trailways, Clearfield, (814) 765-7871. Contact transit company for policy regarding bicycles on buses.

State Police Troop Headquarters

Troop C - Punxsutawney (814) 938-0510
Troop F - Montoursville (570) 368-5700





Valleys Of The Susquehanna

PENNDOT District Bicycle/Pedestrian Coordinators

Ray Kauffman
District 2 - Clinton, Centre,
Mifflin and Juniata Counties
1924-30 Daisy Street
Clearfield 16830
(814) 765-0502
rakauffman@state.pa.us

Dave Holcombe
District 8
Perry County
2140 Herr Street
Harrisburg 17130-1699
(717) 783-2560
dholcombe@state.pa.us

Chris King
District 3 - Lycoming, Columbia, Montour, Union,
Snyder and Northumberland Counties
715 Jordan Avenue
Montoursville 17754
(570) 368-4255
chriking@state.pa.us

Planning Organizations

Lycoming County
Planning Commission
Lycoming County
Court House
48 W. Third Street
Williamsport 17701
(570) 320-2138
Contact: Mark Murawski
mark.marawski@lyco.org

Centre Region Metropolitan
Planning Commission
Frazier Plaza, Suite 5
131 South Frazier Street
State College 16801
(814) 231-3050
Contact: Trish Meek
tmeek@crcog.net

SEDA - Council of
Governments
201 Furnace Rd.
Lewisburg 17837
(570) 524-4491
Contact: James McAllister
jmcclstr@seda-cog.org

Tourism Promotion Agencies

Clinton Co. Economic
Partnership
212 North Jay Street
Lock Haven 17745
(888) 388-6991

Juniata-Mifflin Co.
Tourist Promotion Agency
152 East Market Street
Suite 103
Lewistown 17044
(877) 568-9739

Columbia-Montour
Visitors Bureau
121 Paper Mill Road
Bloomsburg 17815
(800) 847-4810

Lycoming Co.
Visitors Bureau
210 William Street
Williamsport 17701
(800) 358-9900

Centre Co. Convention
and Visitors Bureau
800 East Park Avenue
State College 16803
(800) 358-5466

Perry Co. Tourist and
Recreation Bureau
P.O. Box 447
Courthouse Center Square
New Bloomfield 17068
(717) 582-2131

Susquehanna Valley Visitors Bureau
81 Hafer Road
Lewisburg 17837
(800) 525-7320

Regional Bicycling Publications

Mountain Biking Bald Eagle State Forest, R.Ginieczki, Griz Innovations, 53 Rolling Hills Drive, Holland, PA 18966, (215)579-2575

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bikes and provide maps or other touring information. Shops designated by an * also provide rentals)

Avis
Bonnors Cycle
Short & Central
(570) 753-5702

Hughesville
Pearson Bike Shop
164 South 5th Street
(570) 584-2365

Lock Haven
The Bike Gallery
140 East Main Street
(570) 748-6580

Montoursville
Ray's Bicycle Center
317 Broad Street
(570) 368-8899

Muncy
Marty's Bicycle Shop
160 East Water Street
(570) 546-3142

South Williamsport
The Bicycle Center
909 Main Street
(570) 323-1153

State College
Eddie's Bicycles
& Sports Equipment
480 East College Ave
(800) 927-2453

State College
*New Age Bicyclesport
229 South Allen Street
(814) 234-3111

State College
The Ski Station
224 E. College Ave.
(814) 237-2655

State College
*The Bicycle Shop
441 W. College Ave.
(814) 238-9422

Regional Bike Tours

August **MS 150 Ride.** 150 mile 2 day event from Hollidaysburg to State College sponsored by MS Society, (814) 696-1017

Bicycle Clubs

Williamsport Bicycle Club, P.O. Box 5119, Williamsport 17702, (570) 323-2349

Trail and Rail-Trail Organizations

Lycoming Co. Planning Commission (Lycoming Creek Bikeway), 48 W. Third St, Williamsport 17701, (570) 320-2130

Mid State Trail Association (Penns Creek Path), P.O. Box 167, Boalsburg, 16827

State Parks With Multi-Purpose Trails

Black Moshannon State Park
4216 Beaver Road
Philipsburg 16866
(814) 342-5960

Kettle Creek State Park
HCR 62, Box 96
Renovo 17764
(570) 923-6004

Shikellamy State Park
Bridge Ave.
Sunbury 17801
(570) 988-5557

State Forests

Sproul State Forest
HCR 62 Box 90
Renovo 17764
(570) 923-6011

Bald Eagle State Forest
P.O. Box 147
Laurelton 17835
(570) 922-3344

Rothrock State Forest
P.O. Box 403
Rothrock Lane
Huntingdon 16652
(814) 643-2340

Tuscarora State Forest
RR 1 Box 486
Blain 17006
(717) 536-3191

Tiadaghton State Forest
423 East Central Avenue
South Williamsport 17702
(570) 327-3450

Moshannon State Forest
RR #1 Box 184
Pennfield 15849
(814) 765-0821

Weiser State Forest
P.O. Box 99
Cressona 17929
(570) 385-7800

Transit Company Bicycle Policy

Contact transit company for policy regarding bicycles on buses.

Centre Area Transportation Authority (CATA), State College, (888) 738-2282. Many of the buses have bike racks on front of bus.

Susquehanna Lines, Williamsport, (800) 692-6314.

State Police Troop Headquarters

- Troop F – Montoursville (570) 368-5700
- Troop G – Hollidaysburg (814) 696-6100
- Troop H – Harrisburg. (717) 671-7500
- Troop N – Hazelton (570) 459-3890





Pocono Mountains Region

PENNDOT District Bicycling/Pedestrian Coordinators

Tony Tomczak
District 5 - Schuylkill, Monroe
and Carbon Counties
1713 Lehigh Street
Allentown 18103
(610) 798-4244
atomczak@state.pa.us

Chris King
District 3 - Bradford
and Sullivan Counties
715 Jordan Avenue
Montoursville 17754
(570) 368-4255
chriking@state.pa.us

Richard Cochran
District 4 - Wayne, Pike, Wyoming, Susquehanna, Lackawanna & Luzerne Counties
P.O. Box 111
Scranton 18501
(570) 963-3028
rcochrane@state.pa.us

Planning Organizations

Lackawanna County Regional
Planning Commission
200 Adams Avenue
Scranton 18503
Contact: Rob Ghigiarelli
(570) 963-6400
ghigiarellir@lackawannacounty.org

Luzerne County Planning
Commission
Luzerne Co. Court House
200 N. River Street
Wilkes-Barre 18711
(570) 825-1564
Contact: Nancy Snee
nancy.snee@luzernecounty.org

Northern Tier Regional Planning
and Development Commission
312 Main Street
Towanda 18848
(570) 265-9103
Contact: Rick Biery
biery@northerntier.org

Northeastern Pennsylvania Alliance
1151 Oak Street
Pittstown 18640
(570) 655-5581
Contact: Alan S. Baranski
Baranski@nepa-alliance.org

Tourism Promotion Agencies

Schuylkill Co. Visitors Bureau
91 South Progress Avenue
Pottsville 17901
(800) 765-7282

Pocono Mountains
Vacation Bureau, Inc.
1004 Main Street
Stroudsburg 18360
(800) 762-6667

Endless Mountains
Visitors Bureau
712 Route 6 East
Tunkhannock 18657
(800) 769-8999

Northeast Pennsylvania
Convention & Visitors Bureau
99 Glenmaura National Boulevard
Scranton 18507
(800) 229-3526

Luzerne County Convention and Visitors Bureau
56 Public Square
Wilkes-Barre 18701
(888) 905-2872

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bicycles and provide maps or other touring information. Shops designated by an * also provide rentals)

East Stroudsburg
Vitulli's Outdoor
Sports Center
370 N. Courtland Street
(570) 424-1163

Forty Fort
B & B Bike
112 Shoemaker Street
(570) 287-3696

Honesdale
*Northeast Sports Ltd.
107 Eighth Street
(570) 253-1145

Jim Thorpe
*Blue Mountain Sports & Wear
34 Susquehanna Street
(800) 599-4421

Jim Thorpe
*Pocono Whitewater
Route 903
(570) 325-3655

Kingston
Main Bike World
200 Wyoming Avenue
(570) 288-8883

Nanticoke
Jaikes & Son Bicycle Center
434 South Market Street
(570) 735-8000

Regional Bicycle Tours

May - October **Inn to Inn Bicycle Tour.** 4-day, 3-night, self-guided mountain bike tour on country roads and abandoned railroad beds.

Accommodations at local B&B's. \$335 per person (plus tax) includes all lodging, meals and equipment shuttles.

The Inn at Starlight Lake, P.O. Box 27, Starlight 18461,
(800) 248-2519

Bicycle Clubs

Wyoming Valley Bicycle Club, P.O. Box 253, Dallas 18612, (570) 829-7226

Bridgewater Riding Club, RR1 Box 1670 Hop Bottom 18824, (570) 278-9808

Canton Bike Club, 16 East Tioga Street, Canton 17724, (570) 673-5331

Trail and Rail-Trail Organizations

Carbon Co. Parks & Recreation (Switchback Railroad Trail), 625 Lentz Trail Rd, Jim Thorpe 18229, (570) 325-3669

Rail-Trail Council/NEPA (O & W Road Trail and D&H Line), P.O. Box 123, Forest City 18421, (570) 785-7245

State Parks/Ski Resorts With Multi-Purpose Trails

Lehigh Gorge State Park
c/o Hickory Run State Park
RR1 Box 81
White Haven 18661
(570) 443-0400

Locust Lake State Park
c/o Tuscarora State Park
687 Tuscarora Park Road
Barnesville 18214
(570) 467-2404

Lackawanna State Park
RR1 Box 230
Dalton 18414
(570) 945-3239

Tobyhanna State Park
Old Railroad Trail
P.O. Box 387
Tobyhanna 18466
(570) 894-8336

Sawmill Mountain Ski Resort
R.D. 1, Box 5
Morris 16938
(800) 532-7669

State Forests

Lackawanna State Forest
401 Samters Bldg
101 Penn Avenue
Scranton 18503
(570) 963-4561

Weiser State Forest
P. O. Box 99
Cressona 17929
(570) 385-7800

Delaware State Forest
HC1 Box 95A
Swiftwater 18370
(570) 895-4000

Wyoming State Forest
274 Arbutus Park Road
Bloomsburg 17815
(570) 387-4255

Transit Company Bicycle Policy

Martz Trailways, Wilkes-Barre, (570) 821-3855. Contact transit company for policy regarding bicycles on buses.

State Police Troop Headquarters

- Troop N - Hazleton (570) 459-3890
- Troop P - Wyoming (570) 826-5464
- Troop R - Dunmore (570) 963-3156
- Troop L - Reading (610) 378-4011





Philadelphia And Its Countryside/Lehigh Valley

PENNDOT District Bicycling/Pedestrian Coordinators

Matt Bochanski
District 6 - Bucks, Montgomery, Chester
Philadelphia, and Delaware Counties
7000 Geerdes Boulevard
King of Prussia 19406
(610) 205-6840
mbochanski@state.pa.us

Tony Tomczak
District 5 - Northampton
and Lehigh Counties
1713 Lehigh Street
Allentown 18103
(610) 798-4244
atomczak@state.pa.us

Bicycle Advocacy Organizations

The Coalition for Appropriate
Transportation (CAT)
Lehigh Valley Bike/Ped Transit Center
60 W. Broad Street
Bethlehem 18018
Contact: Steve Schmitt
(610) 954-5744

The Bicycle Coalition of Greater
Philadelphia (BCGP)
252 S. 11th Street
Philadelphia 19107
Contact: John Boyle
(215) BICYCLE

Southeastern Pennsylvania Bicycle Issues Task Force
111 S. Independence Mall E.
Philadelphia
Contact: John Madera
(215) 238-2854

Planning Organizations

Lehigh Valley Planning Commission
961 Marcon Boulevard, Suite 310
Allentown 18109
(610) 264-4544
Contact: Joe Gurinko
jlg@lvpc.org

Delaware Valley Regional
Planning Commission
111 South Independence Mall East
The Bourse Building, 8th Floor
Philadelphia 19106
(215) 238-2845
Contact: Ron Roggenburk
rroggenburk@dvrpc.org

Tourism Promotion Agencies/Convention & Visitors Bureaus

Philadelphia CVB
1515 Market Street Suite 2020
Philadelphia 19102
(800) 537-7676

Lehigh Valley CVB
2200 Avenue A
Bethlehem 18017
(800) 747-0561

Valley Forge CVB
600 West Germantown Pike Suite 130
Plymouth Meeting 19462
(888) 847-4883

Chester Co. Conference & Visitors Bureau
400 Exton Square Parkway
Exton 19341
(800) 228-9933

Bucks County Conference and
Visitors Bureau, Inc
3207 Street Road
Bensalem 19020
(800) 836-2825

Brandywine Conference and
Visitors Bureau
One Beaver Valley Road
Chadds Ford 19317
(800) 343-3983

Independence Visitor Center
One North Independence Mall West
6th & Market Streets
Philadelphia 19106
(800) 537-7676

Bethlehem Visitors Center
509 Main Street
Bethlehem 18018
(610) 868-1513

Greater Philadelphia Tourism Marketing Corp.
30 S. 17th Street, Suite 1710
Philadelphia 19103
(215) 599-0776

AYH Hostels

Evansburg State
Park Hostel
837 Mayhall Road
Collegeville 19426
(215) 409-0113

Bank Street Hostel
32 South Bank Street
Philadelphia 19106
(215) 922-0222

Weisel Hostel
7347 Richlandtown Road
Quakertown 18951
(215) 536-8749

Chamounix Mansion Hostel
Chamounix Dr, W. Fairmount Park
Philadelphia 19131
(215) 878-3676

Tyler House, Tyler State Park
P.O. Box 94, Covered
Bridge Trail
Newtown 18940
(215) 968-0927

Regional Bicycling Publications

Short Bike Rides In and Around Philadelphia, A. Lembo, et al., Globe Pequot Press,
P.O. Box 833, Old Saybrook, CT 06475

Bike Rides-The Lehigh Valley, Joint Planning Comm., Lehigh-Northampton Cos.,
961 Marcon Boulevard, Suite 310, Allentown 18103-9397, (610) 264-4544

Mountain Bike America-Greater Philadelphia, B. D'Antonio, Beachway Press,
300 West Main Street, Suite A · Charlottesville, VA · 22903, (434)245-6800

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bicycles and provide maps or
other touring information. Shops designated by an * also provide rentals)

*Allentown, *Bike Line of Allentown*, 1728 Tilghman Street, (610) 437-6100

Ambler, McFarland Bike Shop, 15 North Main Street, (215) 646-2843

Ardmore, Bike Line, 55 West Lancaster Avenue, (610) 649-9839

Bethlehem, Bike Line, 2112 Shoenersville Road, (610) 691-0943

Broomall, Bike Line, 26 South Sproul Road, (610) 356-3022

Bryn Mawr, Cycles BiKyle, 1046 Lancaster Avenue, (610) 525-8442

Doylestown, Bike Line, Old Dublin Pike, Mercer Square Shopping Center,
(215) 348-8015

Doylestown, Cycle Sports, 641 North Main Street, (215) 340-2526

Easton, Broken Spoke Bicycle Shop, 110 South 18th Street, (610) 258-4404

Easton, Genesis Bicycles, 126 Bushkill Street, (610) 253-1140
Exton, Bike Line, 292 East Lancaster, (610) 594-9380
*Exton, *Exton Bicycles*, 315 East Lincoln Highway, (610) 363-2747
Feasterville, Guy's Bicycles, 326 East Street Road, (215) 355-1166
*Harleysville, *Bikeworks*, 500 Main Street, (215) 513-7550
Hatfield, Adventure Bicycle Company, 1625 Cowpath Road, (215) 368-8383
King of Prussia, Bike Line, 740 West DeKalb Pike, (610) 337-3003
Montgomeryville, Bike Line, 803 Horsham Road, (215) 361-7900
Narberth, Mainly Bikes, 229 Haverford Avenue, (610) 668-2453
Newtown, Newtown Bicycle & Fitness, 30 North State Street, (215) 968-3200
Norristown, Bikefit, 1987 West Main Street, (610) 539-8393
Paoli, Bike Line, Paoli Shopping Center, (610) 647-8023
Paoli, Performance Bicycle, 1740 East Lancaster Avenue, (610) 644-8522
*Philadelphia, *Bike Line of Arch Street*, 1028 Arch Street, (215) 923-1310
Philadelphia, Bike Line of Manayunk, 4151 Main Street, (215) 487-7433
Philadelphia, Bike Line of University City, 226 South 40th Street, (215) 243-2453
Philadelphia, Bustleton Bike, 9261 Roosevelt Boulevard, (215) 671-1910
Philadelphia, Bicycle Therapy, 2211 South Street, (215) 735-7849
Philadelphia, Bike Addicts, 5548 Ridge Avenue, (215) 487-3006
Philadelphia, Philadelphia Bicycles, 826 North Broad Street, (215) 765-9118
*Philadelphia, *Frankenstein Bike Works*, 1529 Spruce Street, (215) 893-0415
*Philadelphia, *Trophy Bikes*, 311 Market Street, (215) 625-7999
Philadelphia, Via Bicycle, 606 South Ninth Street, (215) 627-3370
Philadelphia, Wolff Cycle Co., 4311 Lancaster Avenue, (215) 222-2171
Pottstown, Bike Line, 1386 N. State Street & Route 100, (610) 718-5475
Quakertown, Cycle Drum, 23-38 South 8th Street, (215) 536-3443
Rockledge, Cycle Sonic, 220 Huntingdon Pike, (215) 379-1102
*Trappe, *Bikesport*, 325 W. Main Street, (610) 489-7300
Warminster, Bike Line, 298 York Road, (215) 675-1739
Wayne, Bike Line, 165 W. Lancaster Avenue, (610) 687-1110
West Chester, Bike Line, 909 Paoli Pike, (610) 436-8984
*West Chester, *West Chester Bike Center*, 1342B West Chester Pike, (610) 431-1856
Whitehall, Nestor's Full Cycle Bicycle Shop, 2510 MacArthur Road, (800) 898-1133

Regional Bicycle Tours

April	Brandywine Taxing Metric Century. 100, 50, 30 km loops, rolling hills, rural area. Start at Warwick City Park. Brandywine Bicycle Club, P.O. Box 3162, West Chester 19381, 610-407-6201
May	Bonkers Metric. Routes of 18, 35, 50 and 65 miles from Ridley Creek State Park. Rolling terrain. Delaware Valley Bicycle Club, P.O. Box 156, Woodlyn 19094, (610) 541-0784

- May **Quad County Metric Century.** Routes of 32, 65, 80 & 100K from Green Lane Park. Flat to moderately hilly terrain. Suburban Cyclists Unlimited, P.O. Box 401, Horsham 19044
- August **Dog Daze Century.** 25 miles or 2-50 mile loops, rural area. Start at Nottingham City Park. Brandywine Bicycle Club, P.O. Box 3162, West Chester 19381, (610) 644-3792
- September **Annual Brandywine Tour.** Routes of 28, 50, 65 and 100 miles from Chadds Ford area. Delaware Valley Bicycle Club, P.O. Box 156, Woodlyn 19094, (610) 541-0784
- September **Savage Century.** Generally regarded as one of the most difficult centuries on the East Coast through the worst hills in Lancaster and Chester Counties! White Clay Bicycle Club, Mary F. Becker, 106 Mill Top Dr, Kennett Square, PA 19348, (610) 925-0757
- September **Lake Nockamixon Century.** Routes of 20, 35, 55, 62, 85 and 100 miles. Start at Hatboro-Horsham High School. Flat to moderately hilly terrain. Suburban Cyclists Unlimited, P.O. Box 401, Horsham 19044
- October **Covered Bridges Ride.** 20 or 30-mile flat rides and 33, 53 or 63-mile hilly rides. Enjoy the fall foliage, historic covered bridges, and quaint villages of Central and Upper Bucks County. Central Bucks Bicycle Club, P.O. Box 1648 Doylestown, (215) 504-2140

Bicycle Clubs

- Lehigh Wheelmen*, P.O. Box 356, Bethlehem 18016, (610) 759-7256
- Central Bucks Bicycle Club*, P.O. 1648, Doylestown 18940, (215) 579-0705
- Delaware Valley Bicycle Club*, P.O. Box 156, Woodlyn 19094, (610) 541-0784
- Suburban Cyclists Unlimited*, P.O. Box 401, Horsham 19044
- Bicycle Club of Philadelphia*, P.O. Box 30235, Philadelphia 19103, (610) 828-3708
- Brandywine Bicycle Club*, P.O. Box 3162, West Chester 19381

Trail and Rail-Trail Organizations

- Delaware & Lehigh Canal National Heritage Corridor*, 1 South Third Street, 8th Floor, Easton 18042, (610) 923-3548
- Borough of Bristol (Bristol Spurline Park Trail)*, 250 Pond St, Bristol 19007, (215) 788-3828
- Forks Township (Forks Township Recreation Trail)*, 1606 Sullivan Trail, Easton 18040, (610) 252-0785
- Palmer Township Board of Supervisors (Towpath Bike Trail)*, 3 Weller Place P.O. Box 3039, Palmer 18043, (610) 253-7191
- Whitehall Township Recreation Bureau (Ironton Trail)*, 3219 MacArthur Rd, Whitehall 18052, (610) 437-5524
- Northampton Co. Parks & Recreation (Nor-Bath Recreation Trail)*, RD4 Greystone Building, Nazareth 18064, (610) 746-1975
- Plainfield Township Board of Supervisors (Plainfield Township Trail)*, 6292 Sullivan Trail, Nazareth 18064, (610) 759-6944
- Montgomery Co. Parks Department (Schuylkill River Trail)*, Lower Perkiomen Valley Park, (610) 666-5371
- Sprinton Manor Farm (Struble Trail)*, 860 Sprinton Road, Glenmoore 19343, (610) 942-2450

State & National Parks With Multi-Purpose Trails

Delaware Canal State Park 11 Lodi Road Upper Black Eddy 18972 (610) 982-5560	Nockamixon State Park 1542 Mountain View Dr. Quakertown 18951 (215) 529-7300	Ridley Creek State Park Sycamore Mills Road Media 19063 (610) 892-3900
Tyler State Park 101 Swamp Road Newtown 18940 (215) 968-2021	Evansburg State Park 851 May Hall Road Collegeville 19426 (610) 409-1150	Fort Washington State Park 500 Bethlehem Pike Fort Washington 19034 (215) 591-5250
Jacobsburg Environmental Education Center 835 Jacobsburg Road Wind Gap 18091 (610) 746-2801	White Clay Creek Preserve PO Box 172 Landenberg 19305 (610) 274-2900	
Valley Forge National Historic Park Betzwood Rail Trail P.O. Box 953 Valley Forge 19481 (610) 783-1077		Norristown Farm Park 2500 Upper Farm Road Norristown 19403 (610) 270-0215

Professional/Amateur Bicycle Racing

Bensalem BMX Raceway, Street Rd (PA 132) and U.S. RT 1 North Bensalem, PA (215) 639-9539
Lehigh County Velodrome, 1151 Mosser Road Breinigsville, PA 18031 (610) 967-7587

Philadelphia/New Jersey Bridge Cycling Access

Commodore Barry Bridge	Cyclists prohibited
Walt Whitman Bridge	Cyclists prohibited
Ben Franklin Bridge	Cyclists permitted (south side 7a.m. - 6 p.m.)
Betsy Ross Bridge	Cyclists prohibited
Tacony/Palmyra Bridge	Cycles permitted but bicycle must be walked
Burlington/Bristol Bridge	Cyclists prohibited

Transit Company Bicycle Policies

Contact transit company for policy regarding bicycles on buses and trains.

Southeast Pennsylvania Transit Authority (SEPTA), Philadelphia, (215) 580-7852.

Trans Bridge Lines, Bethlehem, (610) 868-6001.

State Police Troop Headquarters

Troop K – Philadelphia	(215) 560-6200
Troop M – Bethlehem	(610) 861-2026
Troop J – Lancaster	(717) 299-7650



HERSHEY/DUTCH COUNTRY REGION

PENNDOT District Bicycling/Pedestrian Coordinators

David Holcombe
District 8 - Dauphin, Cumberland,
Adams, Lebanon, Lancaster,
York and Franklin Counties
2140 Herr Street
Harrisburg 17103-1699
(717) 783-2560
dholcombe@state.pa.us

Tony Tomczak
District 5
Berks County
1713 Lehigh Street
Allentown 18103
(610) 798-4244
atomczak@state.pa.us

Planning Organizations

Lebanon County Metropolitan
Planning Organization
Municipal Building Room 206
400 South 8th Street
Lebanon 17042 (717) 228-4444
Contact: William Kurtz
lcpd_planning@lebcnty.org

Adams County Planning
and Development
Adams County Court House
19 Baltimore Street, Suite 101
Gettysburg 17325 (717) 337-9824
Contact: Andrew Merkel,
amerkel@acc.pa.net

Tri-County Regional Planning Commission
Dauphin County Veterans
Memorial Building
112 Market Street, 2nd Floor
Harrisburg 17101 (717) 234-2639
Contact: Chip Millard
cmillard@tcrpc-pa.org

Reading Metropolitan Planning
Organization
Berks County Services Center
633 Court Street, 14th Flr
Reading 19601 (610) 478-6300
Contact: Michael Golembiewski
planning@countyofberks.com

York Area Metropolitan Planning
Organization
100 West Market Street, Suite 201
York 17401 (717) 771-9870
Contact: Don Bubb
dbubb@ycpc.org

Lancaster County Transportation
Coordinating Committee
50 North Duke Street
P.O. Box 83480
Lancaster 17608-3480
(717)299-8333
Contact: Lauri Ahlskog
ahlskogl@co.lancaster.pa.us

Tourism Promotion Agencies and Visitors Bureaus

Gettysburg Convention and VB
35 Carlisle Street
Gettysburg 17325
(717) 334-6274

PA Capital Region VB
1700A Harrisburg Pike
Carlisle 17013
(800) 995-0969

Reading and Berks Co. VB
352 Penn Street
Reading 19602
(800) 443-6610

York County Convention and VB
155 West Market Street
York 17401
(888) 858-YORK

Pennsylvania Dutch Convention
and Visitors Bureau
501 Greenfield Road
Lancaster 17601
(800) PA DUTCH

AYH Hostels

Ironmaster's Mansion, 1212 Pine Grove Road, Gardners 17324, (717) 486-7575

Regional Bicycling Publications

Scenic Tours of Lancaster County, Lancaster Bicycle Club, P.O. Box 535, Lancaster 17608-0535, (717) 396-9299

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bicycles and provide maps or other touring information. Shops designated by an * also provide rentals)

*Camp Hill, *Holmes Cycling and Fitness*, 2139 Market Street, (717) 737-3461

Carlisle, Cole's Bicycles, 327 North Hanover Street, (717) 249-3833

Cleona, In Gear Cycling & Fitness, 406 East Penn Ave., (717) 273-4477

Elizabethtown, Bicycle Outfitters, 51 South Market St., (717) 361-8100

*Ephrata, *Green Mountain Cyclery*, 285 South Reading Road, (717) 859-2422

Ephrata, Martin's Bike Shop, 1891 Division Highway, (717) 354-9127

*Ephrata, *The Crank*, 512 North Reading Road, (717) 733-8809

Ephrata, Weaver's Bike Shop, 230 Sheffers School Road, (717) 656-9385

*Gettysburg, *Gettysburg Cycling & Fitness*, 307 York Street, (717) 334-7791

Hamburg, Spokes Bike Shop, R.R. 4, Box 4125 (Route 61), (610) 562-8900

Hanover, Kessler's Bicycle Center, 129 Baltimore Street, (717) 632-9157

Harrisburg, The Pedal Pusher, 3798 Walnut Street, (717) 652-7760

Harrisburg, Wildware Outfitters, 995 Peiffers Lane, (717) 564-8008

Hummelstown, In Gear Cycling & Fitness, 9030 Bridge Road, (717) 566-0455

Jacobus, The Bike House, 10 South Pleasant Avenue, (717) 428-2028

*Lancaster, *Bike Line*, 117 Rhorerstown Road, (717) 394-8998

Lancaster, Cycle Circle, 310 North Queen Street, (717) 295-3193

Lancaster, Lancaster Bicycle Shop, 1138 Manheim Pike, (717) 299-9445

*Lebanon, *King of the Mountain Cycling*, 820 Cumberland Street, (717) 273-9499

*Lemoyne, *Bushey's Cycling*, 254 Lowther Street, (717) 774-7071

Mechanicsburg, Mountainside Ski and Sports, 5142 Trindle Road, (717) 697-2063
Mechanicsburg, World Cup Ski & Cycle, 4500 Old Gettysburg Road, (717) 730-9402
New Freedom, Whistle Stop Bike Shop, 2 East Franklin Street, (717) 227-0737
Reading, Wolverton's Cycling and Fitness, 2904 Kutztown Road, (610) 929-8205
Shippensburg, B & H Bikes, 44 East King Street, (717) 532-9624
Shippensburg, Merv's Bike Shop, 300 Firehouse Road, (717) 776-4177
York, Adventure Cycling and Fitness, 4370 West Market Street, (717) 792-4400

Regional Bike Tours

- | | |
|-----------|--|
| May | Horse Farm Tour. Rides of 10-50 miles on flat to rolling terrain from South Street Park, McSherrystown. Hanover Cyclers, 129 Baltimore Street, Hanover 17331, (717) 225-4194 |
| May | Clean Air Challenge. Annual event benefiting the American Lung Association. 6041 Linglestown Road, Harrisburg 17112, (717) 845-5864 |
| June | MS 150 Pennsylvania Dutch Bike Tour. Ride through exhilarating PA Dutch Country next to Amish horse drawn carriages and through covered bridges in one of the most challenging and rewarding bike tours. Sponsored by National Multiple Sclerosis Society Greater Delaware Valley Chapter, One Reed Street, Suite 200, Philadelphia 19147, (800) 445-2453 |
| June | Kutztown and Millersville Eastern Loop. 190 miles of rolling to very hilly terrain. No sag! Harrisburg Bike Club, 1554 Locust Street, New Cumberland 17070, (717) 975-9879 |
| June | Tour de Belt. 20 mile ride around Capitol Area Greenbelt. Capitol Area Greenbelt Association, P.O. Box 15405, Harrisburg, 17105, (717) 921-4733 |
| June | Lebanon Cycling Classic. 2-day, 3-race road bike series. Lebanon Valley VELO. Sponsored by King of the Mountain Bikes, 820 Cumberland Street, Lebanon, (717) 273-9499 |
| July | Tour de Lebanon Valley. Metric and half century from Annville/Cleona High School. Lebanon Valley Bicycle Club, 124 West Church Street, Annville 17003, (717) 273-3506 |
| July | MS Bike Tour. Two-day, 25, 50, 75, 100-mile rides to raise money for Multiple Sclerosis Society. Pledges required. National MS Society, 2209 Forest Hills Drive, Suite 18, Harrisburg 17112, (717) 652-2108 |
| August | Covered Bridge Metric Century. Full, half and quarter metrics through scenic Lancaster County. Lancaster Bicycle Club, P.O. Box 535, Lancaster 17608, (717) 396-9299 |
| September | Labor Day Century. Routes of 25, 50, 62 and 100 miles from South Street Park, McSherrystown. Flat to rolling! Hanover Cyclers, 129 Baltimore Street, Hanover 17331, (717) 225-4194 |
| September | No Baloney Century. Routes of 25, 50, 75 and 100 miles from South Hills Park, Lebanon. Lebanon Valley Bicycle Club, 124 West Church Street, Annville 17003, (717) 273-3506 |
| September | Adams Apple Bike Ride. Two 50 mile loop rides through the famous orchard areas of upper Adams County and farmlands of southern Adams County. Gettysburg Adams Co. Area Chamber of Commerce, 18 Carlisle Street, Suite 203, Gettysburg 17325, (717) 334-8151 |

- September **Shoo-Fly Classic.** Routes of 15, 30 and 62 miles through the classic Pennsylvania Dutch Country of the Kutztown/Fleetwood Area. Flat to hilly. Marked routes and cue sheets, sag wagons, all-you-can-eat Dutch lunch and plenty of baked goodies. Berks County Bicycle Club, 227 Wexham Drive, Shillington 19607
- September **Sid Lustig Memorial Century.** Annual event by Harrisburg Bike Club, 1011 Bridge Street, New Cumberland 17070, (717) 975-9879
- October **Savage Century.** Generally regarded as one of the most difficult centuries on the East Coast through the worst hills in Lancaster and Chester Counties! White Clay Bicycle Club, 321 Indian Town Road, Landenberg 19350, (610) 255-0799

Bicycle Clubs

- Lebanon Valley Bike Club*, 124 West Church St., Annville 17003, (717) 273-3506
- Hanover Cyclers*, 129 Baltimore Street, Hanover 17331, (717) 225-4194
- Lancaster Bicycle Club*, P.O. Box 535, Lancaster 17608, (717) 396-9299
- Harrisburg Bike Club*, 1011 Bridge Street, New Cumberland 17070, (717) 975-9879
- Berks County Bicycle Club*, 3727 Patton Street, Reading 19606, (610) 370-5092
- Tandems of York Society*, P.O. Box 92, Dallastown 17313, (717) 246-1173

Trail and Rail-Trail Organizations

- Schuylkill River Greenway Association (Thun Trail)*, 960 Old Mill Road, Wyomissing 19610, (610) 372-3916
- York County Rail-Trail Authority (York Heritage Trail)*, RD8 Box 438A York 17403, (717) 428-2586
- Cumberland Valley Rails-to-Trails Council (Cumberland Valley Trail)*, P.O. Box 531, Shippensburg 17257, (717) 860-0444
- Lancaster Co. Parks & Recreation (Conewago & Lancaster Junction Trails)*, 1050 Rockford Rd, Lancaster 17602, (717) 299-8125
- LeTort Regional Authority (LeTort Spring Run Nature Trail)*, 415 Franklin St., Carlisle 17013, (717) 245-0508
- Capital Area Greenbelt Association (Capital Area Greenbelt)*, P.O. Box 15405, Harrisburg 17105, (717) 921-4733
- Lebanon Valley Rails to Trails*, P.O. Box 2043, Cleona 17042, (717) 273-3338
- Borough of Ephrata (Ephrata Railroad Linear Park Trail)*, 114 E. Main Street Ephrata 17522, (717) 738-9270

State Parks with Multi-Purpose Trails, and Federal Public Lands

- | | |
|---|--|
| Caledonia State Park
40 Rocky Mount Road
Fayetteville 17222
(717) 352-2161 | Gifford Pinchot State Park
2200 Rosstown Road
Lewisberry 17339
(717) 432-5011 |
| Pine Grove Furnace State Park
Cumberland Hiker-Biker Trail
1100 Pine Grove Road
Gardners 17324
(717) 486-7174 | |

French Creek State Park
843 Park Road
Elverson 19520
(610) 582-9680

Swatara State Park
c/o Memorial Lake State Park
R.R. 1, Box 7045
Grantville 17028
(717) 865-6470

Blue Marsh Lake
U.S. Army Corps of Engineers
1268 Palisades Drive
Leesport 19533
(610) 376-6337

Codorus State Park
1066 Blooming Grove Road
Hanover 17331
(717) 637-2816

State Forests

Tuscarora State Forest
RR 1, Box 486
Blain 17006
(717) 536-3191

Michaux State Forest
10099 Lincoln Way East
Fayetteville 17222
(717) 352-2211

Weiser State Forest
P.O. Box 99
Cressona 17929
(570) 385-7800

Buchanan State Forest
440 Buchanan Trail
McConnellsburg 17233
(717) 485-3148

Transit Company Bicycle Policies

Contact transit company for policy regarding bicycles on buses

Capitol Area Transit Authority (CAT), Harrisburg, (717) 238-8304.

Capitol Trailways, Harrisburg, (717) 233-7673.

Red Rose Transit Authority, Lancaster, (717) 397-4246

York Co Transportation Authority, York, (717) 846-5562

State Police - Troop Headquarters

Troop H - Harrisburg (717) 671-7500
Troop J - Lancaster (717) 299-7650
Troop L - Reading (610) 378-4011
Troop T - Highspire (717) 939-9551, ext 4290





Laurel Highlands/ Southern Alleghenies Region

PENNDOT District Bicycling/Pedestrian Coordinators

Michele Jacoby
District 9 - Cambria, Blair, Bedford,
Fulton, Somerset and Huntingdon Co's
1620 N. Juniata Street
Hollidaysburg 16648
(814) 696-6851
mjjacoby@state.pa.us

Don Davanzo
District 12 - Fayette, Greene
and Westmoreland Counties
P.O. Box 459, N. Gallatin Avenue Ext
Uniontown 15401
(724) 439-7190
ddavanzo@state.pa.us

Daryl St Clair
District 10 - Indiana County
P.O. Box 429, 2550 Oakland Avenue
Indiana 15701
(724) 357-2526
dstclair@state.pa.us

Planning Organizations

Southern Alleghenies
Planning and Development
Commission
541 58th Street
Altoona 16602
(814) 949-6232
Contact: John Dubnansky
dubnansky@sapdc.org

Blair County Planning
Commission
Valley View Home Wing E
301 Valley View Blvd
East Wing
Altoona 16602
(814) 940-5980
Contact: Wes Burket
wlbbpc@charterpa.com

Cambria County
Planning Commission
401 Candlelight Drive
Suite 213
Ebensburg 15931
(814) 472-2108
Contact: Dave Belz
dbelz@co.cambria.pa.us

Southwestern Pennsylvania Commission
425 Sixth Avenue, Suite 2500
Pittsburgh 15219
(412) 391-5590
Contact: Sara Walfoort
swalfoort@spc9.org

Tourism Promotion Agencies

Bedford Co. VB
131 South Juliana Street
Bedford 15522
(800) 765-3331

Huntingdon County VB
RD #1 Box 222A,
Seven Points Rd
Hesston 16647
(888) RAYSTOWN

Fulton Co. TPA
P.O. Box 141
McConnellsburg 17233
(717) 485-4064

Indiana Co. Tourist Bureau
2334 Oakland Avenue
Suite 7
Indiana 15701
(724) 463-7505

Johnstown and Cambria
Co. Convention and VB
416 Main Street
Johnstown 15901
(800) 237-8590

Allegheny Mountains
Convention and VB
One Convention Center Dr
Altoona 16602
(800) 842-5866

Greene Co. TPA
107 Fairgrounds Road
Waynesburg 15370
(724) 627-8687

Laurel Highlands VB
120 East Main Street
Ligonier 15658
(800) 333-5661

Confluence Tourism
Association
P.O. Box 144
Confluence 15424
(814) 395-3082

AYH Hostels and Affiliated Accommodations

Ohiopyle State Park
P.O. Box 99,
113 Ferncliff Peninsula
Ohiopyle 15470
(724) 329-4476

Living Waters Hostel
300 Campliving Waters Rd
Schellsburg 15559
(814) 733-4212

Rego's Hotel
601 McKean Avenue
Charleroi 15022
(724) 483-6200

Regional Bicycling Publications

Freewheeling Easy in Western Pennsylvania, M. Shaw & R. Weil, Shaw-Weil Associates,
414 South Craig Street, Pittsburgh 15213, (412) 681-5131

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bicycles and provide maps or other touring information. Shops designated by an * also provide rentals)

Altoona, Pedal Power, 2501 Union Avenue, (814) 942-4537

Connellsville, Bikes Unlimited, 503 West Crawford Avenue, (724) 628-2453

*Dilltown, *Just Pedalin' Bike Rental*, 11 Railroad Street, (814) 446-6620

Ebensburg, Ebensburg Bicycle Sales, 106 Clara Street & Route 422, (814) 472-4665

*Greensburg, *Cycle Sport & Ski*, Route 30 East, (724) 834-6801

Greensburg, Greensburg Cyclery, 417 Brandon Street, (724) 834-9080

Indiana, Indiana Schwinn, 36 South 5th Street, (724) 349-6550

Johnstown, City Cycle, 3217 Elton Road, (814) 266-9641

Lakemont, Spokes-n-Skis, 315 Logan Boulevard, (814) 941-3888

Latrobe, A&A Cycle, Route 30, (724) 537-7393

Mount Pleasant, Spoked Wheelz, 601 Main Street, (724) 547-8886

*Ohiopyle, *White Water Adventures*, 6 Negley Street, (724) 329-8850 (seasonal hrs)

*Rostraver, *Cedar Creek Station*, Cedar Creek Park (Mile 37, Youghiogheny River Trail),
(724) 930-7004

Somerset, Mountain Sport, 750 North Center Avenue, (814) 445-2115

Uniontown, Uniontown Bicycles, 455 Connellsville Street, (724) 439-3000

Uniontown, Outdoors Ltd., Route 51, (724) 439-2525

*Vintondale, *Trailside Bicycle*, 637 Main Street, (814) 749-7990

Regional Bike Tours

June **Yough 'n Roll Bike Tour**. Rides of 15, 35 and 50 miles at the
Youghiogheny River Trail. Sponsored by the Mon/Yough Trail Council,
P.O. Box 14, Boston 15135

July **M&M Century**. 100 mile ride from Meyersdale to McKeesport. Benefits
the Youghiogheny River Trail. Sponsored by the Regional Trail
Corporation, 111 West Main Street, West Newton 15089,
(724) 872-5586

- July **The INTERNATIONAL/Tour de "Toona Stage Race.** 8-day pro-racing event in Central and Western Pennsylvania. Sponsored by the Altoona Bicycle Club, (814) 949-7223
- August **MS 150 Ride.** 150 mile 2 day event from Hollidaysburg to State College sponsored by MS Society, (814) 696-1017
- August **Habitat Twilight Trek.** 10 to 12-mile early evening night ride through Johnstown. Sponsored by Habitat for Humanity, (814) 539-2884
- September **Poker Ride/Walk.** Yough Trail Committee 111 West Main Street, West Newton, 15089, (724)-872-5586
- October **Fall Foliage Ride.** Leisurely ride along Youghiogheny Trail to benefit local community organization and trail upkeep efforts. Yough River Trail Council, Connellsville 15425, (724) 628-5500

Bicycle Clubs

Altoona Bicycle Club, 301 Union Avenue, PMP 324, Altoona 16602, (814) 949-7223

Trail and Rail-Trail Organizations

Indiana Co. Parks Department (Ghost Town Trail), 1128 Blue Spruce Rd, Indiana 15701, (724) 463-8636

Rails-to-Tracks of Blair County (Lower Trail), P.O. Box 592, Hollidaysburg 16648, (814) 695-8521

Regional Trail Corporation (Youghiogheny River Trail North), 111 West Main Street, West Newton 15089, (724) 872-5586

Somerset County Rails-to-Tracks (Allegheny Highlands Trail), P.O. Box 413, Somerset 15501, (814) 445-6431

Montour Trail Council (Montour Trail), P.O. Box 11866, Pittsburgh 15228, (412) 831-2030

Allegheny Portage Railroad National Historic Site (Allegheny Portage Railroad Trace), 110 Federal Park Road, Gallitzin 16640, (814) 886-6150

Five Star Trail Chapter (Five Star Trail), R.D. 12 Box 203, Greensburg 15601, (724) 830-3950

Cambria Co. Tourist Council (Jim Mayer Riverwalk), 111 Market Street, Johnstown 15902, (814) 536-7993

Loyalhanna Watershed Association (PW&S Railroad Hiking-Biking Trail), 18 Old Lincoln Highway West, Ligonier 15658, (724) 238-7560

Roaring Run Watershed Association (Roaring Run Trail), Box 333, Apollo 15613, (724) 478-3366

Saltlick Township (Indian Creek Valley Trail), P.O. Box 403, Melcroft 15462, (724) 455-2866

Southern Alleghenies Conservancy (Pike-to-Bike Trail), 702 West Pitt Street, Fairlawn Court, Suite #8, Bedford 15522, (814) 623-7900 ext. 5

State Parks/Ski Resorts With Multi-Purpose Trails and Federal Public Lands

Blue Knob State Park
124 Park Road
Imler 16655
(814) 276-3576

Ohioypyle State Park
Youghiogheny River Trail
P.O. Box 105
Ohioypyle 15470-0105
(724) 329-8591

Keystone State Park
RD 2 Box 101
Derry 15627
(724) 668-2939

Shawnee State Park
132 State Park Road
Schellsburg 15559
(814) 733-4218

Hidden Valley Ski Resort
1 Craighead Drive
Hidden Valley 15502
(814) 443-6454

Youghiogheny River Lake
Army Corps of Engineers
497 Flanigan Road
Confluence 15424
(814) 395-3242

Conemaugh River Lake & Loyalhanna Lake
Army Corps of Engineers
RD #2, Box 131
Saltsburg 15681
(724) 639-9013

State Forests

Buchanan State Forest
440 Buchanan Trail
McConnellsburg 17233
(717) 485-3148

Forbes State Forest
P.O. Box 519
Laughlintown 15655
(724) 238-1200

Rothrock State Forest
P.O. Box 403,
Rothrock Ln
Huntingdon 16652
(814) 643-2340

Gallitzin State Forest
P.O. Box 506
Ebensburg 15931
(814) 472-1862

State Police Troop Headquarters

Troop A – Greensburg. (724) 832-3288
Troop G – Hollidaysburg (814) 896-6100
Troop B – Washington (724) 223-5200





Pittsburgh Region

PENNDOT District Bicycling/Pedestrian Coordinators

Daryl St Clair
District 10
Armstrong & Butler
Counties
P.O. Box 429
2550 Oakland Avenue
Indiana 15701
(724) 357-2526
dstclair@state.pa.us

John Fail
District 11 - Lawrence,
Beaver & Allegheny
Counties
45 Thoms Run Road
Bridgeville 15017
(412) 429-4997
jfail@state.pa.us

Don Davanzo
District 12 - Washington
County
P.O. Box 459
N. Gallatin Avenue Ext
Uniontown 15401
(724) 439-7190
ddavanzo@state.pa.us

Planning Organizations

Southwestern Pennsylvania
Commission
425 Sixth Avenue
Suite 2500
Pittsburgh 15219
(412) 391-5590
Contact: Sara Walfoort
swalfoort@spc9.org

Lawrence County Dept
of Planning
Lawrence County
Government Center
430 Court Street
New Castle 16101
(724) 656-2144
Contact: Frank Gingras
frankg@co.lawrence.pa.us

Northwest PA Regional
Planning &
Development Commission
395 Seneca Street
Oil City 16301
(814) 677-4800
Contact: Bob Skarada
bobs@nwplan.org

Tourism Promotion Agencies

Armstrong Co. Tourist
Bureau
125 Market Street
Kittanning 16201
(888) 265-9954

Lawrence Co. TPA
229 South Jefferson Street
New Castle 16101
(724) 654-8408

Greater Pittsburgh
Convention & VB
Regional Enterprise Tower
425 Sixth Avenue, 30th Flr
Pittsburgh 15219
(888) 849-4753

Butler Co. Chamber of
Commerce
P.O. Box 1082
112 Woody Drive
Butler 16003
(724) 283-2222

Beaver Co. Recreation &
Tourism Department
526 Brady's Run Road
Beaver Falls 15010
(724) 891-7030

Washington Co. TPA
273 South Main Street
Washington 15301
(800) 531-4114

AYH Hostels Council Office

AYH-Pittsburgh Council, 830 Warrington Avenue, Pittsburgh 15210, (412) 431-4910

Regional Bicycling Publications

Freewheeling Easy in Western Pennsylvania, M. Shaw & R. Weil, Shaw-Weil Associates,
414 South Craig Street, Pittsburgh 15213, (412) 681-5131

Western PA Wheelmen Bicycle Ride Maps, P.O. Box 99684, Pittsburgh 15212,
(412) 422-2234

Bicycle Shops

(Shops, listed alphabetically by city or town, sell and service bicycles and provide maps or other touring information. Shops designated by an * also provide rentals)

Ambridge
Ambridge Bike Shop
518 Merchant St
(724) 266-1111

Beaver
*Snitger's Bicycle Store
399 3rd Street
(724) 774-5905

Bethel Park
South Park Cycles
4925 Library Road
(412) 833-0277

Butler
Hites Bicycle Shop
103 Bon Aire Plaza
(724) 285-3091

Coraopolis
Coraopolis Bike
938 5th Avenue
(412) 264-0982

Gibsonia
Immel Bicycle Center
5477 William Flynn Hwy
(724) 282-6340

McKeesport
R & R Bicycle
1026 E. Smithfield St.
(412) 751-5341

Monroeville
Cycle Works
4203 William Penn Hwy
(412) 373-4910

Mt Lebanon
TRM Cycles
719 Washington Road
(412) 343-6885

Pittsburgh
*Gatto Cycle Shop
7501 Penn Avenue
(412) 731-9200

Pittsburgh
West Liberty Cycles
2693 West Liberty Avenue
(412) 343-4230

Pittsburgh
*Golden Triangle Bike
Rentals
Eliza Furnace Trailhead
First Avenue Access
(412) 600-0675

Tarentum
*Gatto Cycle Shop
117 East 7th Avenue
(724) 224-9256

Verona
Dirty Harry's Bicycles
730 Allegheny River Blvd
(412) 828-2667

Warrendale
Warrendale Schwinn
17015 Perry Hwy
(724) 935-1750

Westview
Scholl's Bicycle Center
649 Center Avenue
(412) 931-6711

Wexford
Gatto Cycle Shop
639 Wexford-Bayne Road
(412) 934-9330

Regional Bicycle Tours

- May **Pedal Pittsburgh.** Rides of 15, 25, 35 and 50 miles throughout the City of Pittsburgh. Benefits the Community Design Center of Pittsburgh, 211 Ninth Street, Pittsburgh 15222, (412) 232-3545
- June **Yough 'n Roll Bike Tour.** Rides of 15, 35 and 50 miles at the Youghiogheny River Trail. Sponsored by the Mon/Yough Trail Council, P.O. Box 14, Boston 15135, (412) 751-8986
- July **Great Ride.** 20, 30 or 50-mile ride through Pittsburgh neighborhoods. Sponsored by Citiparks, 414 Grant Street, Room 400, Pittsburgh 15219, (412) 255-2493
- August **Mon Valley Century.** Routes of 35, 65 and 100 miles through Monongahela River Valley. Pledge required. Proceeds to Pittsburgh AYH, 830 E Warrington Ave, Pittsburgh 15210, (412) 431-1267
- October **Youghtoberfest.** Day-long trail festival and fund raiser on the Youghiogheny River Trail. Sponsored by the Mon/Yough Trail Council, P.O. Box 14, Boston 15135, (412) 672-1824
- October **SABRE.** Rides of 15, 35 and 65 miles through hills west of Pittsburgh. Pledge required. Proceeds to benefit Pittsburgh AYH, 830 E Warrington Ave, Pittsburgh 15210, (412) 431-1267

Bicycle Clubs

Allegheny Cycling Association, 2019 Delaware Avenue, Pittsburgh, 15218

Fox Velo Club, c/o Hites Bike Shop, 103 Bon Aire Plaza, Butler 16001, (724) 285-3091

Western Pennsylvania Wheelmen, P.O. Box 99684, Pittsburgh 15233, (412) 422-2234

Trail and Rail-Trail Organizations

Friends of the Riverfront (Three Rivers Heritage Trail), 33 Terminal Way, Pittsburgh 15219, (412) 488-0212

Allegheny Valley Land Trust (Armstrong Trail), P.O. Box 777, Kittanning 16201, (724) 543-4478

Butler-Freeport Community Trail Council (Butler-Freeport Trail), P.O. Box 533, Saxonburg 16056, (724) 352-4783

Oakmont Borough (Arboretum Trail), 769 Fifth St., Oakmont 15139, (412) 828-3232

Office of the Mayor, (City of Pittsburgh Trail System), 414 Grant St, Pittsburgh 15219, (412) 255-2626

Montour Trail Council (Montour Trail), P.O. Box 11866, Pittsburgh 15228, (412) 831-2030

Lawrence County Tourism Bureau (Stavich Bicycle Trail), 229 South Jefferson St., New Castle 16101, (888) 284-7599

Peters Township Parks and Recreation (Arrowhead Trail), 610 E. McMurray Road, McMurray 15317, (724) 942-5000

Mon/Yough Trail Council (Youghiogheny River Trail), P.O. Box 14, Boston 15135, (412) 672-1824

Allegheny Trail Alliance (Youghiogheny River Trail), 419 College Avenue, Greensburg 15601, (888) ATA-BIKE

Transit Company Bicycle Policy

Port Authority of Allegheny County, Pittsburgh, (412) 442-2000. Contact transit company for policy regarding bicycles on buses and trolleys. Some routes have buses equipped with bike racks.

State Parks with Multi-Purpose Trails, and Federal Public Lands

Moraine State Park, 225 Pleasant Valley Road, Portersville 16051, (724) 368-8811

Crooked Creek Lake, Army Corps of Engineers, RD #3, Box 323A, Ford City 16226, (724) 763-3161

State Police Troop Headquarters

Troop B - Washington. (724) 223-5200

Troop D - Butler. (724) 284-8100

BICYCLING DIRECTORY of PENNSYLVANIA

Prepared for:
Commonwealth of Pennsylvania

Pennsylvania Department of Transportation
Bureau of Highway Safety & Traffic Engineering
R. Craig Reed, Director
Dave Bachman, Bicycle /Pedestrian Program Manager
Patti Marshall, Assistant Bicycle /Pedestrian Program Manager

Consultant:
URS Corporation

Contributor:
Pennsylvania Travel and Tourism Office

Printed by:
Pennsylvania Department of Transportation

SAFETY TIPS AND CYCLISTS' RULES OF THE ROAD

(from Bicycling Magazine)

- **ALWAYS WEAR A HELMET** — Pennsylvania law requires all cyclists under age 12 to wear an approved bicycle helmet.
- **OBEY TRAFFIC LAWS** — Under Pennsylvania law you are a vehicle. Ride on the right. Stop at stop signs and red lights. Never ride against the flow of traffic.
- **BE PREDICTABLE** — Ride in a straight line, with at least one hand on the handlebars. Check to be sure your path is clear and change directions without swerving. Use hand signals to indicate that you are turning.
- **RIDE DEFENSIVELY** — Watch for doors to open on parked cars. Expect a car to pull out from a side street or turn left in front of you.
- **ASSERT YOURSELF** — Don't hug the curb. Don't be crowded off the road. You have a legal right to a lane. Take as much room as you need to feel safe.
- **MAKE YOURSELF VISIBLE** — Cycling clothes are bright; wear them! Put reflectors on your wheels and on the front and rear of your bike. At night use a headlight and an active red light and reflector on the rear of your bike.
- **MAINTAIN YOUR BIKE** — Carry a pump, a patch kit and a spare tube.
- **TAKE CARE OF YOURSELF** — Carry plenty of drinking water. Carry a snack for energy. Carry change - when all else fails, you can call for help.

The listings in this directory are informational only and are provided as a service to the public. They are in no way an endorsement or recommendation of the events or entities listed, nor is it in any way intended that these listings constitute an exclusive representation of available activities or services.

If you are a full-service bicycle dealer (bicycle sales, maintenance, repair facilities, information distribution, and/or bicycle rentals available) and you wish to be included in the next edition of this Directory, please provide your shop's name, full address and telephone number to: Bureau of Highway Safety & Traffic Engineering, Pennsylvania Department of Transportation, P.O. Box 2047, Harrisburg, PA 17105-2047.

Pennsylvania's Eight Regions

