

## Rolling Recovery

**Objective:** Explore various natural areas on bike, having meetings during these journeys. As we travel throughout these beautiful areas with one another, we hope to add to the unity by simply enjoying the freedom our recovery has blessed us with.

We'll change locations; West River Drive, Manyunk, Wissahickon Valley, etc. If this trip is too far, perhaps some of the other sites will work for you.

### Trip 2

#### Day:

**Event:** Leisurely Bike ride - Approximately 3 miles or 15-20 minutes, have a meeting and continue our ride.

**Departure Time:** Approximately 11:00 a.m.

**Location: East Falls:** Kelly Drive, parking lot just west of Falls Bridge. Additional parking across street at old West River Banquet Restaurant, 4501 Kelly Drive.

**Event:** Meeting

**Time:** Approximately 11:30 AM

**Location:** Somewhere on West River Drive

#### Directions To Parking Area:

*From Schuylkill Expressway (King of Prussia):*

Take I-76 East for 12.4 mls.

Take the exit- exit number 340A- on the left toward LINCOLN DR/KELLY DR.

Merge onto CITY AVE W.

Take the exit on the left toward KELLY DR.

Stay straight to go onto KELLY DR. for 0.2 mile

Parking on RIGHT just before Falls Bridge

*From the Northeast:*

US-1 S/E ROOSEVELT BLVD. Continue to follow US-1 S.

Take the exit toward RIDGE AVE/KELLY DRIVE.

Turn RIGHT onto RIDGE AVE.

Turn LEFT onto CALUMET ST.

Turn RIGHT onto KELLY DR.

Parking on LEFT

For updates (I.E. cancelations do to weather) call contacts (below) or check the Rolling Recovery page after 09:00 AM morning of ride to recovery.