Rolling Recovery Trip 3 - Stone Harbor

Objective: Explore various natural areas on bike, having meetings during these journeys. As we travel throughout these beautiful areas with one another, we hope to add to the unity by simply enjoying the freedom our recovery has blessed us with.

We'll change locations; West River Drive, Manyunk, Wissahickon Valley, etc. If this trip is too far, perhaps some of the other sites will work for you.

Day:

Event: Leisurely Bike ride - Approximately 3 miles or 15-20 minutes, have a meeting and continue our ride.

Departure Time: Approximately 11:00 a.m.

Location: Stone Harbor: 253 99th Street - 2nd Floor Apartment of Garage; between Dune and Ocean.

Event: Meeting **Time:** Approximately 11:45 AM **Location:** Somewhere in New Jersey, I hope.

If anyone else is as pale as I am and looking for a nice sunburn, we'll have some beach time following the meeting.

Directions To Parking Area:

From Schuylkill Expressway (King of Prussia) to Stone Harbor: Merge onto I-76 E via the ramp- on the left- toward PHILADELPHIA. Merge onto VINE ST EXWY/I-676 E/US-30 E via exit number 344- on the left- toward **CENTRAL PHILADELPHIA. 1.6 miles** Take the exit toward I-676 E/US-30 E/BEN FRANKLIN BR. 0.2 miles Turn SLIGHT RIGHT onto N 6TH ST. < 0.1 miles Merge onto I-676 E via the ramp- on the left- toward I-95 (Portions toll). 5.5 miles I-676 E becomes I-76 E. 1.9 miles I-76 E becomes NJ-42 S. 7.6 miles NJ-42 S becomes ATLANTIC CITY EXWY S (Portions toll). 36.6 miles Take the SOUTH GARDEN STATE PARKWAY exit- exit number 7S. 0.4 miles Merge onto GARDEN STATE PKWY S (Portions toll). 27.1 miles Turn LEFT onto STONE HARBOR BLVD/CR-657. Continue to follow CR-657. 3.6 miles Turn RIGHT onto 3RD AVE/CR-619. 0.1 miles Turn LEFT onto 99TH ST. <0.1 miles End at 253 99TH ST STONE HARBOR NJ

Total Est. Time: 1 hour, 54 minutes Total Est. Distance: 104.72 miles

Stone Harbor to Schuylkill Expressway : Start out going Northwest on 99TH ST toward 3RD AVE/CR-619. <0.1 miles Turn RIGHT onto 3RD AVE/CR-619. 0.1 miles Turn LEFT onto 96TH ST/CR-657. Continue to follow CR-657. 3.6 miles Turn RIGHT onto GARDEN STATE PKWY N (Portions toll). 27.4 miles Merge onto ATLANTIC CITY EXWY W via exit number 38A toward CAMDEN/PHILADELPHIA (Portions toll). 37.9 miles ATLANTIC CITY EXWY W becomes NJ-42 N. 7.3 miles NJ-42 N becomes I-76 W. 2.0 miles Merge onto I-676 N via exit number 2 toward CAMDEN/B FRANKLIN BR (Portions toll). 5.4 miles Take the I-676 W/US-30 W exit on the left. <0.1 miles Stay straight to go onto ramp. <0.1 miles Keep LEFT at the fork in the ramp. <0.1 miles Stay straight to go onto ramp. 0.1 miles Merge onto US-30 W. 2.4 miles Stay straight to go onto I-76 W.

Total Est. Time: 1 hour, 57 minutes Total Est. Distance: 105.87 miles