

We'll begin at the art museum and take the new trail towards the Walnut Street Bridge, then continue to Rittenhouse Square. For you coffee drinkers Dave says La Colombe Cafe (130 S 19th St Philadelphia, PA 19103-4632) is the place.

Map to La Colombe Cafe:

http://maps.yahoo.com/maps_result?ed=Y1OTcep_0TqeuYsMtI6sz2IvJx6EqA--&csz=PHILADELPHIA+PA+19103&country=us&cat=

It's at the corner of South 19th and Moravian St.

We'll probably tackle the hills at Valley Forge on October 24. That should be a good week to check out the foliage.

Perhaps we can explore Bucks, Delaware or Chester County on the 10th?

Rolling Recovery Trip 5 - Art Museum-Rittenhouse Square

Objective: Every other Sunday we will explore various natural areas on bike. Have meetings during these journeys. As we travel throughout the beautiful areas with one another, we hope to add to the unity by simply enjoying the freedom our recovery has blessed us with.

We'll change locations riding along portions of; Schuylkill River Trail, West / East River Drive, Manyunk, Wissahickon Valley, Perkiomen Trail, etc. If a particular trip is too far from your home, perhaps some of the other rides will work for you. E-mail us with suggested rides.

Day: Sunday, September 26, 2004

Event: Leisurely Bike ride - Approximately 3 miles or 15-20 minutes, have a meeting and continue our ride.

Departure Time: Approximately 11:00 a.m.

Location: Philadelphia Art Museum: Bottom of the steps out front.

This is approximately where we'll meet:

http://maps.yahoo.com/maps_result?ed=OKRBt.p_0TpWex_r27JqeDD8meLor6IHeraGitNo0VkYtI5MvChbVlh_Z5oEeg--&csz=Philadelphia%2C+PA&country=us&new=1&name=&qty=

Event: Meeting

Time: Approximately 12:00 PM

Location: Rittenhouse Square

http://maps.yahoo.com/maps_result?ed=Y1OTcep_0TqeuYsMtI6sz2IvJx6EqA--&csz=PHILADELPHIA+PA+19103&country=us&cat=

Directions To Parking Area:

There are parking lots behind the museum; one at the top and one at the bottom, near the old water works.

Also parking on Spring Garden Ave or side streets.

For updates (I.E. cancellations do to weather) call contacts (below) or check the [Rolling Recovery](#) page after 09:00 AM morning of ride to recovery.

For more information contact:

Dave F on his cell at: 610-213-2121 (for useless information)

Kur B on his cell at: 610-256-5000 (for additional driving directions)