

The following are copied from the records of the original steering committee of the organization that became known as "Narcotics Anonymous."  
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*The following are the surviving minutes of the steering committee.*

August 17, 1953

II  
A Committee [illegible] Gilda [Krouse] [illegible] Ryan; Frank Carnahan and Doris Carnahan got together at 10146 Stagg St [the home of Frank and Doris Carnahan] at 8 P.M. for the purpose of organizing an AANA group.

The name "San Fernando Valley Alcoholics Anonymous and Narcotics Anonymous" has been voted on and accepted. [NOTE: Other information suggests that a name used informally in July 1953 in the first discussions of how to put this group together was "A.A. for Addicts."]

Nomination of Jimmie Kinnon for Chairman. Voted and accepted.

Nomination of Doris Carnahan for Secretary. Voted and accepted.

Nomination of Frank Carnahan and Gilda Krouse for six month's period of time on a rotating Committee [sic] for leadership. Voted and accepted.

Nomination of Paul Rosenbluth and Steve Ryan for three month's period of time on a rotating Committee for leadership with Jimmie Kinnon as alternate. Voted and accepted.

[illegible]

The following By-Laws entered and accepted as of this date August 17, 1953 in effect as long as the group is active.

Aug. [illegible]

and request a Committee meeting.

August 19, 1953

General Committee meeting met at 8 P.M. at 10146 Stagg St for the purpose of continuing drawing up the By-laws.

Term of Offices--

Secretary and Chairman will be active one year and may be selected to serve a successive term.

Duties of Chairman:

The duties of the chairman shall be to preside at all meetings of the governing committee, to appoint Committees whenever such are required. In the absence of the chairman, or in the event of his inability to act, the committeeman next in seniority shall act as chairman in his stead.

Duties of the Secretary:

The duties of the Secretary shall be to keep a full and complete record of the business transaction [sic] of the governing meeting and of the group to supervise the keeping of the books and accounts of the group, and to discharge such other duties as may be prescribed by the governing Committee. The Secretary shall also receive and safely keep all funds of the

Group and [illegible] by said governing Committee, and such funds shall be paid out on the check of the [illegible] Chairman. The Secretary shall be an ex-officio member of the governing Committee.

Any Committee member who is in continual disagreement with the majority voice in committee affairs to the point of departure from the traditional and accepted welfare of the Group may be asked to resign from such committee. An [sic] refusal to resign such member may be removed by a majority committee vote.

August 24, 1953

Third Committee met at 8 P.M. at 10146 Stagg St.

The Regular Meeting of the Group shall be held at 8:30 on every Monday Evening.

The Committee Meeting Governing Committee will meet the first Wednesday of every month at 8 P.M. In case of Holiday the meeting shall fall on the following Wed.

Following Tradition Seven it shall be the policy of the San Fernando Valley AANA to make payment for facilities provided.

All meetings shall be closed except the first meeting of the month.

Speakers must be alcoholics and Narcotic Addict's [sic] or one with both addictions.

II  
August 26

The Fourth Committee Meeting held at 8 P.M. at 10146 Stagg St.

Resignations of Paul Rosenbluth and Steve Ryan have been received and accepted. Replacement on the Governing Committee made this date of Pat Hand and Bud Craig.

For Twelve Step work in institutions and hospitals the recovered Narcotic Addict should have one year or more abstinence from narcotics, alcohol & barbiturates and will be screened to protect ANA ["A" written originally, "N" written over] as a whole.

For Twelve Step work in institutions and hospitals the recovered alcoholic should have one year or more abstinence from narcotics, alcohol and barbiturates and will be screened to protect ANA ["A" written originally, "N" written over] as a whole.

August 31

The Fifth Committee Meeting held at 8 P.M. at 10146 Stagg St.

Our purpose has been taken from the Key [no period]

All laws or amendments there to pertaining to the organizing [illegible] as a whole, all business matters, publicity, etc. must require a majority vote of the Steering Committee.

No members shall hold office in this Group or serve as a Committeeman for this Group simultaneously with the holding of an office or in acting as a committeeman in another group of this kind.

September 14 '53

The sixth Committee Meeting held at 8 P.M. at 10146 Stagg St.

"S.F. Valley AANA" changed to "Narcotics Anonymous."

Tommy Moore voted in as an alternate to relieve Jimmie Kinnon to fulfill only his duties as Chairman.

Doris Carnahan voted to procure a private hall or building.

September 21

The Seventh Committee Meeting held at 8 P.M. at 10146 Stagg St.

For purpose of forming last minute details for handling first group meeting.

Gilda Krouse voted and accepted to print Our Purpose and contact all newspapers.

Doris Carnahan to contact all heads of Narcotics Div. of the Police Depts.

Tommy Moore to have signs made up.

Miscellaneous to be distributed among the committee members.

~~Doris Carnahan to procure~~

The Salvation Army building's the Dad's Club giving responsibilities to Frank and Doris Carnahan for care of the building and the key.

Oct. 5th accepted resignation absence of Pat Hand until [sic] such times as is convenient for his return.

Oct 24 Accepted resignation of Bud Craig.

Nov. 15 Accepted resignation of Gilda Krouse and Tommy Moore.

Dec. 16 [In a different hand] Resignation of Doris & Frank Carnahan accepted.

Dec. 16 [In original hand] Accepted resignation of Jimmy Kinnon.

Dec. 18 Nomination of Bud Rautsch for Chairman. Accepted.

*This is the flier for the first Narcotics Anonymous meeting. Pictured at the bottom of the flier are ampoules of morphine, an intravenous hypodermic needle, and a boxed syringe.*

## NARCOTICS ANONYMOUS: OUR PURPOSE

This is an informal group of drug addicts, banded together to help one another renew their strength in remaining free of drug addiction.

Our precepts are patterned after those of Alcoholics Anonymous, to which all credit is given and precedence is acknowledged. We claim no originality but since we believe that the causes of alcoholism and addiction are basically the same we wish to apply to our lives the truths and principles which have benefited so many otherwise helpless individuals. We believe that by so doing we may regain and maintain our health and sanity.

It shall be the purpose of this group to endeavor to foster a means of rehabilitation for the addict, and to carry a message of hope for the future to those who have become enslaved by the use of habit forming drugs.

STARTING MONDAY NITE OCT. 5, 1953 EACH MONDAY NITE  
THEREAFTER AT 8:30 P.M.

CORNER OF CANTARA & CLYBOURN, SUN VALLEY, CALIF.  
DIRECTLY BEHIND SUNLAND LUMBER COMPANY

NARCOTICS ANONYMOUS  
CANTARA & CLYBOURNE \* P.O. BOX 54  
SUN VALLEY, CALIF.  
MONDAY 8:30 P.M.