NORTHERN CALIFORNIA MEETING DIRECTORY

MAY 1981

NARCOTICS ANONYMOUS
NORTHERN CALIFORNIA

WORLD SERVICE OFFICE INC.
P. O. Box 622
Sun Valley, 91352
(213) 764-3155

REGIONAL SERVICE COMMITTEE
P. O. Box 11365
San Francisco, CA 94101

AREA CODE 408 (NORTH)
San Jose
and Santa Clara

Area Service Committee
Post Office Box 8147
San Jose, CA 95155
Phone (408) 998-4200

AREA CODE 408 (SOUTH)
Capitola, Gilroy, Monterey
Salinas, Santa Cruz and Scott's Valley

Area Service Committee
P.O. Box 2566
Santa Cruz, CA 95063
Phone (408)

AREA CODE 415

Oakland, Berkeley, Marin, San Leandro, Danville, Union City
San Francisco, Burlingame, Mountain View, Castro Valley

Area Service Committee
Post Office Box 11365
San Francisco, CA 94101
Phone (415) 893-2686

AREA CODE 707

Santa Rosa, Napa, Eureka, Vallejo, Clearlake Highlands

Area Service Committee
Post Office Box 1365
Santa Rosa, CA 95402
Phone (707) 523-1720

AREA CODE 916

Sacramento, Chico, Oroville, Redding,

Area Service Committee
Route #1 Box 40
Durham CA 95938

AREA CODE 209
Stockton, Modesto and Fresno

Area Service Committee
606 East Market Street
Stockton, CA 95202

THE TWELVE STEPS OF NARCOTICS ANONYMOUS

HOW IT WORKS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory, and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us, and the power to carry that out.
12. Having had a spiritual awakening as a result of those steps, we tried to carry this message to addicts and to practice these principles in all our affairs.

This sounds like a big order, and we can't do it all at once, we didn't become addicted in one day, so remember—EASY DOES IT.

THE TWELVE TRADITIONS OF NARCOTICS ANONYMOUS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our Group purpose there is but one ultimate authority—a loving God as He may express Himself in our Group conscience, our leaders are but trusted servants, they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each Group should be autonomous, except in matters affecting other Groups, or NA, as a whole.
5. Each Group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA Group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every NA Group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our Service Centers may employ special workers.
9. NA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. NA has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

MONDAY

CLEARLAKE HIGHLANDS
Aries House
5585 Hwy 53
3:30 PM—Open
Speaker Discussion

MONTEREY
YMCA
404 Camino El Estrero
At Franklin, Drive south on Del Monte, turn left at McDonald's
8:00 PM—Open
"The Nameless Group"

SAN FRANCISCO
90 Ninth Street
Between Mission & Market
8:30 PM—Open
Step-Study

SAN JOSE
Valley Medical Center
Mental Health Building
Room #89
2221 Enborg Lane at Bascom
Exit 280 on Bascom/turn right on Enborg Lane
8:00 PM—Open
Speaker Discussion
Women's Meeting

SANTA ROSA
Indian Center
1305 Cleveland Avenue
8:30 PM—Open
Speaker Discussion

STOCKTON
606 East Market Street
8:00 PM—Open

TUESDAY

BERKELEY
Lutheran Church of the Cross
1744 University Avenue
8:30 PM—Closed
Speaker Discussion
Candlelight Meeting

SACRAMENTO
2008 - 28th Street
8:00 PM—Open

EUREKA
931 Fifth Street
8:00 PM—Open

FRESNO
Community Hospital—3rd Floor
Fresno and R Streets
7:30 PM—Open

SAN FRANCISCO
90 Ninth Street
Between Mission & Market
8:30 PM—Open
Speaker Discussion

SAN JOSE
Olinder Community Center
Williams Street Park
848 East Williams Street
8:00 PM—Open
Speaker Discussion
Candlelight Meeting

SANTA CRUZ
Department of Motor Vehicles
41st and Capitola Road
8:00 PM—Open
Speaker Discussion

SANTA ROSA
Coddingtown Baptist Church
Guerneville Road at Iroquois Avenue
Iroquois & Lance
8:00 PM—Open
Speaker Discussion

STOCKTON
606 East Market Street
8:00 PM—Open

Birthday Meeting
Last Tuesday Each Month

UNION CITY
Holy Rosary Church
School Gymnasium
703 C Street
8:00 PM—Open
Speaker Discussion

WEDNESDAY

CASTRO VALLEY
Castro Valley Adult School
Earl Warren Campus Room #16
19722 Center Street
Follow 580 towards Stockton past the first Castro Valley exit/Exit at Center Street-Crow Canyon Road/ Turn left at stop sign, follow Castro Valley Boulevard back over the freeway/turn right at stoplight onto Center Street, ½ mile to school
8:00 PM—Open
Speaker Discussion

CHICO
Bidwell Church
Back Basement
First and Broadway
8:00 PM—Open

MOUNTAIN VIEW
Rengstorff Park Community Center
201 Rengstorff Avenue South
Between the Central Expressway and El Camino Real
8:00 PM—Open

SAN FRANCISCO
Trinity Episcopal Church
1668 Bush Street at Gough
8:30 PM—Open
Speaker Discussion
"Hope Without Dope"
Gay Meeting (Open to All)

Birthday Meeting
Last Wednesday Each Month

SAN JOSE
Valley Medical Center
Mental Health Building
Room #38
2221 Enborg Lane at Bascom
Exit 280 on Bascom/Turn right on Enborg Lane
8:00 PM—Open/
Speaker Discussion
"Coo Coo's Nest"

STOCKTON
606 East Market Street
8:00 PM—Open

THURSDAY

BERKELEY
Progressive Baptist Church
3309½ King Street
Take BART to the Ashby Station or exit I-80 at Powell/left on Grove/left on Alcatraz/left on King
8:00 PM—Open
Speaker Discussion

CLEARLAKE HIGHLANDS
Aries House
5585 Hwy 53
8:00 PM—Open
Speaker Discussion

OROVILLE
Assembly Church
Byrd & Oak
8:00 PM—Open

SACRAMENTO
Saint Philomene's Church
Bell at El Camino Real
8:00 PM—Open

SAN FRANCISCO
90 Ninth Street
Between Mission & Market
8:30 PM—Open
Speaker Discussion

SAN JOSE
Guadalupe Church
2020 East San Antonio
San Antonio & Sunset
8:00 PM—Open
Speaker Discussion

SANTA ROSA
Benton Street Clubhouse
North and Benton Streets
8:00 PM—Open
Speaker Discussion

FRIDAY

EUREKA
Church at
Seventh and K Streets
8:00 PM—Open

FRESNO
Community Hospital—3rd Floor
Fresno and R Streets
7:30 PM—Open

SAN FRANCISCO
Grace Cathedral on Nob Hill
Cathedral House Dining Room
1051 Taylor Street at California
8:30 PM—Open

All Groups Birthday Meeting
Last Friday each Month—Open

SAN JOSE
Olinder Community Center
Williams Street Park
848 East Williams Street
8:00 PM—Open

Area Service Committee
Speaker's Meeting
First Friday each Month only

SANTA ROSA
Franklin Park Clubhouse
Franklin Avenue off Lewis Road
8:30 PM—Open/
Speaker Discussion

STOCKTON
606 East Market Street
8:00 PM—Open

SATURDAY

CHICO
Bidwell Church
Back Basement
First & Broadway
8:00 PM—Open

SAN FRANCISCO
Saint John's Lutheran Church
3126 22nd Street
Between Capp & South Van Ness
10:30 AM—Open
Speaker Discussion

SAN FRANCISCO
First Congregational Church
Post & Mason
8:00 PM—Open
Speaker Discussion
Chip Meeting

SAN JOSE
Guadalupe Church
2020 East San Antonio
San Antonion & Sunset
8:00 PM—Open
Speaker
Chip Meeting

SANTA ROSA
Alano Club
1380 Sebastopol Road
10:30 AM—Closed
Speaker Discussion

SANTA ROSA
Hansen & Warren House
811 East Third Street
8:00 PM—Open
Speaker Discussion

SONORA
Alcoholism Information Center
635 South Stewart
8:00 PM—Open

STOCKTON
606 East Market Street
1:00 PM—Open

SUNDAY

BURLINGAME
Saint Paul's School
405 El Camino Real
at Chapin Avenue
Exit 101 from north at Broadway/ West to El Camino Real/South five stoplights to Chapin
Exit 101 from south at Peninsula/ West to El Camino Real/North six blocks to Chapin
7:30 PM—Open
Speaker Discussion

MODESTO
Salvation Army Building
610 Sixth Street
8:00 PM—Open

PETALUMA
501 South Petaluma
Boulevard at G Street
Drive west from first or last Petaluma exit
8:00 PM—Open
Speaker Discussion

REDDING
Empire Hotel
1237 California Street
8:00 PM—Open

SACRAMENTO
2008 - 28th Street
5:00 PM—Open

SAN FRANCISCO
Haight Detox Center
529 Clayton Street
Between Haight & Page
4:00 PM—Open
Speaker Discussion

SAN FRANCISCO
18th Street Services
4131-18th Street
Upstairs
Between Castro and Collingwood
8:30 PM—Open
Speaker Discussion
"The Phoenix Group"
Gay Meeting (Open to All)

SAN JOSE
McNaught Hall
Saint Francis Church
Newport & Pine Streets
Exit I-280 on Bird Avenue/Turn right on Minnesota/Turn left at first stop light on Lincoln/Turn right on Pine two blocks to Newport
4:00 PM—Open
Speaker Discussion
Birthday Meeting

SANTA ROSA
YWCA
635 Fifth Street
8:30 PM—Open
Speaker Discussion

HOSPITALS AND INSTITUTIONS COMMITTEE

Post Office Box 11365
San Francisco 94101
John Maher, Coordinator

Oakland
Alameda County Work Furlough
Every Monday 8:00 PM

Santa Rosa
Turning Point
Every Monday 8:00 PM

Jamestown
Sierra Conservation Camp
Third Tuesday 8:00 PM

Napa
County Jail
1st & 3rd Monday 8:30 PM

Oakland
Gladman Hospital
First, Second, Third Saturday

The Northern California Hospitals and Institutions Committee generally meets the third Sunday of each month at Saint Paul's School, 405 El Camino Real (at Chapin) in Burlingame at 5:30 PM. Everyone is invited to attend, we need your support.

NAR-ANON MEETINGS

Narcotics Anonymous is not affiliated with Nar-Anon, however, we list their meetings as a service to families and friends of addicts. For Northern California Nar-Anon Information: Please call: 408-293-4181

MONDAY

Newark — 8:00 pm
7214 Thornton Avenue
Newark

WEDNESDAY

San Jose — 8:00 pm
1710 Moorpark Avenue
San Jose

THURSDAY

Redwood City — 8:00 pm
133 Arch Street
Redwood City

RENO NEVADA

Lutheran Church of the
Good Shepherd
(Upstairs off the Patio)
501 California at Arlington

(From downtown Reno, drive South on Arlington and turn right on California.

Entering Reno from Highway 80, exit south on Virginia and turn right on California. Drive to the stoplight at Arlington. The church is on the corner.)

For More Information:
Don: 702-827-3313
Bruce: 702-826-9377

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

N.A. is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovered addicts who meet regularly to help each other to stay clean. This is a program of complete abstinence from all drugs. There is only "One" requirement for membership, the honest desire to stop using. There are no musts in N.A. but we suggest that you keep an open mind and give yourself a break. Our program is a set of principles, written so simply, that we can follow them in our daily lives. The most important thing about them is that "They Work."

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no leaders, no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, color, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

NARCOTICS ANONYMOUS SERVICE COMMITTEES

Meetings at various service committees generally take place monthly at the place and time listed below. All members of Narcotics Anonymous are welcome and invited to attend each of these. Please support the service structure of Narcotics Anonymous and help carry the message to the addict/alcoholic who still suffers.

Santa Rosa (707) Area
Service Committee
Bruener's
(across from K-Mart)
3550 Industrial
Santa Rosa
Second Thursday 7:00 PM

Northern California Regional
Service Committee
Grace Cathedral
Cathedral House Library
1051 Taylor Street
at California
San Francisco
Third Friday 8:00 PM

Northern California Regional
Hospitals & Institutions
Committee
Saint Paul's School
405 El Camino Real
(at Chapin)
Burlingame
Third Sunday 5:30 PM

San Francisco Bay (415) Area
Service Committee
Grace Cathedral
Cathedral House Library
1051 Taylor Street
at California
San Francisco
First Friday 8:00 PM

Central Valley (209) Area
Service Committee
606 East Market Street
Stockton
Last Sunday 1:00 PM

San Jose (408) North Area
Service Committee
McNaught Hall
Saint Francis Church
Newport and Pine Streets
San Jose
Last Sunday 6:00 PM

Coastal (408) South Area
Service Committee
Department of Motor Vehicles
41st and Capitola Road
Santa Cruz
First Tuesday 7:00 PM

WHO IS AN ADDICT?

Most of us do not have to think twice about this question. WE KNOW. Our whole life and thinking is centered in drugs in one form or another, the getting and using and finding ways and means to get more. We use to live and live to use. Very simply an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

JUST FOR TODAY

Tell yourself—

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY through NA I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

This meeting directory is a project of the Northern California Regional Service Committee, which generally meets the third Friday of each month at Grace Cathedral in San Francisco at 8:00 PM.