

CLEANSHEET



GREATER PHILADELPHIA
REGION



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1992

MARCH-APRIL

The CLEANSHEET is a subcommittee of the Greater Philadelphia Regional Service Committee. The primary purpose of the CLEANSHEET is to provide a written message of recovery to addicts seeking recovery, to promote unity, and to provide our members with news.

THE OPINIONS EXPRESSED HEREIN ARE FROM THE INDIVIDUAL MEMBERS OF N.A.; AND DO NOT NECESSARILY REPRESENT THOSE OF N.A. AS A WHOLE.

ALL MATERIAL BECOMES PROPERTY OF THE CLEANSHEET. LANGUAGE MAY BE CHANGED TO REFLECT THAT OF NARCOTICS ANONYMOUS. ALL MATERIAL MUST BE ORIGINAL. FOR BEST RESULTS WRITE NEATLY OR TYPE. PLEASE ENCLOSE A NOTE STATING THIS IS ORIGINAL MATERIAL AND GIVE US PERMISSION TO PRINT IT. WE THANK YOU FOR YOUR SUPPORT.
THE CLEANSHEET COMMITTEE.

ANNOUNCEMENTS!

Inner City Area- Stick And Stay Group is celebrating their third anniversary April 19th, 1992 at 1524 W. Girard Ave (St. Felix Center). Doors open at 9:00. Meeting starts at 10:00.

Bucks County Area- Bucks County Area Convention IV, Sep 25-27, 1992. "The Growth of Recovery" Royce Hotel Oxford Valley, PA. For Convention Info call Dorothy (215) 244-1218.

Montco Area- Unity Activities Committee meets on the fourth sunday of the month at 11:00 Temple Ambler Campus, Bright Hall.

SWANA- Annual Picnic! Lums Pond May 23rd, 1992.

- Unity Committee meets on the Thursday before ASC at the 1212 Club, 27th & Washington St. 8:00pm to 9:00 pm

THOUGHT FOR THE MONTH

Learning to help others is a benefit of the Narcotics Anonymous program. Remarkably, working the Twelve Steps guides us from humiliation and despair to acting as instruments of our Higher Power. We are given the ability to help a fellow addict when no one else can. We see it happening among us every day. This miraculous turnabout is evidence of a spiritual awakening. We share from our own personal experience what it has been like for us. The temptation to give advice is great, but when we do so we lost the respect of newcomers. This clouds our message. A simple, honest message of recovery from addiction rings true.



To the Fellowship of Narcotics Anonymous,

I AM YOUR ENEMY. I KNOW YOU CAN'T SEE ME, BUT THIS MAKES ME ALL THE MORE POWERFUL. IT GIVES ME THE ABILITY TO AFFECT ALL AREAS OF YOUR LIFE - TO SLIP INTO PLACES WHERE I COULDN'T POSSIBLY BELONG. WHY AM I TELLING YOU THIS? BECAUSE IT SEEMS ONLY FAIR THAT YOU GET ONE DECENT WARNING - NOT THAT I'M FAIR, BECAUSE THIS MAY BE YOUR ONLY ONE. I AM SO MUCH MORE POWERFUL THAN ANY ONE OF YOU - I WILL KILL - ONE AT A TIME - ANY ONE OF YOU.

LIKE I SAID - I'M INVISIBLE. LIKE THE WIND - YOU CAN'T SEE ME, BUT YOU CAN SEE THE EFFECTS OF ME AND YOU CAN AND WILL FEEL ME. AS LONG AS YOU DON'T USE, I CAN'T SLIP IN AS EASILY. I'LL TRY TO MAKE YOU FEEL DIFFERENT - LIKE YOU DON'T BELONG. I'LL TELL YOU TO SKIP THAT ONE MEETING AND NOT TO MAKE THAT CALL. THEN YOU'LL USE. SO BEWARE!

DIVIDE AND CONQUER IS MY MOTTO. EGO AND PRESTIGE WILL GET ME INTO YOUR SERVICE COMMITTEES. THE ADDICT WHO STILL SUFFERS WILL DIE FROM POLITICS BECAUSE YOU FORGOT ABOUT THE TRADITIONS.

YOU ARE EACH OTHER'S EYES AND EARS. STAY TOGETHER OR YOU'LL NEVER EVEN HEAR ME - UNTIL IT'S TOO LATE.

REMEMBER - I AM YOUR ENEMY. I AM ADDICTION.





HAPPY N.A. BIRTHDAY

SIX MONTHS

SHAWN M. JAN 28

NINE MONTHS

KEN M. FEB 07
SHIELA L. FEB 08
STEVE G. FEB 28 (ICA)
ANDREW FEB 29

ONE YEAR

VONETTA W. FEB 02
MIKE FEB 17
JACKIE FEB 18
JOHN FEB 18
KARL D FEB 20 (ICA)
JOHN W. MAR 6 (ICA)
SUMMER K. MAR 10
JEFF N. MAR 17
JAMAYNE W MAR 19 (ICA)

EIGHTEEN MONTHS

DAVID M. FEB 17
SHANNON B. APR 10

TWO YEARS

FRED H. FEB 15
BETTYE J. FEB 19 (ICA)
DEBORAH I. FEB 23 (ICA)
RUBY H. MAR 5 (ICA)
JOYCE P. MAR 10 (ICA)
PAULA C. MAR 24 (ICA)
DENNIS C. APR 07
RAY D. APR 26

THREE YEARS

LEVI FEB 26 (ICA)
CONRAD B. MAR 13 (ICA)

FOUR YEARS

DWAYNE C. FEB 15 (ICA)
LAWRENCE W FEB 18

FIVE YEARS

MIKE R. FEB 17
DOUG P. MAR 01
STEVE R. MAR 25
ERNIE E. APR 06
ALLEN T. APR 26
GEORGE L. APR 28

SIX YEARS

STEVE H. FEB 13 (ICA)
RUSSELL W. MAR 16
J.J. MAR 17
BRUCE G. MAR 20 (ICA)

SEVEN YEARS

RICH H. MAR 16
SPARKY MAR 16

EIGHT YEARS

DOROTHY R. MAR 07

TEN YEARS

HENRY D. FEB 2

GROUP ANNIVERSARIES

SAT. NITE ALIVE
4 YEARS FEB 20

Have your anniversary included in the
Cleansheet! Send it to:

Mike 'RealSlow.'
Attn: The Cleansheet
P.O. Box 9425
Newark, DE 19714

(The deadline for May-June issue is April 24)



His Praise Him

Praise Him who has kept you from falling.
Give him the praise for breaking that wall down.
Lift up your hands and give him the glory.
Thank him for letting you see another morning
not for just keeping you safe.
But for another 24hrs clean and serene.
HE ME WE The Program and Fellowship
Deserve the Applause.

-Sheila L.

CLEANSHEET

c/o GPRSO

6212 RIDGE AVENUE

PHILADELPHIA, PA 19127

TODAY

Today I didn't pick up
Today I didn't harm myself or another person
Today I don't have to worry about tomorrow
Today I like myself
I am grateful for today.

- Another Addict