

# NATIONAL ADVISORY COUNCIL ON NARCOTICS

Narcotics Anonymous, Inc.

P. O. BOX 3  
VILLAGE STATION  
NEW YORK 14, N. Y.

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Dear Friend:

In recent months the public has suddenly become aware of the fact that drug addiction is not only prevalent among teen-agers but is steadily increasing. Through a concerted effort the press and radio have made this fact known. However, to date, local authorities have recognized the evil for what it is, and a unified effort is being made in conjunction with private agencies and organizations to formulate a constructive educational program which would lessen the possibility of the future generation becoming addicted.

The NATIONAL ADVISORY COUNCIL ON NARCOTICS, Narcotics Anonymous, Inc., has formulated a program for the dissemination of information which would tend to prevent the induction of teen-agers into the drug habit. Few of these youngsters are aware of the ravages of drug addiction.

"An ounce of prevention is worth a pound of cure." The work of N.A.C.O.N., Narcotics Anonymous, Inc., not only includes preventative measures, but corrective steps are taken so that many are weaned away from the drug habit. The aims, purposes, methods and needs of Narcotics Anonymous, Inc., are concisely outlined on the reverse side of this appeal.

~~The work of this organization can not be expanded to~~  
cope with the existing situation during this crucial period without the financial support of public spirited citizens and corporations. A donation to this non-profit membership organization is actually an investment in the future generation of America. Funds are urgently needed now! Will you act today and mail your check, payable to Narcotics Anonymous, Inc., Post Office Box 3, Village Station, New York City 14, N. Y. Your promptness will pay dividends in the near future, because it will help to lessen the possibility of many teen-agers becoming addicted.

Statistics show that drug addiction increases during the summer season. Therefore time is of the essence.

Narcotics Anonymous, Inc., chartered March 1951, is composed of a group of civic-minded citizens who are in accord with the work of N.A. It aims to supplement the activities of medical and social agencies, as well as lend support to the N. A. groups, realizing that the recovered addict is ideally suited to help another addict.

We trust that the work of N.A., Inc., merits your support in its effort to render a much-needed public service.

Sincerely,

DANIEL CARLSEN,  
Executive Director.

## Aims, Purposes and Needs

NA is made up of a group of former addicts who have found freedom from drugs and who endeavor to help themselves by helping others. NACON, Narcotics Anonymous, Inc., (a separate organization) is a group of sponsoring citizens, organized to help members of NA.

NACON, NARCOTICS ANONYMOUS, INC., a chartered, non-profit organization. Created because we discovered that thousands of youngsters were becoming addicted to drugs who need special help. It aims to prevent addiction, to combat it, to help former addicts (NA members) in every way possible. Members of incorporated group include a lawyer, a psychologist, a youth counselor, psychiatrists, writers, social service workers and religious leaders.

NA has adopted the 12 Suggested Steps of Recovery employed by AA (Alcoholics Anonymous) but because of the basic difference between alcoholism and addiction, NA has had to modify the program to meet its peculiarities.

NA is designed to help addicts. Members aim to live a life free of addiction. To help others keep their freedom from drugs. To convince addicts who have not yet found release (from their slavery) that they can find a new way of life. To demonstrate to beginning addicts what dangers lie ahead. To introduce measures of prevention to those not yet contaminated by addiction.

NA also attempts to help addicts in their struggle for normalcy and adjustment by securing psychiatric assistance where the need is indicated, by steering him to satisfactory employment, by aiding him in all his personal problems so that he can take his place in society and become a constructive member of it, thereby living a richer life.

NA further works to institute a means of widespread educational information to the public about the truly serious problem of addiction. And to arouse the people to the pressing need for adequate hospital facilities for addicts and intelligent treatment of these patients.

NA, composed of people who know how to cope with this PUBLIC HEALTH problem, is doing everything in its power to help the addict. It is not connected with any other agency or organization.

WE HAVE HELPED HUNDREDS of people, but not nearly so many as we could help with funds and facilities to carry out aims. Group therapy and a constructive program have helped NA members find lasting recovery from addiction. Working with addicted persons on an individual basis, and with their families, to give them an understanding of their problem, so they can overcome it. We have facilitated hospitalization of patients in need of treatment and where possible secured funds for transportation to hospital.

HOME CALLS, HOSPITAL AND CORRECTIONAL INSTITUTION VISITS. Personal interviews for purposes of guidance and education.

REFERRALS TO AND COOPERATION WITH individuals and agencies able to help our people. This includes doctors, psychiatrists, counselors, vocational advisors, educational groups, social agencies, hospitals, employment centers.

THROUGH CORRESPONDENCE we have counseled and encouraged addicts and their families and advised groups-in-formation to help them get started.

PUBLIC APPEARANCES before groups: Civic, Patriotic, Parent-Teacher, Student, Religious, Medical, Social groups. For purposes of informing the public about the dangers of narcotics and to combat existing myths about addiction. This is combative and preventive effort.

Our approach to addiction is based upon our own experience, upon what we have learned from medicine and psychiatry, and upon spiritual principals common to all creeds. By combining these resources, the recovery rate among addicts who want to end their addiction, is proving phenomenal.

They are taught that their real goal is a contented, efficient and useful life. Abstinence then will almost automatically follow.

## OUR NEEDS

WE NEED FUNDS for headquarters, office, telephone, office equipment and supplies, printing and distribution of factual information, salaried workers to effectively carry out our aims.

WE NEED the means to adequately care for all the addicts appealing to us for help, to counsel and encourage them. Individual follow-up care for rehabilitation of former addicts. Psychiatric or medical care for members, when needed. Vocational guidance and employment opportunities for members in need of it. A really effective program of preventive medicine for the public.

WE SHOULD HAVE a revolving fund, for the purpose of lending money to addicts so they can be hospitalized, which they can repay after stabilization. At some future time we hope to have a hospital, or ward of a hospital, where those who have reverted to drugs can be sent immediately after they slip, so their condition can be checked and they will not have to complete the cycle before starting again on the road to recovery.



NARCOTICS ANONYMOUS has made definite progress toward its goal of helping to prevent narcotic addiction among the teen-age and adolescent groups. It has accomplished a great deal with very limited funds. However, with adequate funds and proper facilities we can and will effect a constructive program to prevent and combat addiction and to correct the ravages caused by addiction among all age groups. It will make a definite contribution and become an asset to the community.

## Excerpts From Letters of Endorsement

m: Asst. Comm. for Med. Services, State of  
N. Y. Dept. of Health, Div. of Med. Services,  
9 Columbia St., Albany 7, N. Y.

Apr. '51

"I am particularly impressed with your statement that your association recognizes the need for self-help and mutual assistance, faith, and dance, and in indicated instances the coordination of psychiatric counseling and the services of social workers. It is this coordinated approach that has the best opportunity of producing good rehabilitation results in every field of medical problems.

"We will be pleased to be kept informed of new developments by your association. As a member of the interdepartmental health council committee on alcoholism and drug addiction, I am making a careful study of these problems. We are quite concerned with the lack of adequate medical facilities in both fields."

"I made a request that we send them material to keep the local health offices in the counties, cities and districts of New York State fully informed of our activities.

N. Y. C., Aug. '50

"Thank you so much for making a guest appearance on my Martha Deane program. My members enjoyed hearing from you — many of them have written in to say so. And, of course I enjoyed having you as a guest.

"With best personal wishes and many thanks for coming."

Marlan Young (MARTHA DEANE)  
RADIO STATION WOR

Bx., N. Y., Jan. '52

"The members of the Holy Name Society want to know how much they enjoyed your talk at their last Communion Breakfast.

"We all realize that your presence required a personal sacrifice and wish to express our gratitude to you."

Vincent A. Griff, Secretary,  
Church of the Holy Spirit,

Wash. school girl.

"I have just finished reading an article about you and I think that if there were more articles like this there would be less drug addicts."

Elkhart, Ind., Oct. '51

"Reading your story has made me most interested in the cure for drug addicts. I live in Elkhart, Ind., where a boy killed himself in order not to be found out. He had stolen morphine from a drug store. There is this kind of trouble all over the United States, but lately a wooded area was discovered by the state police which was used for a drug addicts' hideout. It was called 'Hot-rod Heaven.'

"I believe the cure for such should be used widely so we wouldn't have such stuff in America. I am not a user of dope and never intend to be. Just an interested teen-ager."

B.J.B.

N. Y. C., Apr. '50

"I want to thank you for the splendid performance and wonderful cooperation in making last Friday's WE THE PEOPLE such a successful one.

"If we can ever be of service to you, please don't hesitate to call on us and again, many thanks."

JAMES SHELDON, Producer,  
WE THE PEOPLE.

N. Y. C., Nov. '51

"I want to tell you that we are grateful to you for giving us some of your time from Narcotics Anonymous. Your talk was most helpful to our staff."

Mamie Phipps Clark, Director,  
Northside Center for Child Development.

McSherrystown, Pa., Jan. '52

"I have read your article. It was a very splendid article and a great help to many teen-agers to encourage them never to indulge in this horrible menace."

M.L.E.

Udall, Kan., Nov. '51

"I live in a little town called Udall. I'm a teen-ager girl and I'm very much interested in these drugs and the affects of these drugs. They have gotten this dope started in two little towns close to Udall. We the citizens of Udall are trying very hard not to get it started in our own town."

J.D.F.

Mar. '51

"He has had Arthritis for about 18 years. The doctors began giving rest medicine to try to help him, of course it became a habit. He has had many treatments but always went back to it.

"Without help he will never be cured. So if you can send us any other help please do so. I can't afford to send him off again. I just don't have the money."

Mrs. F.W.A.

Orrville, Ohio, Nov. '51

"First of all I want to tell you that the article 'Narcotics Anonymous' was the greatest of help to me as I was taking the cure of morphine.

"I would like to become a member of your organization.

"Thank you for your help, because of your courage I didn't feel so alone after I read your story."

Mrs. J.B.

Milwaukee, Wis., Sept. 6, '50

"Just a few lines to inform you of the death of my husband, which occurred on the 1st of September. He received your letter of Aug. 19, while he was in the hospital and enjoyed hearing from you so very much.

"God bless you and may your health continue. I'll remember you in my prayers as Paul would want me to."

Mrs. P.B.

Alabama, Sept. and Oct. '51

"Please send me any information you think might help my husband. He is a doctor. I will be so grateful for any help you can give us. He has been on and off the drug. He went to Hospital in Jan. 1951 for about 6 weeks.

"He has been to a few AA meetings. He thinks going to a hospital wouldn't help him but that Narcotics Anonymous is his only help."

Mrs. B.I.L.

## Press Comments

N. Y. Times, June 18, '50

### GROUP HERE HELPS NARCOTICS ADDICTS

Anonymous Unit Applies the Group Therapy Principle  
to Aid Newly Cured

"Group therapy to help addicts to abstain from the use of narcotics has been applied successfully on a small but increasing scale here by Narcotics Anonymous. The organization has been assisted by members of Alcoholics Anonymous, from which it derives its name and program, though there is no official connection between the two groups.

"Field work in the city's prisons and hospitals is an integral part of the organization's activities, and Danny C. who began to use narcotics as a youth, is especially concerned with the rise of addiction among teen-agers."

Y. Central Press, By MARGARET HERTZ

"From this handful of interested men and women, a board of 12 directors was formed, with Carlsen as executive director. Narcotics Anonymous was incorporated in New York, March 19, 1951, 'to restore addicts to normal and give them new faith.'"

### 12 CONFESIONS

"Narcotics Anonymous, a year-old organization, founded by an ex-addict, is helping to salvage the broken lives of narcotics victims."

By Mirror - N. Y., June 1951

By Human, By SIDNEY FIELDS

"It's based on the code of Alcoholics Anonymous," Danny Carlsen explains, "and brings together addicts who try to solve their agony by mutual help and ruthless self-dissection."

"NA is housed in a little office in a Salvation Army building. When he began it a year ago his office was in his hat. But now Yancouver, Los Angeles and Chicago are starting NA groups. In N. Y. his NA meets twice a week. Every other Sunday he brings the idea into the Women's House of Detention. Every Thursday he's busy with teen-agers uptown.

"Since NA started here, it has helped 62 victims get to Lexington. Often the Salvation Army pays the fare. Another 80 tried to find their way back through NA; 11 have been off dope for periods ranging up to a year or more.

"Six months ago NA began working with youngsters. Various estimates say there are from 50,000 to 300,000 teen-age addicts. Every school district in this city has been infected.

"Every Thursday two NA members and Danny go uptown to help those who are off, or want to get off drugs.

"Before one 16 year old, who did get off it, enlisted in the Marines, he brought his whole gang to Danny. There were 20, and 17, including three girls, were addicts. Six of the 17 were persuaded to go to Lexington. They're back now and NA and the Salvation Army are trying to get them jobs."

Herald Tribune N. Y., May 1951

"By ARCH PARSONS, Jr.

"Narcotics Anonymous is an informal society of former addicts who aim to help each other expel their obsession that compelled us to use narcotics. Not being reformers, we offer our experience only to those who want it. There are no fees for any service—NA is non-profit. Each member squares his debt of gratitude by helping other addicts to recover. This way, he maintains his own freedom from the habit."