

IV.

STYLE SHEET FOR COMPOSITION REVIEW

<u>Use the word/phrases:</u>	<u>In reference to (instead of):</u>
CLEAN	Condition of abstinence from drugs (Sober)
CLEAN TIME	Sobriety
ADDICT/ADDICTION	Identity as people powerless over chemicals (Drug Addict, Alcoholic, Drug Dependent, Drug Abuser, Dope Fiend)
USING	Operating, Practicing
STOP	Quit (i.e., I didn't quit, I stopped using drugs)
WE/US/OUR	Those, These, They (in reference to experience with addiction/recovery)
THEM'THEIR	He/She/His/Him/Her (remove gender)
USEFUL	Normal
WORKING THE STEPS	Taking steps
LIVING A DAY AT A TIME/LIVE TODAY/JUST FOR TODAY	One day at a time
TAKE IT EASY	Easy does it
IT WON'T LAST	This too shall pass
PRIORITIES	First things first
ACHIEVE ADEQUACY NOT PERFECTION	Strive for progress rather than perfection

# NARCOTICS ANONYMOUS



NARCOTICS ANONYMOUS  
**World Service Conference**  
**Literature Committee**

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