



# Narcotics Anonymous®

I.P. No. 22

## Welcome to Narcotics Anonymous®

This pamphlet was written to answer some of your questions concerning the Program of Narcotics Anonymous. Our message is very simple: We have found a way to live without using drugs and we are happy to share it with anyone for whom drugs are a problem.

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understand how it works. There is a mutual respect and caring among clean addicts because we've all had to overcome the misery of addiction. We love and support each other in our recovery. The Program of N.A. is comprised of spiritual principles which we have found help us to remain clean. Nothing will be demanded of you, but you will receive many suggestions. This Fellowship provides the opportunity for us to give you what we have found: A clean way of living. We know that we have to "give it away in order to keep it."

So, welcome! We are glad that you have made it here, and hope that you decide to stay. It is important for you to know that you will hear God mentioned at N.A. meetings. What we are referring to is a Power greater than ourselves that makes possible what seems impossible. We found that Power here, in N.A., in the program, in the meetings, and in the people. This is the spiritual principle that has worked for us to live drug-free a day at a time; and whenever a day is too long, then five minutes at a time. We can do together what we could not do alone. We invite you to use our strength and our hope until you have found some of your own. There will come a time when you too may want to share with someone else what has been freely given to you. **KEEP COMING BACK—IT WORKS!**

Your local N.A. helpline number is:

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