

IT WORKS



IT WORKS  
HOW AND WHY

HOW AND WHY

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Inc.

# IT WORKS

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The Twelve Steps  
and  
The Twelve Traditions  
of Narcotics Anonymous

John  
Rosado  
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World Service Office, Inc.  
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## Table of Contents

Introduction 1

### Book One: The Twelve Steps

Step One 5

Step Two 17

Step Three 26

Step Four 36

Step Five 49

Step Six 59

Step Seven 69

Step Eight 76

Step Nine 84

Step Ten 96

Step Eleven 105

Step Twelve 113



## Book Two: The Twelve Traditions

Tradition One	125
Tradition Two	134
Tradition Three	144
Tradition Four	151
Tradition Five	159
Tradition Six	166
Tradition Seven	174
Tradition Eight	185
Tradition Nine	189
Tradition Ten	196
Tradition Eleven	203
Tradition Twelve	209
Index	219

## INTRODUCTION

Welcome! The book you have in your hands is a discussion of the Twelve Steps and Twelve Traditions of Narcotics Anonymous. We realize that, whether written or verbal, no discussion of something as personal and individual as recovery can be all things to all people. This book is not meant to be an exhaustive study of NA's steps and traditions, nor is it meant to be the final word on any aspect of recovery or NA unity. Rather, it is meant to help you determine your own interpretation of the principles contained in our steps and traditions. We hope you will find personal growth, understanding, and empathy in the following pages. We pray you will be moved to a new level of insight into your recovery and the valuable place you occupy as a member of Narcotics Anonymous.

Each member of NA has contributed to this book in some way. Whether you are new to recovery or one of our longtime members, your experience, your support, and, above all, your presence in the rooms where addicts meet to share recovery have been the motivating forces behind the production of this book. Though the process of writing a book about the experience of a fellowship as diverse as ours has been lengthy, we saw all the barriers and stumbling blocks fade away in the light of our primary purpose: to carry the message to the still-suffering addict. That one purpose, clear and powerful, stands alone in our