



NARCOTICS  
ANONYMOUS

P. O. Box 622

Sun Valley

California

HO 3-3123

## JUST FOR TODAY

Tell yourself—

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in N.A. who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY through N.A. I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

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## SERENITY PRAYER

GOD . . . Grant me the serenity to accept the things I cannot change . . .  
The courage to change the things I can . . .  
. . . And the wisdom to know the difference.

This booklet is an introduction to the fellowship of Narcotics Anonymous. It is written for those men and women, who like ourselves, suffer from a seemingly hopeless addiction to narcotics and sedation. There is no "Cure" for addiction, but "Recovery" is possible by a program of simple spiritual principles. This is not meant to be comprehensive, but it contains the essentials; that in our personal and group experiences, we know to be necessary for recovery.

Saturday - 8:30 pm  
635 E. 6<sup>th</sup> St  
Pomona, Calif.

Thursday Nite 8:30 pm.  
St. Stephens Church  
Gower & Yucca  
Hollywood, Calif.

Tuesday Nite 8:30 pm  
1300 E. Colorado Blvd.  
Glendale, Calif.

Louis

204 N Prospect  
Rdmt, Beh.

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FIFTY CENTS