

My Gratitude Speaks  
When I Care  
And When I Share  
With Others  
The N.A. Way.

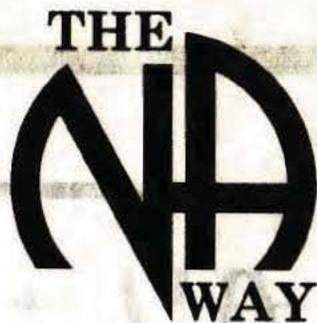
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# N.A.

N.A. is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovered addicts who meet regularly to help each other to stay clean. This is a program of complete abstinence from all drugs. There is only "One" requirement for membership, the honest desire to stop using. There are no musts in N.A., but we suggest that you keep an open mind and give yourself a break. Our program is a set of principles, written so simply, that we can follow them in our daily lives. The most important thing about them is that "They Work".



## THAT DEADLY EXTRA STEP

A recent experience brought back some painful memories. Our basic text states "If sharing the experience of our pain helps just one person, it will have been worth the suffering" and "We are each other's eyes and ears; when we do something wrong, our fellow members help us to help ourselves by showing us what we cannot see."

An area I recently visited has an older N.A. Fellowship than my home; more meetings, more members with longer terms of clean time. It was a beautiful place for me to go to enrich my recovery, but I would hate to be a woman trying to find recovery there. This recent experience painfully reminds me of the great impact that lust and insecurity had on me. My God helped me live my principles over the recent weekend there through a sincere willingness to change and a firm Second Step. This was not made easy for me. I came looking for friendship and felt honestly like I was placed on sexual exhibit by most of the men. I am quite familiar with this very real feeling. This exact feeling led me originally to the Fellowship. I acted on this feeling and my actions killed me. I came in and went back out the doors of the Fellowship on the "Thirteenth Step" and as a result was legally dead for nearly five minutes. The following is my story...

I was married for several years and have a couple children. During my marriage I felt that I might be a "potential" addict. I only smoked pot, drank beer and wine and used prescription drugs that everyone else used, only maybe a little more sometimes.

During my marriage there was no cheating even though my husband did not want me sexually toward the end. When my marriage ended, my disease was free. I found that men wanted to date me and wanted me sexually. These men were more than happy to give me the drugs I wanted and help me try new ones. I found just the sort of "provider" I was looking for; a dealer who used me as his private prostitute for as many full syringes as I needed. I knew he was insane and thought that I must be insane to be with him. I truly believed that I had a moral problem and suicide seemed the only way out. I tried to kill myself twice.

One night I met a guy in a bar. He took me to bed and then to a meeting. I went to meetings with him for several weeks till he got tired of me and "hit" on another new girl. There were three or four guys around who were more than willing to help me get over him and find recovery. I was so sick and wanted acceptance so badly that I would have done anything. One night I found myself in a meeting with all the guys I had slept with. My guilt and humiliation were beyond expression, and my desire to commit suicide came back full force. Who knows how I got the nerve to share in that meeting? I sat quietly and said, "I believe the people in this program stop using drugs and start using people." This must have hit a nerve because nobody responded. My denial took this lack of response as proof that I should return to the street. At least there, when people used you there was no pretext of love, care and concern.

My ex-husband, the dealer-lover was happy to hear of my disillusionment. We went to a bar to celebrate my return. I took the first drink on my own without knowing that he had dropped "acid" in it. I had not "tripped" before... I remembered a long ago friend had gone insane on acid, and I was afraid of it. Not knowing what was happening or why, I finally, hysterically convinced him to take me home. Once there, he would not leave. I was frightened and knew I was in great trouble. I wanted and needed help. I wanted to get back the feeling of cleanliness and freedom that I had experienced during the last few weeks. Either he knew this or I told him, and he went

crazy. He raped me. I wanted to die. I gathered up all the pills I had hidden just in case and prepared to take them all at once; uppers, downers, sleepers, etc. He stopped me and told me that he had all that I needed to find peace in one small full syringe. I didn't care any more and let him "fix" me. He used twice my normal dose. I felt it hit my heart and lungs. In the few seconds left, I heard him laughing and thought... "What a bad way to die, my kids will have to live with this forever." I thought "if only those program people had really wanted to help me, not just wanted me sexually then this wouldn't have needed to happen." My God heard this prayer. My medical record says that I was dead for a little while. My God however, chose to let me live. I went to one more meeting. God heard me and let me go to an N.A. meeting. I didn't care anymore about the people - I just wanted to live. An N.A. member saw the pain in my eyes at that meeting and reached through my denial with his unconditional love. He cared enough to share and has never made any sexual moves on me.

I wish I could say that my sick behavior ended here, but I had not found Second Step faith yet. I tried it different ways with different people, but it was still the same. When I realized that I was taking advantage of the vulnerability of new men, and realized that I cared about someone's recovery and yet was jeopardizing that recovery by acting on my own sick needs, I began my Fourth Step.

Recently, trying to be "in love" with another recovering addict has resulted in more emotional devastation than my relapse. Lust complicated by insecurity has taken me to a "bottom" in sex and relationships. Just for today I surrender to this aspect of my disease; I abstain in order to find recovery. Today I know a peace and happiness that I've never known before. If and when I find the "right" person, it will be the result of my faith in and surrender to my Higher Power. No longer do I need to go from one person to the next using us both. I'm learning to love me and believe that someday I may love someone else the way God wants us to love.

Please look through my eyes and hear through my ears. Look into the eyes of the next new person of the opposite sex you meet who is seeking recovery. Feel their pain, respect their dignity, share recovery with them in their vulnerable search for acceptance.



# ATTITUDE

# NOT

# APTITUDE



Live each day to the fullest, get the most from each hour, each day, and each age of your life. Then you can look forward with confidence, and back without regrets. Be yourself - but be your best self. Dare to be different; to follow your star. Don't be afraid to be happy. Enjoy what is beautiful. Love with all your heart and soul. Believe that those you love, love you. Forget what you have done for your friends, and remember what they have done for you. Disregard what the world owes you; concentrate on what you owe the world. When you are faced with a decision, make that decision as wisely as possible - then forget it. The moment of absolute certainty never arrives. God helps those who help themselves. Act as if everything depended upon you and pray as if everything depended upon God.



## FROM THE CAN



### A Word of Warning:

If you haven't believed anyone before when they told you that your drug use may land you in jail, let us be a testimony that this is true. From our combined experience, we fellow addicts and prison inmates can tell you that at least 80% of the people incarcerated are alcoholics and drug addicts. Too bad most of the inmates don't realize they have this problem and are still denying their disease, they think they can handle it, things will be different next time out. Most of us, prior to getting locked up, never would have believed we would end up here. But you can only get away with instant gratification, self-centered actions, and life in the fast lane for so long. Then you caught, and the life of going in and out of jails and prisons begins.

A few of us have been fortunate enough to find the N.A. program in prison. For us, we know this program is our only hope of escaping from this merry-go-round of drugs, crime, prison, freedom, ... drugs, crime, prison, freedom; ad infinitum. So, if you don't believe us when we tell you where your drug use may lead, continue on your way, and we will still be here to welcome you into our group. Hopefully, then, you will have been beaten into a state of reasonableness, and will be ready to listen.

We would like to take this time to thank all the wonderful people who bring this message of hope into prisons. For those of us who will get out, we look forward to joining you in our fellowship on the outs.

In Love and Gratitude,

Fireline Fellowship of N.A.

Sierra Conservation Correctional Center



## SPECIAL PROBLEMS OR INTEREST GROUPS

We would hope to cast some light on three of the meetings here in our area and hopefully clear up some misunderstandings. Special problem or "special interest" groups in our area are regular meetings which discuss problems and solutions common to certain gender or sexual preference. We have a women's, a men's and a gay's group. These groups seem to bring to those of us who attend them regularly a further level of identification in our daily struggle to recover from addiction. Some of us cannot find ourselves because we have not defined ourselves. We believe that our meetings are within the Traditions of Narcotics Anonymous and such meetings are mentioned in Chapter 6 of our Basic Text. We wish to state clearly that while these meetings discuss problems/solutions pertaining to either men or women or gays, they are OPEN TO ANY ADDICT SEEKING RECOVERY. We believe wholeheartedly in our Third Tradition and all Traditions. Our World Board of Trustees seems to find no violation of the Traditions in these meetings.

We believe in the "WE" which is so apparent in our Twelve Steps; and being "a part of" N.A. instead of "apart from" everything is very important for us. Isolation and feeling different are what brought us to seeking help. For some of us, this feeling "apart from" continued during our recovery because we felt uncomfortable talking about certain problems in meetings. We males are often so sick that we feel unwilling to cry in a female's presence. An unplanned pregnancy might be hard for a woman to share in a meeting where men attend. Gay men and women may not be comfortable sharing their feelings about their sexuality at a mixed meeting; and a meeting attended by mostly gay people can seem safer and provide

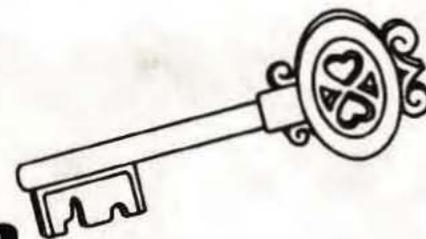
more support and identification. The very real experience of our members suggests that this added level of identification can provide a beginning to feeling totally a part of N.A. and allowing us to share these feelings more openly at other N.A. meetings.

Other examples are plentiful. Many women have been unable to define themselves as women or be truly close emotionally with other women without fears of competition, jealousy and distrust. Men are hesitant to discuss fears of impotency or sexual adequacy when a woman might be listening. Gays might be unwilling to talk about the additional arbitrary stigma placed on them by society and the many ways that taboo could seem to complicate recovery from our disease of addiction. The deeper honesty that we find in these meetings is a very important tool in the H.O.W. it works of our program.

We do not feel better than or worse than other N.A. members who choose not to attend our special problem discussions. We believe we could not recover by going only to these special problem discussions and we need the fellowship as a whole for our recovery. We do feel concerned when we speak to a newcomer who has been specifically advised by an experienced N.A. member NOT to attend these special problem discussion meetings. We see the confusion in the newcomer's face resulting from the implication that there are "bad" N.A. meetings. We must pray for our resentments at those who condemn prior to thorough investigation; those who use this seemingly self-willed and opinionated judgement to possibly impede the newcomer's chance to recover. Our Basic Text says that we should try not to give a newcomer ANY excuse to continue using, and we humbly invite those who criticize us to attend our meetings for a while, keep comin back, and give both themselves and the newcomer's a change to sample a broader spectrum of recovery. We feel no N.A. member has a right to judge another member's method of recovery just because it does not conform to the "judge's" standards.

In closing, we pray for unity, our common welfare - both of which are the foundation of all personal recovery in Narcotics Anonymous.

# The Key to Freedom



## STEP ONE

**"WE ADMITTED THAT WE WERE POWERLESS OVER  
OUR ADDICTION, THAT OUR LIVES HAD BECOME  
UNMANAGEABLE."**

It doesn't matter what or how much we used. In Narcotics Anonymous staying clean has to come first. We realize that we cannot use drugs and live. When we admit our powerlessness and the inability to manage our own lives, we open the door to recovery. No one could convince us that we were addicts. It is an admission that we had to make for ourselves. When some of us have doubts, we ask ourselves this question: "Can I control my use of any form of mind or mood-altering chemicals?"

Most will see that control is impossible the moment it is suggested. Whatever the outcome, we find that we cannot control our using for any length of time.

This would clearly suggest that an addict has no control over drugs. Powerlessness means using against our will. If we can't stop, how can we tell ourselves we are in control? The inability to stop using, even with the greatest willpower and the most sincere desire, is what we mean when we say, "We have absolutely no choice." However, we do have a choice after we eliminate all the things we have been telling ourselves to justify our using.

We didn't stumble into this Fellowship brimming with love, honesty, open-mindedness or willingness. We reached the point where we could no longer continue because of physical, mental, and spiritual pain. When we were beaten, we became willing.

Our inability to control our usage of drugs is a symptom of the disease of addiction. We are powerless not only over drugs, but our addiction as well. We need to admit this in order to recover. Addiction is a physical, mental and spiritual disease, affecting every area of our lives.

The physical aspect of our disease is the compulsive use of drugs: the inability to stop using once we have started. The mental aspect of our disease is the obsession, or overpowering desire, which leads us to using even when it has destroyed our lives. The spiritual part of our disease is our total self-centeredness. We felt that we could stop whenever we wanted to, despite all evidence to the contrary. Denial, substitution, rationalization, justification, distrust of others, guilt, embarrassment, dereliction, degradation, isolation, and loss of control are all results of our disease. Our disease is progressive, incurable and fatal. Most of us are relieved to find out we have a disease instead of a moral deficiency.

We are not responsible for our disease, but we are responsible for our recovery. Most of us tried to stop using on our own, but we were unable to live with or without drugs. Eventually we realized that we were powerless over our addiction.

Many of us tried to stop using on sheer willpower, and this turned out to be a temporary solution. We saw that willpower alone would not work for any length of time. We tried countless other remedies - psychiatrists, hospitals, recovery houses, lovers, new towns, new jobs. Everything we tried, failed. We began to see that we had rationalized the most outrageous sort of nonsense in order to justify the mess drugs had made of our lives.

Until we let go of all our reservations, the foundation on which our recovery is based is in danger. Reservations, no matter what they are, rob us of obtaining all the benefits this program has to offer. In

ridding ourselves of all reservations, we surrender. Then, and only then, can we be helped to recover from the disease of addiction.

Now, the question is: "If we are powerless, how can Narcotics Anonymous help?" We begin by asking for help, and this is accomplished by working the Twelve Steps. The foundation is the admission that we, of ourselves, have no power over addiction. When we can accept this, we have completed the first part of Step One.

A second admission must be made before the foundation is complete. If we stop here, we will know only half the truth. We might say on one hand, "Yes, I am powerless over my addiction," and on the other, "When I get my life together, I can handle drugs." Such thoughts and actions led us back to active addiction. It never occurred to us to ask, "If we can't control our addiction, how can we control our lives?" We felt miserable without drugs.

Unemployability, dereliction and destruction are easily seen as characteristics of an unmanageable life. Our families generally are disappointed, baffled and confused by our actions and often have deserted or disowned us. Becoming employed, socially acceptable and reunited with our families does not make our lives manageable. Social acceptability does not equal recovery.

We have found that we had no choice except to completely change our old ways of thinking or go back to using. When we give our best, it works for us as it has worked for others. When we could no longer stand our old ways, we began to change. From that point forward, we can see that every clean day is a successful day, no matter what happens. Surrender means not having to fight anymore. We accept our addiction and life the way it is. We become willing to do whatever is necessary to stay clean, even the things we don't like doing.

Until we took Step One, we were full of fear and doubt. At this point, many of us felt lost and confused. We felt different. Upon working this step, we affirmed our surrender to the principles of Narcotics Anonymous, and only then did we begin to overcome

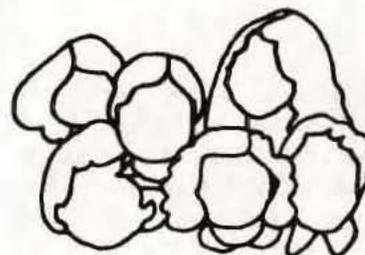
the alienation of addiction. Help for addicts begins only when we are able to admit complete defeat. This can be frightening, but it is the foundation on which we have built our lives.

Step One means that we do not have to use, and this is a great freedom. It took a while for some of us to realize how unmanageable our lives had become; for others of us, this was the only thing of which we could be sure. We knew in our hearts that drugs had the power to change us into something that we didn't want to be.

Being clean and working this step, we are released from our chains. However, none of the steps work by magic. We do not just say the words of this step; we learn to live them. We see for ourselves that the Program has something to offer us.

We have found hope. We find that we can learn to function in the world we live in. We, too, can find meaning and purpose in life and be rescued from insanity, depravity and death.

When we admit our powerlessness and inability to manage our own lives, we open the door for a Power greater than ourselves to help us. It is not where we were that counts, but where we are going.



## WELLNESS

When I came in the door of my first N.A. meeting, I didn't know I was sick. I knew that I had a drug problem, I guess, but I really didn't want to call it addiction. I knew I had an on-going love/hate relationship with my drug of choice, so I was beginning to become convinced that my drug use figured heavily into my living problems. On that off-chance, I was checking out N.A.

The learning process that I took off on from that point has been a profound one. In the first phase of it, I finally admitted that my problem was drugs. I had argued pretty persuasively that my problem was not drugs at all, but that drugs were my diversion, my recreation, my social life. They had become a problem, but were not my fundamental problem. Because you told me in N.A. that I would not recover from the gloomy pall that had settled on my life until I quit using, I assumed quite reasonably that you meant that drugs were my problem. I came to believe that.

After I had begun to apply the principles of recovery to my daily living over some time, I entered into another phase. You taught me something that came as sort of a shock. I learned that my fundamental problem was not drugs, and never was. I was right the first time! Instead, my problem was something you called "addiction." One fact finally became abundantly clear. As long as I accepted that addiction was an illness, that I had it, that I was powerless over it, that drug use would set it in motion again in a big way, and that in N.A. I could

recover from it, then I knew some freedom from it. You taught me to focus on what I relate to when I listen at meetings, not what I didn't relate to, and to share about aspects of addiction and recovery out of my honest experience that felt universal, not just about my own specific circumstances. In this way I learned to use meetings to get out of self and feel part of a spiritual whole. That, for me, through the practice of the 12 steps of N.A., has been recovery.

A third phase of recovery has been a time of maintenance of spiritual fitness. In this phase, the focus has shifted from illness to wellness. I sometimes get the feeling, though, that uttering the word "wellness" in N.A. circles is somehow sacrilege; that many think striving for wellness means I believe I can be cured of addiction. I do wish to join the ranks of the N.A. "winners" who daily celebrate the gift of wellness without such denial. I get tired of hearing long time members blame their disease for living problems that happen years into recovery. They seem to imply that addiction cannot be arrested and kept in remission. It would seem to me that such denial of recovery is as destructive as denial of my illness was early in the game.

The compelling reasons for shattering this line of thinking come quickly to light at many business meetings. Egos, self-centeredness, power games - whenever these are present, it seems to me that we have violated our second tradition by placing too small an emphasis individually on wellness as a lifestyle in ongoing recovery.

But back to the third phase of recovery, wellness. I certainly don't mean to imply by that term that there are no character defects to contend with, no problems that come up, no mistakes made, no weakness. I feel in long term recovery, though, we do better to attribute those things to humanness than sickness.

In my recovery, wellness means striving for the ideals of balance, and of preventative maintenance. Rather than waiting for big problems to erupt in my life, wellness means using steps 10 and 11 to identify the small ones and to allow the Spiritual Solution to address them (step 12). Rather than rationalizing that

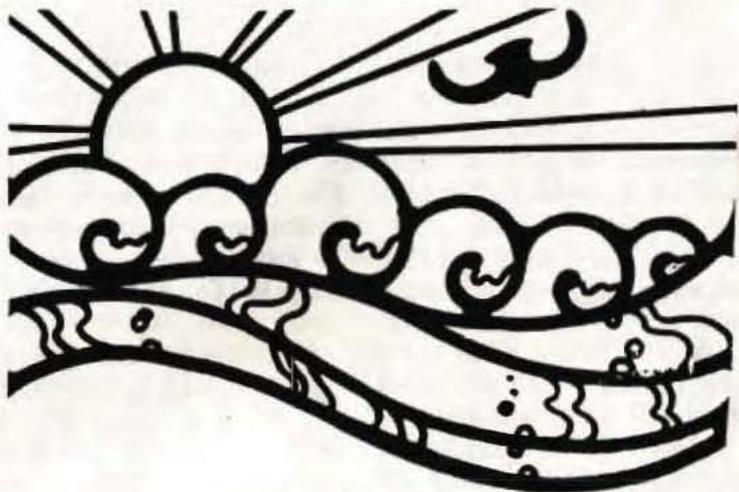
when my ego, my pride, my self-will or self-centeredness creep back into my behavior it's because I am what I almost affectionately call a "dope fiend," wellness means to me that I take responsibility as a human being for those behaviors and defects, and use the steps to apply spiritual principles to those spiritual problems.

I'm not sick today. I'm human. I can be sick again if I deny the need to actively maintain wellness through the daily practice for the N.A. program, but today I have that choice. I must not deny my illness in that way, but for me, it's just as imperative that I don't deny recovery either. Wellness is not only achievable in N.A., it's the rich promise for anyone who will pursue the steps with spiritual abandon.

A final thought on wellness and service: after some years in the N.A. Service Structure, I have one growing conviction. The greatest service I can do for N.A. is to live a life of personal integrity, grounded in spiritual maintenance. In my job, in my friendships, in my N.A. service commitments, wherever, if I can have stability and integrity - wellness - I firm up the fabric of this program and become a healthy ambassador to those who may send us our next newcomer.

In early recovery I had to acknowledge my sickness before I could get better. That took some honesty and courage. Now, in ongoing recovery after some years have passed, I need to acknowledge my gratitude for wellness of mind, body and spirit, and take the consistent and regular actions necessary to maintain that wellness. When I do, I become an N.A. winner. That too takes some honesty and courage, but it's very liberating. I simply believe what we say at every meeting: "keep comin' back, it works!"





## JUST FOR TODAY

Tell yourself -

**JUST FOR TODAY**

my thoughts will be on my recovery, living and enjoying life without the use of drugs.

**JUST FOR TODAY**

I will have faith in someone in N.A. who believes in me and wants to help me in my recovery.

**JUST FOR TODAY**

I will have a program. I will try to follow it to the best of my ability.

**JUST FOR TODAY**

through N.A. I will try to get a better perspective on my life.

**JUST FOR TODAY**

I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.



## GOD'S NOT DEAD

How often have you heard  
said,

"There is no hell and God is  
dead?"

Seems all you hear is 'do your  
thing'  
regardless what tomorrow  
brings.

But have you never wondered why,  
you're born, you live and  
then you die?

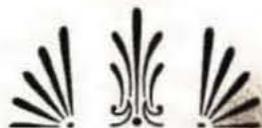
Or do you try to silence hope,  
inside a silver spoon of dope?

Deep inside you know there's  
more,  
so why not open your heart's  
door?

When you do, you'll understand  
God's not dead,  
He holds life's plan!



## N.A. UNITY?



Last night in my home group I felt almost alien. You see, I've studied our Basic Text on recovery from addiction. My involvement in carrying the N.A. message is renewed daily through awareness of the spiritual principles in our Twelve Steps and Traditions. Living the N.A. Program to the best of my ability has changed my life in many ways. Sharing my recovery strengthens it.

Evidently, the words, or the tone of voice I've used to share my beliefs haven't always been the correct ones to convey my thoughts clearly.

I've read our Sixth Tradition, and shared my belief in the separateness of the N.A. Program from all outside enterprises. This has been seen by some as a "sick need to control words in meetings." I once stated that "I'm grateful to be in meetings where there is no drug talk, because I don't struggle with that symptom of my disease today". Someone interpreted that to mean that I don't want anyone to mention drugs in meetings, and shared his interpretation with others outside the meeting. Sharing past experiences with drugs and drug withdrawal is sometimes necessary for identification. I feel, however, that obsession with these topics feeds our disease.

Controversy, which damages the atmosphere of recovery in our meetings, arises when members endorse or announce outside groups. Some members even miss our meetings to avoid this controversy. Standing firmly for beliefs, yet surrendering self-will to group conscience, becomes a valuable recovery experience. This cannot be learned by running away.

Ego, resentment and fear lead to closed mindedness and denial. When personalities clash, and prejudice exists, extra care must be taken to listen, recognize and accept growth in others. The concept of anonymity tells us to listen to the message, not the messenger. In this program of change, a desire for recovery helps us keep principles before personalities.

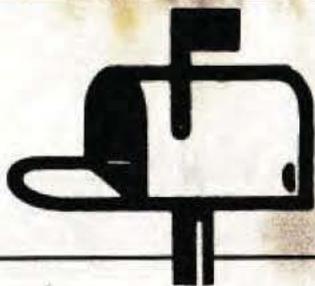
If my "personal recovery depends on N.A. Unity", I need to do and say what I believe is best for the N.A. Fellowship, promoting N.A. autonomy and fellowship unity. I have obtained valuable information on living from self help support groups outside of N.A. No matter how grateful I am for this help I've received elsewhere, I cannot pay verbal tribute for it in N.A. meetings. To personally violate the first and sixth traditions weakens my recovery and threatens other members' recovery.

Some addicts cannot identify with chemical labels used outside N.A. I know, in my heart, I am an addict, and need N.A. to obtain recovery from my addiction.

My prayers tonight are for an end to these controversies. For recovery, for unity, for us all.



# Letters from Our Readers . . .



## FROM THE EDITOR:

The N.A. Way Magazine is a magazine of and for the Fellowship of Narcotics Anonymous. It is your personal magazine and it should be an expression of your Fellowship. It will exist only to the extent the Fellowship desires it to exist. It will include stories, poems and ideas about recovery only if the Fellowship wants it.

Although there is no census, it is commonly estimated there are over 100,000 recovering addicts in the Fellowship. There are however, less than 550 subscribers to the N.A. Way magazine. That is approximately 1/2 of one percent of the Fellowship. If the Fellowship truly wants a magazine, these subscription figures should be in the area of 25 or 30 percent of the Fellowship.

During the coming year, the World Service Conference has the obligation to review the magazine to determine if it should be continued. The number of subscribers will be the most important part of that determination.

In simple language, if the Fellowship wants a magazine, the Fellowship will have to subscribe to it.

This section will normally be used to print letters to the Editor of the magazine rather than used as an editorial from the magazine.

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## HELP

The N.A. Way needs your articles, short stories, poems ... etc.

Share your experience, strength, and hope with the Fellowship.

Send your article, along with the completed release form on the reverse side of this page, to the address shown below.

WORLD SERVICE OFFICE  
ATTN: EDITOR - N.A. WAY MAGAZINE  
16155 WYANDOTTE STREET  
VAN NUYS, CALIFORNIA 91406

All of us at the N.A. Way wish to thank the Fellowship for their continued support.

AGREEMENT made this \_\_\_\_\_ day of \_\_\_\_\_, 19\_\_\_\_, by and between WORLD SERVICE OFFICE, Inc., also dba N.A. WAY MAGAZINE, referred to as "Assignee", and

hereinafter referred to as "Assignor".

Assignor is the owner of the attached material, story, poem, saying, art work, or other matter which is described as the following (Title of Work) \_\_\_\_\_

The Assignee heretofore first referenced is the Publishing arm of the Fellowship of Narcotics Anonymous. The Assignor hereby grants and transfers to Assignee as a Gift without exception and without limitation any and all of Assignors interests and copyrights and rights to copyrights and rights to publish together with all rights to secure renewals and extensions of such copyright of said material.

Assignor hereby covenants, warrants and represents to Assignee and this agreement is made in reliance thereof that Assignor is the sole owner and has the exclusive right to use of said material and the material is free and clear of any liens, encumbrances and claims which is conflict with this agreement.

This agreement is binding on Assignor heirs, assigns, administrators, trustees, executors, and successors in interest and such are directed to make and execute any instrument Assignee may require to protect copyright for Assignee.

IN WITNESS WHEREOF, the parties have executed this agreement at \_\_\_\_\_, State of \_\_\_\_\_, on the day and year first above written.

ASSIGNOR: (SIGNATURE); SPOUSE: (SIGNATURE)

ASSIGNEE (TO BE COMPLETED LATER BY WSO)

# COMIN' UP.....

JULY 4 thru 8 1984  
Florida 3rd Regional  
Convention - Hyatt  
Regency Tampa.  
813/595-2722 or  
813/933-3556

AUGUST 30-SEPT. 2, 1984  
14th Annual World  
Convention - WCNA  
Hotel Continental  
Chicago  
Box 24, 1744 W. Devon  
Chicago, ILL, 60660

JULY 6 thur 8 1984  
5th Annual Blue Ridge  
Mini Convention -  
Cherokee Indian  
Reservation,  
Cherokee, N.C.  
704/497-2020

OCTOBER 5,6,7th 1984  
2nd Tri-State Region  
Convention T.S.R.C.N.A  
Holiday Inn Pittsburgh  
412/361-4005 or  
412/921-4865

JULY 13,14,15 1984  
Northern Nevada Area  
Service Committee -  
2nd Annual Campout  
and Fundraiser  
702/322-4811

OCTOBER 5,6,7-1984  
7th Annual Pacific  
Northwest Regional  
Convention  
Thunderbird Inn  
at the Quay  
Vancouver, USA  
for info call  
206/254-0179

JULY 27,28,29 1984  
Western States Unity  
Convention-Las Vegas  
Sahara Hotel  
702/647-2680

NOVEMBER 9,10,11- 1984  
1st Annual State-Wide  
Convention, Milwaukee  
Wisconsin at the Park  
East Hotel for info  
call 414/374-5886

AUGUST 3,4,5 1984  
1st Annual Unity  
Week-end  
Washington Metro-  
politan Area, George  
Washington University  
D.C. 202/338-7989

JANUARY 4,5,6th 1984  
3rd Annual Virginia  
Convention-AVCNA  
Richmond Virginia  
The Marriot Hotel  
804/264-3910