

July 1983 Penthouse Psychographic Self-Examination Series:
ARE YOU A JUNKIE? by Frank Donegan.

self destructive compulsion - replacement

Psychologists theorize that most people with addictive personalities tend to have to have high levels of anxiety . They use the kick of their addiction to mask that anxiety rather than deal with the causes of it.

Tendencies which point to addiction and their opposites:

- 1) impulsive - cautious
- 2) go against society - go along with society
- 3) very non-conformist - very conformist
- 4) like danger - cowardly
- 5) don't fit in well with most groups of people - fit in well
- 6) Lack of direction in life, jumpy, worry - at ease, not much stress
- 7) often depressed - never depressed
- 8) physically abused as child - not abused
- 9) sexually abused as child - not abused
- 10) no definite goals - seek to achieve goals in life
- 11) lacked home discussion of morality as child - religious childhood
- 12) agree with "Eat, drink and be merry, for tomorrow you may die"- disagree
- 13) parents disagreed on important issues, contradictory in dealings-
parents agreed
- 14) erratic parent - stable parents
- 15) distrust leaders - trust leaders
- 16) love to try new things - conservative tastes, traditionalist
- 17) humiliated by parents - not humiliated
- 18) spoiled as child - feel good about their upbringing
- 19) feel like a screw up, less than - confident, equal to
- 20) parents lied a lot - parents reliable