

MAKING MEETINGS

I would like to express my need for meetings. They strengthen my grip on my cleanliness. When I first started, I used to go once in a while and I would find excuses not to go. I was scared because I didn't know anybody, I used to think I didn't need meetings. When things started to go wrong, though, I would make meetings. Now I make a few meetings regularly. I need them. Meetings keep me in touch with where I've been, but <sup>more</sup> importantly, where I can go with my <sup>Clean</sup> <sup>& sober</sup> life. When I stop making meetings, I know I'm headed for trouble. I feel comfortable in any N.A. meeting I go to, and I know I'm welcome. So anybody out there who is afraid to go to meetings, for whatever reason, my hand will be there, waiting for you to come to your senses and reach out for a clean and sober life.

Bristol Literature Committee

July 80